

References

- A Safe World For Women. (2013). The Safeworld International Foundation. *A Safe World for Women*. Retrieved from <http://www.asafeworldforwomen.org/about.html>
- Abramson, L. Y., Alloy, L. B., Hankin, B. L., Clements, C. M., Zhu, L., Hogan, M. E., & Whitehouse, W. G. (2000). Optimistic cognitive style and invulnerability to depression. In J. Gillham (Ed.), *The science of optimism and hope* (pp. 75–98). Philadelphia: Templeton Foundation Press.
- Abramson, L. Y., Seligman, M. E. P., & Teasdale, J. D. (1978). Learned helplessness in humans: Critique and reformulation. *Journal of Abnormal Psychology, 87*, 49–74.
- Abuhamdeh, S. (2000). *The autotelic personality: An exploratory investigation*. Unpublished manuscript, University of Chicago.
- Acevedo, B. P., Aron, A., Fisher, H. E., & Brown, L. L. (2012). Neural correlates of long-term intense romantic love. *Social Cognitive and Affective Neuroscience, 7*, 145–159.
- Acker, M., & Davis, M. H. (1992). Intimacy, passion and commitment in adult romantic relationships: A test of the triangular theory of love. *Journal of Social and Personal Relationships, 9*, 21–50.
- Adlai-Gail, W. (1994). *Exploring the autotelic personality*. Unpublished doctoral dissertation, University of Chicago.
- Adolphs, R., Damasio, H., Tranel, D., Cooper, G., & Damasio, A. R. (2000). A role for somatosensory cortices in the visual recognition of emotion as revealed by three-dimensional lesion mapping. *Journal of Neuroscience, 20*, 2683–2690.
- Affleck, G., & Tennen, H. (1996). Construing benefit from adversity: Adaptational significance and dispositional underpinnings. *Journal of Personality, 64*, 899–922.
- Ahmed, A. S. (1999). *Islam today: A short introduction to the Muslim world*. New York: I. B. Tauris & Co., Ltd.
- Ahmetoglu, G., Swami, V., & Chamorro-Premuzic, T. (2010). The relationship between dimensions of love, personality, and relationship length. *Archives of Sexual Behavior, 39*, 1181–1190.
- Ahuvia, A. (2001). Well-being in cultures of choice: A cross-cultural perspective. *American Psychologist, 56*, 77–78.
- Ainsworth, M. D. S. (1979). Infant–mother attachment. *American Psychologist, 34*, 932–937.
- Ainsworth, M. D. S., Bell, S. M., & Stayton, D. J. (1992). Infant–mother attachment and social development: “Socialization” as a product of reciprocal responsiveness to signals. In M. Woodhead, R. Carr, & P. Light (Eds.), *Becoming a person* (pp. 30–55). London: Routledge.
- Ajzen, I. (1988). *Attitudes, personality, and behavior*. Chicago: Dorsey.
- Aknin, L. B., Dunn, E. W., & Norton, M. I. (2012). Happiness runs in a circular motion: Evidence for a positive feedback loop between prosocial spending and happiness. *Journal of Happiness Studies, 13*, 347–355.
- Alawiyah, T., Bell, H., Pyles, L., & Runnels, R. C. (2011). Spirituality and faith-based interventions: Pathways to disaster resilience for African American Hurricane Katrina survivors. *Journal of Religion and Spirituality in Social Work: Social Thought, 30*, 294–319.
- Albee, G. W., & Gullotta, T. P. (Eds.). (1997). *Primary prevention works*. Thousand Oaks, CA: Sage.
- Albom, M. (2002). *Tuesdays with Morrie: An old man, a young man, and life's greatest lesson*. New York: Broadway.
- Aldwin, C. M. (2009). Gender and wisdom: A brief overview. *Research in Human Development, 6*, 1–8.

- Allen, D., & Marshall, E. S. (2010). Spirituality as a coping resource for African American parents of chronically ill children. *MCN: The American Journal of Maternal/Child Nursing, 35*, 232–237.
- Allport, G. W. (1960). *Personality and social encounter*. Boston: Beacon Press.
- Alvy, K. T. (1988). Parenting programs for black parents. In L. A. Bond & B. M. Wagner (Eds.), *Families in transition: Primary prevention programs that work* (pp. 135–169). Newbury Park, CA: Sage.
- American Psychiatric Association. (1952). *Diagnostic and statistical manual of mental disorders*. Washington, DC: Author.
- American Psychiatric Association. (1994). *Diagnostic and statistical manual of mental disorders* (4th ed.). Washington, DC: Author.
- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: Author.
- American Psychological Association. (1993). Guidelines for providers of psychological services to ethnic, linguistic, and culturally diverse populations. Retrieved from <http://www.apa.org/pi/oema/resources/policy/provider-guide-lines.aspx>
- American Psychological Association. (2003). Guidelines on multicultural education, training, research, practice, and organizational change for psychologists. *American Psychologist, 58*, 377–402.
- American Psychological Association. (2013). Recognition of psychotherapy effectiveness. *Journal of Psychotherapy Integration, 23*, 320–330.
- Amick, B. C., III, McDonough, P., Chang, H., Rogers, W. H., Duncan, G., & Pieper, C. (2002). The relationship between all-cause mortality and cumulative working life course psychosocial and physical exposures in the United States labor market from 1968–1992. *Psychosomatic Medicine, 64*, 370–381.
- Anderson, E. (2005). Strengths-based educating. *Educational Horizons, 83*, 80–89.
- Antonovsky, A. (1987). *Unraveling the mystery of health: How people manage stress and stay well*. San Francisco: Jossey-Bass.
- Antonovsky, A., & Sagy, S. (1986). The development of a sense of coherence and its impact on responses to stress situations. *Journal of Social Psychology, 126*, 213–225.
- Aquinas, T. (1948). *Introduction to St. Thomas Aquinas: The Summa Theologica, The Summa Contra Gentiles*. (A. Pegis, Ed.). New York: Random House. (Original work published 1273)
- Aquinas, T. (1981). *Summa theologica*. Westminster, MD: Christian Classics. (Original work published 1273)
- Ardelt, M. (1997). Wisdom and life satisfaction in old age. *Journals of Gerontology: Psychological Sciences and Social Sciences, 52*, 15–27.
- Ardelt, M. (2000). Antecedents and effects of wisdom in old age: A longitudinal perspective on aging well. *Research on Aging, 22*, 350–394.
- Ardelt, M. (2009). How similar are wise men and women? A comparison across two age cohorts. *Research in Human Development, 6*, 9–26.
- Ardelt, M. (2010). Are older adults wiser than college students? A comparison of two age cohorts. *Journal of Adult Development, 17*, 193–207.
- Argyle, M. (1987). *The psychology of happiness*. London: Methuen.
- Argyle, M. (2001). *The psychology of happiness* (2nd ed.). London: Routledge.
- Aristotle. (1962). *Nicomachean ethics*. (M. Ostwald, Trans.). Indianapolis, IN: Bobbs-Merrill.
- Aron, A., & Aron, E. N. (1986). *Love and the expansion of self: Understanding attraction and satisfaction*. New York: Hemisphere.
- Aron, A., Aron, E. N., & Smollan, D. (1992). Inclusion of other in the self scale and the structure of interpersonal closeness. *Journal of Personality and Social Psychology, 63*, 596–612.
- Aron, A., Norman, C. C., Aron, E. N., McKenna, C., & Heyman, R. E. (2000). Couples' shared participation in novel and arousing activities and experienced relationship quality. *Journal of Personality and Social Psychology, 78*, 273–284.
- Aron, A., Paris, M., & Aron, E. N. (1995). Falling in love: Prospective studies of self-concept change. *Journal of Personality and Social Psychology, 69*, 1102–1112.
- Aron, E. N., & Aron, A. (1996). Love and expansion of the self: The state of the model. *Personal Relationships, 3*, 45–58.
- Aronson, E. (2000). *Nobody left to hate: Teaching compassion after Columbine*. New York: Freeman.

- Aronson, E. (2003). *The social animal* (9th ed.). New York: Worth.
- Aronson, E., Blaney, N., Stephin, C., Sikes, J., & Snapp, M. (1978). *The jigsaw classroom*. Beverly Hills, CA: Sage.
- Aronson, E., & Patnoe, S. (1997). *The jigsaw classroom: Building cooperation in the classroom* (2nd ed.). New York: Addison Wesley Longman.
- Aronson, J., & Rogers, L. (2008). Overcoming stereotype threat. In S. J. Lopez (Ed.), *Positive psychology: Exploring the best in people, Volume 3: Growing in the face of adversity* (pp. 109–121). Westport, CT: Greenwood Publishing Group.
- Asakawa, K. (2004). Flow experience and autotelic personality in Japanese college students: How do they experience challenges in daily life? *Journal of Happiness Studies, 5*, 123–154.
- Asakawa, K. (2010). Flow experience, culture, and well-being: How do autotelic Japanese college students feel, behave, and think in their daily lives?. *Journal of Happiness Studies, 11*, 205–223.
- Ashby, F. G., Isen, A. M., & Turken, A. U. (1999). A neuropsychological theory of positive affect and its influence on cognition. *Psychological Review, 106*, 529–550.
- Aspinwall, L. G., & Staudinger, U. M. (Eds.). (2002). *A psychology of human strengths: Fundamental questions and future directions for a positive psychology*. Washington, DC: American Psychological Association.
- Aspinwall, L. G., & Taylor, S. E. (1992). Modeling cognitive adaptation: A longitudinal investigation of the impact of individual differences and coping on college adjustment and performance. *Journal of Personality and Social Psychology, 61*, 755–765.
- Asplund, J., Agrawal, S., Hodges, T., Harter, J., & Lopez, S. J. (2014). *Clifton StrengthsFinder Technical Report*. Washington, DC: Gallup.
- Asplund, J., Lopez, S. J., Hodges, T., & Harter, J. (2007). *Technical report: Development and validation of the Clifton StrengthsFinder 2.0*. Omaha, NE: Gallup.
- Assmann, A. (Ed.). (1994). *Wisdom: Archeology of communication*. Munich, Germany: Fink Verlag.
- Astin, J. A. (1997). Stress reduction through mindfulness meditation: Effects on psychological symptomatology, sense of control, and spiritual experiences. *Psychotherapy & Psychosomatics, 66*, 97–106.
- Austenfeld, J. L., & Stanton, A. L. (2004). Coping through emotional approach: A new look at emotion, coping, and health-related outcomes. *Journal of Personality, 72*, 1335–1363.
- Austenfeld, J. L., & Stanton, A. L. (2008). Writing about emotions versus goals: Effects on hostility and medical care utilization moderated by emotional approach coping processes. *British Journal of Health Psychology, 13*, 35–38.
- Averill, J. R. (1990). Inner feelings, works of the flesh, the beast within, diseases of the mind, driving force, and putting on a show: Six metaphors of emotion and their theoretical extensions. In D. E. Leary (Ed.), *Metaphors in the history of psychology* (pp. 104–132). New York: Cambridge University Press.
- Averill, J. R., Catlin, G., & Chon, K. K. (1990). *Rules of hope*. New York: Springer-Verlag.
- Avolio, B., Luthans, F., & Walumbwa, F. O. (2004). Authentic leadership: Theory-building for veritable sustained performance (Working paper). Gallup Leadership Institute, University of Nebraska, Lincoln.
- Ayres, C. G., & Mahat, G. (2012). Social support, acculturation, and optimism: Understanding positive health practices in Asian American college students. *Journal of Transcultural Nursing, 23*, 270–278.
- Babyak, M., Snyder, C. R., & Yoshinobu, L. (1993). Psychometric properties of the Hope Scale: A confirmatory factor analysis. *Journal of Research in Personality, 27*, 154–169.
- Bacon, S. F. (2005). Positive psychology's two cultures. *Review of General Psychology, 9*, 181–192.
- Baker, J. A. (1998). The social context of school satisfaction among urban, low-income, African-American students. *School Psychology Quarterly, 13*, 25–44.
- Bakker, A. B., Demerouti, E., & Burke, R. (2009). Workaholicism and relationship quality: A spillover-crossover perspective. *Journal of Occupational Health Psychology, 14*, 23–33. doi: 10.1037/a0013290
- Baldwin, D. R., Jackson, D., Okoh, I., & Cannon, R. L. (2011). Resiliency and optimism: An African

- American senior citizen's perspective. *Journal of Black Psychology*, 37, 24–41.
- Ballester, S., Sastre, M. T. M., & Mullet, E. (2009). Forgiveness and lay conceptualizations of forgiveness. *Personality and Individual Differences*, 47, 605–609. doi: 10.1016/j.paid.2009.05.016
- Baltes, M. M., & Carstensen, L. L. (1996). The process of successful aging. *Aging in Society*, 16, 397–422.
- Baltes, P. B. (1993). The aging mind: Potential and limits. *The Gerontologist*, 33, 580–594.
- Baltes, P. B., Glück, J., & Kunzmann, U. (2002). Wisdom: Its structure and function in regulating successful life-span development. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 327–347). New York: Oxford University Press.
- Baltes, P. B., & Smith, J. (1990). The psychology of wisdom and its ontogenesis. In R. J. Sternberg (Ed.), *Wisdom: Its nature, origins, and development* (pp. 87–120). New York: Cambridge University Press.
- Baltes, P. B., & Staudinger, U. (1993). The search for a psychology of wisdom. *Current Directions in Psychological Science*, 2, 75–80.
- Baltes, P. B., & Staudinger, U. (2000). Wisdom: A metaheuristic (pragmatic) to orchestrate mind and virtue toward excellence. *American Psychologist*, 55, 122–136.
- Bamford, C. M., & Lagattuta, K. H. (2012). Looking on the bright side: Children's knowledge about the benefits of positive versus negative thinking. *Child Development*, 83, 667–682.
- Bandura, A. (1977). Self-efficacy: Toward a unifying theory of behavior change. *Psychological Review*, 84, 191–215.
- Bandura, A. (1982). Self-efficacy mechanism in human agency. *American Psychologist*, 37, 122–147.
- Bandura, A. (1986). *Social foundations of thought and action*. New York: Prentice Hall.
- Bandura, A. (1989a). Human agency in social cognitive theory. *American Psychologist*, 44, 1175–1184.
- Bandura, A. (1989b). Regulation of cognitive processes through perceived self-efficacy. *Developmental Psychology*, 25, 729–735.
- Bandura, A. (1991). Self-efficacy mechanism in physiological activation and health-promoting behavior. In J. Madden IV (Ed.), *Neurobiology of learning, emotion and affect* (pp. 229–270). New York: Raven.
- Bandura, A. (1993). Perceived self-efficacy in cognitive development and functioning. *Educational Psychologist*, 28, 117–148.
- Bandura, A. (1995). *Manual for the construction of self-efficacy scales*. Available from Albert Bandura, Department of Psychology, Stanford University, Stanford, CA 94305–2130.
- Bandura, A. (1997). *Self-efficacy: The exercise of control*. New York: Freeman.
- Bandura, A. (2000). Social cognitive theory in context. *Journal of Applied Psychology: An International Review*, 51, 269–290.
- Bandura, A., Adams, N. E., & Beyer, J. (1977). Cognitive processes mediating behavioral change. *Journal of Personality and Social Psychology*, 35, 125–159.
- Bandura, A., Barbaranelli, C., Vittorio Caprara, G., & Pastorelli, C. (2001). Self-efficacy beliefs as shapers of children's aspirations and career trajectories. *Child Development*, 72, 187–206.
- Bandura, A., Taylor, C. B., Williams, S. L., Mefford, I. N., & Barchas, J. D. (1985). Catecholamine secretion as a function of perceived coping self-efficacy. *Journal of Consulting and Clinical Psychology*, 53, 406–414.
- Banerjee, T., & Banerjee, G. (1995). Determinants of help-seeking behavior in cases of epilepsy attending a teaching hospital in India: An indigenous explanatory model. *International Journal of Social Psychiatry*, 41, 217–230.
- Bao, K. J., & Lyubomirsky, S. (2013). Making it last: Combating hedonic adaptation in romantic relationships. *The Journal of Positive Psychology*, 8, 196–206.
- Barber, B. R., & Battistoni, R. M. (1993). *Education for democracy: A sourcebook for students and teachers*. Dubuque, IA: Kendall/Hunt.
- Barclay, P. (2010). Altruism as a courtship display: Some effects of third-party generosity on audience perceptions. *British Journal of Psychology*, 101, 123–135.
- Bargh, J., & Chartrand, T. (1999). The unbearable automaticity of being. *American Psychologist*, 54, 462–479.

- Barker, S. L., Funk, S. C., & Houston, B. K. (1988). Psychological treatment versus nonspecific factors: A meta-analysis of conditions that engender comparable expectations of improvement. *Clinical Psychology Review, 8*, 579–594.
- Bar-On, R. (1997). *The Bar-On Emotional Quotient Inventory (EQ-i): A test of emotional intelligence*. Toronto, Ontario: Multi-Health Systems.
- Bar-On, R. (2000). Emotional and social intelligence: Insights from the Emotional Quotient Inventory. In R. Bar-On & J. D. A. Parker (Eds.), *The handbook of emotional intelligence* (pp. 363–388). San Francisco: Jossey-Bass.
- Bar-On, R. (2013). The application of emotional intelligence in the reduction of risk factors: New perspectives in career counseling and development. *Counseling: Giornale Italiano di Ricerca e Applicazioni, 6*, 7–23.
- Barone, D., Maddux, J. E., & Snyder, C. R. (1997a). The social cognitive construction of difference and disorder. In D. Barone, J. E. Maddux, & C. R. Snyder (Eds.), *Social cognitive psychology: History and current domains* (pp. 397–428). New York: Plenum.
- Barone, D., Maddux, J. E., & Snyder, C. R. (1997b). *Social cognitive psychology: History and current domains*. New York: Plenum.
- Bartholomew, K., & Horowitz, L. M. (1991). Attachment styles among young adults: A test of a four-category model. *Journal of Personality and Social Psychology, 61*, 226–244.
- Bartlett, M. Y., Condon, P., Cruz, J., Baumann, J., & Desteno, D. (2012). Gratitude: Prompting behaviours that build relationships. *Cognition and Emotion, 26*, 2–13.
- Batson, C. D. (1991). *The altruism question: Toward a social-psychological answer*. Hillsdale, NJ: Lawrence Erlbaum.
- Batson, C. D., Ahmad, N., & Lishner, D. A. (2009). Empathy and altruism. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 417–426). New York: Oxford University Press.
- Batson, C. D., Polycarpou, M. P., Harmon-Jones, E., Imhoff, H. J., Mitchener, E. C., Bednar, L. L., . . . Highberger, L. (1997). Empathy and attitudes: Can feeling for a member of a stigmatized group improve feelings toward the group? *Journal of Personality and Social Psychology, 72*, 105–118.
- Battista, J., & Almond, R. (1973). The development of meaning in life. *Psychiatry, 36*, 409–427.
- Bauermeister, J. A., Johns, M. M., Pingel, E., Eisenberg, A., Santana, M. L., & Zimmerman, M. (2011). Measuring love: Sexual minority male youths' ideal romantic characteristics. *Journal of LGBT Issues in Counseling, 5*, 102–121.
- Baumeister, R. F., Bratslavsky, E., Finkenhour, C., & Vohs, K. D. (2001). Bad is stronger than good. *Review of General Psychology, 5*, 323–370.
- Baumeister, R. F., Faber, J. E., & Wallace, H. M. (1999). Coping and ego depletion. In C. R. Snyder (Ed.), *Coping: The psychology of what works* (pp. 50–69). New York: Oxford University Press.
- Baumeister, R. F., & Leary, M. R. (1995). The need to belong: Desire for interpersonal attachment as a fundamental human motivation. *Psychological Bulletin, 117*, 497–529.
- Baumeister, R. F., & Vohs, K. D. (2002). The pursuit of meaningfulness in life. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 608–618). New York: Oxford University Press.
- Baumgarten, M., Thomas, D., Poulin de Courval, L., & Infante-Rivard, C. (1988). Evaluation of a mutual help network for the elderly residents of planned housing. *Psychology and Aging, 3*, 393–398.
- Beard, K. S., Hoy, W. K. W., & Hoy, A. (2010). Academic optimism of individual teachers: Confirming a new construct. *Teaching and Teacher Education, 26*, 1136–1144.
- Bechara, A., Tranel, D., Damasio, H., & Damasio, A. R. (1996). Failure to respond autonomically to anticipated future outcomes following damage to prefrontal cortex. *Cerebral Cortex, 6*, 215–225.
- Becker, H. S. (1963). *Outsiders*. New York: Free Press.
- Becker, J. A., & Smenner, P. C. (1986). The spontaneous use of *thank you* by preschoolers as a function of sex, socioeconomic status, and listener status. *Language in Society, 15*, 537–546.
- Behnke, A. O., Ames, N., & Hancock, T. U. (2012). What would they do? Latino church leaders and domestic violence. *Journal of Interpersonal Violence, 27*, 1259–1275.

- Belgrave, F. Z., Chase-Vaughn, G., Gray, F., Addison, J. D., & Cherry, V. R. (2000). The effectiveness of a culture and gender-specific intervention for increasing resiliency among African American preadolescent females. *Journal of Black Psychology, 26*, 133–147.
- Bell, C. C., & McBride, D. F. (2012). Prevention of mental and substance use and abuse disorders and comorbidity in African Americans. *Alcoholism Treatment Quarterly, 30*, 293–306.
- Bellah, R. N., Madsen, R., Sullivan, W. M., Swidler, A., & Tipton, S. M. (1985). *Habits of the heart: Individualism and commitment in American life*. Berkeley: University of California Press.
- Belsky, J., & Nezworski, T. (Eds.). (1988). *Clinical implications of attachment*. Hillsdale, NJ: Lawrence Erlbaum.
- Benedikovičová, J., & Ardel, M. (2008). The three dimensional wisdom scale in cross-cultural context: A comparison between American and Slovak college students. *Studia Psychologica, 50*, 179–190.
- Benne, K. D. (1964). History of T-group in the laboratory setting. In L. P. Bradford, J. R. Gibb, & K. D. Benne (Eds.), *T-group and laboratory method: Innovation in re-education* (pp. 80–135). New York: Wiley.
- Benson, H., & Proctor, W. (1984). *Beyond the relaxation response*. New York: Putnam/Berkley.
- Benson, P. L. (1992). Religion and substance use. In J. F. Schumaker (Ed.), *Religion and mental health* (pp. 211–220). New York: Oxford University Press.
- Benson, P. L., Leffert, N., Scales, P. C., & Blyth, D. A. (1998). Creating healthy communities for children and adolescents. *Applied Developmental Science, 2*, 138–159.
- Benson, P. L., & Saito, R. N. (2000). The scientific foundations of youth development. In N. Jaffe (Ed.), *Youth development: Issues, challenges, and directions* (pp. 125–147). Philadelphia: Public/Private Ventures.
- Benson, P. L., & Scales, P. C. (2009). The definition and preliminary measurement of thriving in adolescence. *Journal of Positive Psychology, 4*, 85–104.
- Berg, I. K., & de Shazer, S. (1992). Making numbers talk: Language in therapy. In S. Friedman (Ed.), *The new language of change: Constructive collaboration in psychotherapy* (pp. 5–24). New York: Guilford Press.
- Bergsma, A., & Ardel, M. (2012). Self-reported wisdom and happiness: An empirical investigation. *Journal of Happiness Studies, 13*, 481–499.
- Berkovich-Ohana, A., Glicksohn, J., & Goldstein, A. (2012). Mindfulness-induced changes in gamma band activity—Implications for the default mode network, self-reference, and attention. *Clinical Neurophysiology, 123*, 700–710.
- Bernstein, D. M., & Simmons, R. G. (1974). The adolescent kidney donor: The right to give. *American Journal of Psychiatry, 131*, 1338–1343.
- Berry, J. M., West, R. L., & Dennehey, D. M. (1989). Reliability and validity of the Memory Self-Efficacy Questionnaire. *Developmental Psychology, 25*, 701–713.
- Berscheid, E., & Reis, H. T. (1998). Attraction and close relationships. In D. T. Gilbert, S. T. Fiske, & G. Lindzey (Eds.), *The handbook of social psychology* (4th ed., Vol. 2, pp. 193–281). New York: McGraw-Hill.
- Berscheid, E., & Walster, E. (1978). *Interpersonal attraction* (2nd ed.). Reading, MA: Addison Wesley.
- Bess, K. D., Fisher, A. T., Sonn, C. C., & Bishop, B. J. (2002). Psychological sense of community. In A. T. Fisher, C. C. Sonn, & B. J. Bishop (Eds.), *Psychological sense of community: Research, applications, and implications* (pp. 3–22). New York: Kluwer Academic/Plenum Publishers.
- Betz, N. E., Klein, K., & Taylor, K. M. (1996). Evaluation of a short form of the Career Decision-Making Self-Efficacy Scale. *Journal of Career Assessment, 4*, 47–57.
- Betz, N. E., & Klein Voyten, K. (1997). Efficacy and outcome expectations influence career exploration and decidedness. *Career Development Quarterly, 46*, 179–189.
- Betz, N. E., & Luzzo, D. A. (1996). Career assessment and the Career Decision-Making Self-Efficacy scale. *Journal of Career Assessment, 4*, 413–428.
- Betz, N. E., & Taylor, K. M. (2000). *Manual for the Career Decision-Making Self-Efficacy Scale and CDMSE-Short Form*. Unpublished document, Ohio State University, Columbus.

- Biddle, S. J. H., Fox, K. R., & Boutcher, S. H. (Eds.). (2000). *Physical activity and psychological well-being*. London: Routledge.
- Biegel, G. M., Brown, K. W., Shapiro, S. L., & Schubert, C. M. (2009). Mindfulness-based stress reduction for the treatment of adolescent psychiatric outpatients: A randomized clinical trial. *Journal of Consulting and Clinical Psychology, 77*, 855–866. doi: 10.037/a0016241
- Bierman, K. L. (1997). Implementing a comprehensive program for the prevention of conduct problems in rural communities: The Fast Track experience. *American Journal of Community Psychology, 25*, 493–514.
- Bigler, R. S., & Liben, L. S. (2006). A developmental intergroup theory of social stereotypes and prejudice. In R. V. Kail (Ed.) *Advances in child development and behaviour* (pp. 39–89). San Diego: Elsevier Academic Press.
- Binet, A., & Simon, T. (1916). *The development of intelligence in children*. (E. S. Kit, Trans.). Baltimore: Williams & Williams.
- Bishop, S. R. (2002). What do we really know about mindfulness-based stress reduction? *Psychosomatic Medicine, 64*, 71–84.
- Bishop, S. R., Lau, M., Shapiro, S., Carlson, L., Anderson, N. D., Carmody, J., et al. (2004). Mindfulness: A proposed operational definition. *Clinical Psychology: Science and Practice, 11*, 230–241.
- Biswas-Diener, R. (2012). *The courage quotient: How science can make you braver*. San Francisco: John Wiley & Sons.
- Biswas-Diener, R., & Diener, E. (2006). From the equator to the north pole: A study of character strengths. *Journal of Happiness Studies, 7*, 293–310.
- Bjornesen, C. A. (2000). Undergraduate student perceptions of the impact of faculty activities in education. *Teaching of Psychology, 27*, 205–208.
- Black, B. (2001). The road to recovery. *Gallup Management Journal, 1*, 10–12.
- Black, D. S., Sussman, S., Johnson, C., & Milam, J. (2012). Psychometric assessment of the Mindful Attention Awareness Scale (MAAS) among Chinese adolescents. *Assessment, 19*, 45–52.
- Black, J., & Reynolds, W. M. (2013). Examining the relationship of perfectionism, depression, and optimism: Testing for mediation and moderation. *Personality and Individual Differences, 54*, 426–431.
- Blazer, D. (1994). Epidemiology of late-life depression. In L. Schneider, C. F. Reynolds, B. Lebowitz, & A. Friedhoff (Eds.), *Diagnosis and treatment of depression in late life* (pp. 9–19). Washington, DC: American Psychiatric Association.
- Bliss, D., & Ekmark, S. S. (2013). Gender differences in spirituality in persons in alcohol and drug dependence treatment. *Alcoholism and Treatment Quarterly, 31*, 25–37.
- Blum, D. (1998, May 1st). Finding strength: How to overcome anything. *Psychology Today*. Retrieved from <http://www.psychologytoday.com/articles/199805/finding-strength-how-overcome-anything>
- Blustein, D. L. (1989). The role of goal instability and career self-efficacy in the career exploration process. *Journal of Vocational Behavior, 35*, 194–203.
- Boehm, J. K., & Lyubormirsky, S. (2008). Does happiness promote career success? *Journal of Career Assessment, 16*, 101–116. doi: 10.1177/1069072707308140
- Boehm, J. K., Lyubomirsky, S., & Sheldon, K. M. (2011). A longitudinal experimental study comparing the effectiveness of happiness-enhancing strategies in Anglo Americans and Asian Americans. *Cognition and Emotion, 25*, 1263–1272.
- Bokser, B. Z. (1989). *The Talmud: Selected writings*. New York: Paulist Press.
- Boniwell, I., & Zimbardo, P. G. (2004). Balancing one's time perspective in pursuit of optimal functioning. In P. A. Linley & S. Joseph (Eds.), *Positive psychology in practice* (pp. 165–180). Hoboken, NJ: Wiley.
- Bono, G., Emmons, R. A., & McCullough, M. E. (2004). Gratitude in practice and the practice of gratitude. In P. A. Linley & S. Joseph (Eds.), *Positive psychology in practice* (pp. 464–481). Hoboken, NJ: Wiley.
- Botanov, Y., Keil, K. M., Ilardi, S. S., Scheller, V. K., Sharp, K. L., & Williams, C. L. (2012). Successful treatment of depression via therapeutic lifestyle change: Preliminary controlled-trial results. Poster presentation at the annual conference of

- the Association for Psychological Science, Chicago.
- Botvin, G. J., & Toru, S. (1988). Preventing adolescent substance abuse through life skills training. In R. H. Price, E. L. Cowen, R. P. Lorion, & J. Ramos-McKay (Eds.), *Fourteen ounces of prevention: A casebook for practitioners* (pp. 98–110). Washington, DC: American Psychological Association.
- Bowers, E. P., Geldhof, G., Schmid, K. L., Napolitano, C. M., Minor, K., & Lerner, J. V. (2012). Relationships with important nonparental adults and positive youth development: An examination of youth self-regulatory strengths as mediators. *Research in Human Development, 9*, 298–316.
- Bowlby, J. (1969). *Attachment and loss. Vol. I: Attachment*. London: Tavistock.
- Bowlby, J. (1988). *A secure base: Parent-child attachment and healthy human development*. New York: Basic Books.
- Boyd-Franklin, N. (2010). Incorporating spirituality and religion into the treatment of African American clients. *The Counseling Psychologist, 38*, 976–1000.
- Boyle, E. A., Connolly, T. M., Hainey, T., & Boyle, J. M. (2012). Engagement in digital entertainment games: A systematic review. *Computers in Human Behavior, 28*, 771–780.
- Bradburn, N. M. (1969). *The structure of psychological well-being*. Chicago: Aldine.
- Brady, B. R., Vodanovich, S. J., & Rotunda, R. (2008). The impact of workaholism on work-family conflict, job satisfaction, and perception of leisure activities. *The Psychologist-Manager Journal, 11*, 241–263. doi:10.1080/10887150802371781
- Braithwaite, S., Selby, E. A., & Fincham, F. D. (2011). Forgiveness and relationship satisfaction: Mediating mechanisms. *Journal of Family Psychology, 25*, 551–559.
- Brennan, K. A., Clark, C. L., & Shaver, P. R. (1998). Self-report measures of adult attachment: An integrative overview. In J. A. Simpson & W. S. Rholes (Eds.), *Attachment theory and close relationships* (pp. 46–76). New York: Guilford Press.
- Bretherton, I., & Waters, E. (Eds.). (1985). *Growing points of attachment theory and research*. Chicago: University of Chicago Press.
- Brezina, I. (2010). Folk conceptions of wise person's personality in Asian cultures. *Studia Psychologica, 52*, 347–353.
- Breznitz, S. (1986). The effect of hope on coping with stress. In M. H. Appley & P. Trumbull (Eds.), *Dynamics of stress: Physiological, psychological, and social perspectives* (pp. 295–307). New York: Plenum.
- Briones, E., Tabernero, C., Tramontano, C., Caprara, G. V., & Arenas, A. (2009). Development of a cultural self-efficacy scale for adolescents (CSES-A). *International Journal of Intercultural Relations, 33*, 301–312. doi: 10.1016/j.ijintre1.2009.03.006
- Brown, C. L., & Beninger, R. J. (2012). People newly in love are more responsive to positive feedback. *Psychological Reports, 110*, 753–763.
- Brown, D. E. (1991). *Human universals*. Philadelphia: Temple University Press.
- Brown, K., Weinstein, N., & Creswell, J. (2012). Trait mindfulness modulates neuroendocrine and affective responses to social evaluative threat. *Psychoneuroendocrinology, 37*, 2037–2041.
- Brown, K. J., & Roberts, M. C. (2000). *An evaluation of the Alvin Ailey Dance Camp, Kansas City, Missouri*. Unpublished manuscript, University of Kansas, Lawrence.
- Brown, K. W., & Ryan, R. M. (2003). The benefits of being present: Mindfulness and its role in psychological well-being. *Journal of Personality and Social Psychology, 84*, 822–848.
- Brown, N. J. L., Sokal, A. D., & Friedman, H. L. (2013). The complex dynamics of wishful thinking: The critical positivity ratio. *American Psychologist, 68*, 801–813.
- Brown, S. C. (2004). Learning across campus: How college facilitates the development of wisdom. *Journal of College Student Development, 45*, 134–148.
- Brown, S. C., & Greene, J. A. (2006). The Wisdom Development Scale: Translating the conceptual to the concrete. *Journal of College Student Development, 47*, 1–19.
- Bruhn, J. G. (1996). Creating an organizational climate for multiculturalism. *Health Care Supervisor, 14*, 11–18.
- Brummett, B. R., Wade, J. C., Ponterotto, J. G., Thombs, B., & Lewis, C. (2007). Psychosocial well-being and a multicultural personality

- disposition. *Journal of Counseling & Development, 85*, 73–81.
- Bryant, F. B. (1989). A four-factor model of perceived control: Avoiding, coping, obtaining, and savoring. *Journal of Personality, 57*, 773–797.
- Bryant, F. B. (2004, May). *Capturing the joy of the moment: Savoring as a process in positive psychology*. Invited address at the meeting of the Midwestern Psychological Association, Chicago.
- Bryant, F. B. (2005, February). *Pleasure—Happiness in the present*. Invited international Internet lecture, Authentic Happiness Coaching (www.authentic-happiness-coaching.com), Bethesda, MD.
- Bryant, F. B., & Veroff, J. (1982). The structure of psychological well-being: A sociohistorical analysis. *Journal of Personality and Social Psychology, 43*, 653–673.
- Bryant, F. B., & Veroff, J. (2006). *The process of savoring: A new model of positive experience*. Mahwah, NJ: Lawrence Erlbaum.
- Bryk, A. S., & Schneider, B. (2002). *Trust in schools: A core resource for improvement*. New York: Russell Sage.
- Buckingham, M., & Clifton, D. O. (2001). *Now, discover your strengths*. New York: Free Press.
- Buckingham, M., & Coffman, C. (1999). *First, break all the rules: What the world's greatest managers do differently*. New York: Simon & Schuster.
- Bunce, S. C., Larsen, R. J., & Peterson, C. (1995). Life after trauma: Personality and daily life experiences of traumatized people. *Journal of Personality, 63*, 165–188.
- Bundick, M. J. (2011). Extracurricular activities, positive youth development, and the role of meaningfulness of engagement. *The Journal of Positive Psychology, 6*, 57–74.
- Burger, J. M., & Caldwell, D. F. (2000). Personality, social activities, job-search behavior, and interview success: Distinguishing between PANAS trait positive affect and NEO extraversion. *Motivation and Emotion, 24*, 51–62.
- Burks, D. J., & Kobus, A. M. (2012). The legacy of altruism in health care: The promotion of empathy, prosociality and humanism. *Medication Education, 46*, 317–325.
- Burnette, J. L., & Pollack, J. M. (2013). Implicit theories of work and job fit: Implications for job and life satisfaction. *Basic and Applied Social Psychology, 35*, 360–372.
- Burns, G. N., Jasinski, D., Dunn, S., & Fletcher, D. (2013). Academic support services and career decision-making self-efficacy in student athletes. *The Career Development Quarterly, 61*, 161–167.
- Buskist, W., Benson, T., & Sikorski, J. F. (2005). The call to teach. *Journal of Social and Clinical Psychology, 24*, 110–121.
- Buss, D. (2000). The evolution of happiness. *American Psychologist, 55*, 15–23.
- Butler, R. (1974). Successful aging and the role of life review. *Journal of the American Geriatric Society, 22*, 529–535.
- Cabrera, N. L., & Padilla, A. M. (2004). Entering and succeeding in the “Culture of College”: The story of two Mexican heritage students. *Hispanic Journal of Behavioral Sciences, 26*, 152–170.
- Cadsby, C. B., Servátka, M., & Song, F. (2010). Gender and generosity: Does degree of anonymity or group gender composition matter? *Experimental Economics, 13*, 299–308.
- Cameron, K. S., Dutton, J., & R. E. Quinn (Eds.). (2003). *Positive organizational scholarship: Foundations of a new discipline*. San Francisco: Berrett-Koeller Publisher.
- Cameron, K. S., & Spreitzer, G. M. (2012). *The Oxford handbook of positive organizational scholarship*. New York: Oxford University Press.
- Campbell, R. L., & Christopher, J. C. (1996a). Beyond formalism and altruism: The prospects for moral personality. *Developmental Review, 16*, 108–123.
- Campbell, R. L., & Christopher, J. C. (1996b). Moral development theory: A critique of its Kantian presuppositions. *Developmental Review, 16*, 1–47.
- Campbell, R. L., Christopher, J. C., & Bickhard, M. H. (2002). Self and values: An interactionist foundation for moral development. *Theory & Psychology, 12*, 795–822.
- Campbell-Sills, L., Cohan, S. L., & Stein, M. B. (2006). Relationship of resilience to personality, coping, and psychiatric symptoms in young adults. *Behaviour Research and Therapy, 44*, 585–599.
- Campos, L. P. (2012). Cultivated cultures of courage with transactional analysis. *Transactional Analysis Journal, 42*, 209–219.
- Caprara, G., Di Giunta, L., Pastorelli, C., & Eisenberg, N. (2013). Mastery of negative affect: A hierarchical

- model of emotional self-efficacy beliefs. *Psychological Assessment*, 25, 105–116.
- Carr, A. (2004). *Positive psychology: The science of happiness and human strengths*. New York: Brunner-Routledge.
- Carrere, S., & Gottman, J. (1999). Predicting divorce among newlyweds from the first three minutes of a marital conflict discussion. *Family Process*, 38, 293–301.
- Carrington, P. (1998). *The book of meditation*. Boston: Element Books.
- Carson, J., Muir, M., Clark, S., Wakely, E., & Chander, A. (2010). Piloting a gratitude intervention in a community mental health team. *Groupwork: An Interdisciplinary Journal for Working with Groups*, 20, 73–87.
- Carstensen, L. L. (1998). A life-span approach to social motivation. In J. Heckhausen & C. S. Dweck (Eds.), *Motivation and self-regulation across the lifespan* (pp. 341–364). Cambridge, England: Cambridge University Press.
- Carstensen, L. L., & Charles, S. T. (1998). Emotion in the second half of life. *Current Directions in Psychological Science*, 7, 144–149.
- Carstensen, L. L., Pasupathi, M., Mayr, U., & Nesselroade, J. R. (2000). Emotional experience in everyday life across the adult life span. *Journal of Personality and Social Psychology*, 79, 644–655.
- Carter, R. (1977, November 29). Mentally ill still carry stigma. [New York Times feature]. *Lawrence Journal-World*, p. D4.
- Carter, R. T. (1991). Cultural values: A review of empirical research and implications for counseling. *Journal of Counseling & Development*, 70, 164–173.
- Carver, C. S., Pozo, C., Harris, S. D., Noriega, V., Scheier, M. F., Robinson, D. S., et al. (1993). How coping mediates the effect of optimism on distress: A study of women with early stage breast cancer. *Journal of Personality and Social Psychology*, 65, 375–390.
- Carver, C. S., & Scheier, M. F. (1993). Vigilant and avoidant coping in two patient samples. In H. W. Krohne (Ed.), *Attention and avoidance: Strategies in coping with aversiveness* (pp. 295–320). Seattle, WA: Hogrefe & Huber.
- Carver, C. S., & Scheier, M. F. (1994). Situational coping and coping dispositions in a stressful transaction. *Journal of Personality and Social Psychology*, 66, 184–195.
- Carver, C. S., & Scheier, M. F. (1998). *On the self-regulation of behavior*. New York: Cambridge University Press.
- Carver, C. S., & Scheier, M. F. (1999). Optimism. In C. R. Snyder (Ed.), *Coping: The psychology of what works* (pp. 182–204). New York: Oxford University Press.
- Carver, C. S., & Scheier, M. F. (2002). Optimism. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 231–243). New York: Oxford University Press.
- Carver, C. S., Scheier, M. F., Miller, C. J., & Fulford, D. (2009). Optimism. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 303–311). New York: Oxford University Press.
- Carver, C. S., Scheier, M. F., & Segerstrom, S. C. (2010). Optimism. *Clinical Psychology Review*, 30, 879–889.
- Carver, C. S., Scheier, M. F., & Weintraub, J. K. (1989). Assessing coping strategies: A theoretically based approach. *Journal of Personality and Social Psychology*, 56, 267–283.
- Casey, B. R. (2013). Innovations in primary prevention: Emerging research from CDC's prevention research centers. *Journal of Primary Prevention*, 34, 3–4.
- Casey, R. J., & Berman, J. S. (1985). The outcome of psychotherapy with children. *Psychological Bulletin*, 98, 388–400.
- Cassell, E. J. (2009). Compassion. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 393–403). New York: Oxford University Press.
- Catak, P. (2012). The Turkish version of Mindful Attention Awareness Scale: Preliminary findings. *Mindfulness*, 3, 1–9.
- Catalano, R. F., Berglund, M. L., Ryan, J. A. M., Lonczak, H. S., & Hawkins, J. D. (1998). *Positive youth development in the United States: Research findings on evaluations of positive youth development programs*. Retrieved from <http://aspe.hhs.gov/hsp/PositiveYouthDev99/>
- Catalano, R. F., Berglund, M. L., Ryan, J. A. M., Lonczak, H. S., & Hawkins, J. D. (2002). Positive youth development in the United States: Research findings on evaluations of positive

- youth development programs. *Journal of the American Academy of Political and Social Science*, 591, 98–124.
- Catalino, L. I., & Fredrickson, B. L. (2011). A Tuesday in the life of a flourisher: The role of positive emotional reactivity in optimal mental health. *Emotion*, 11, 938–950.
- Ceci, S. J., & Papierno, P. B. (2005). The rhetoric and reality of gap closing: When the “have-nots” gain but the “haves” gain even more. *American Psychologist*, 60, 149–160.
- Cederblad, M., Dahlin, L., Hagnell, O., & Hansson, K. (1995). Intelligence and temperament as protective factors for mental health: A cross-sectional and prospective epidemiological study. *European Archives of Psychiatry and Clinical Neuroscience*, 245, 11–19.
- Cerezo, M. A., & Frias, D. (1994). Emotional and cognitive adjustment in abused children. *Child Abuse and Neglect*, 18, 923–932.
- Chambless, D. L., Baker, M., Baucom, D. H., Beutler, L. E., Calhoun, K. S., Crits-Christoph, P., et al. (1998). Update: On empirically validated therapies, II. *Clinical Psychology*, 51, 3–16.
- Chambless, D. L., & Hollon, S. D. (1998). Defining empirically supported therapies. *Journal of Consulting and Clinical Psychology*, 66, 7–18.
- Chambless, D. L., Sanderson, W. C., Shoham, V., Bennett Johnson, S., Pope, K. S., Crits-Christoph, P., . . . McCurry, S. (1996). An update on empirically validated therapies. *Clinical Psychology*, 49, 5–18.
- Chan, D. K. (1994). COLINDEX: A refinement of three collectivism measures. In U. Kim, H. C. Triandis, C. Kagitcibasi, S. Choi, & G. Yoon (Eds.), *Individualism and collectivism: Theory, method, and applications* (pp. 200–210). Thousand Oaks, CA: Sage.
- Chan, D. W. (2010). Gratitude intervention and subjective well-being among Chinese school teachers in Hong Kong. *Educational Psychology*, 30, 139–153.
- Chan, D. W. (2011). Burnout and life satisfaction: Does gratitude intervention make a difference among Chinese school teachers in Hong Kong? *Educational Psychology*, 31, 809–823.
- Chancellor, J., & Lyubomirsky, S. (2011). Happiness and thrift: When (spending) less is (hedonically) more. *Journal of Consumer Psychology*, 21, 131–138.
- Chandler, C. R. (1979). Traditionalism in a modern setting: A comparison of Anglo and Mexican-American value orientations. *Human Organization*, 38, 153–159.
- Chang, E. C. (1996a). Cultural differences in optimism, pessimism, and coping. Predictors of subsequent adjustment in Asian American and Caucasian American college students. *Journal of Counseling Psychology*, 43, 113–123.
- Chang, E. C. (1996b). Evidence for the cultural specificity of pessimism in Asians vs. Caucasians: A test of the negativity hypothesis. *Personality and Individual Differences*, 21, 819–822.
- Chang, E. C. (2001a). A look at the coping strategies and styles of Asian Americans: Similar and different? In C. R. Snyder (Ed.), *Coping with stress: Effective people and processes* (pp. 222–239). New York: Oxford University Press.
- Chang, E. C. (2001b). Cultural influences on optimism and pessimism: Differences in Western and Eastern construals of the self. In E. C. Chang (Ed.), *Optimism & pessimism: Implications for theory, research, and practice* (pp. 257–280). Washington, DC: American Psychological Association.
- Chang, E. C., & Banks, K. H. (2007). The color and texture of hope: Some preliminary findings and implications for hope theory and counseling among diverse racial/ethnic groups. *Cultural Diversity and Ethnic Minority Psychology*, 13, 94–103. doi: 10.1037/1099-9809.13.2.94
- Chang, E. C., Maydeu-Olivares, A., & D’Zurilla, T. J. (1997). Optimism and pessimism as partially independent constructs: Relationship to positive and negative affectivity and psychological well-being. *Personality and Individual Differences*, 23(3), 433–440.
- Chang, E. C., Sanna, L. J., Kim, J. M., & Srivastava, K. (2010). Optimistic and pessimistic bias in European Americans and Asian Americans: A preliminary look at distinguishing between predictions for physical and psychological health outcomes. *Journal of Cross-Cultural Psychology*, 41, 465–470.
- Chang, L., Tsai, Y., & Lee, G. (2010). Gender differences in optimism: Evidence from Yahoo Kimo Taiwan’s Business News Polls Centre. *Social Behavior and Personality*, 38, 61–70.

- Chao, R. I. (1994). Extending research on the consequences of parenting style for Chinese Americans and European Americans. *Child Development, 72*, 1832–1843.
- Charles, S. T., Mather, M., & Carstensen, L. L. (2003). Aging and emotional memory: The forgettable nature of negative images for older adults. *Journal of Experimental Psychology: General, 132*, 310–324.
- Charrow, C. B. (2006). Self-efficacy as a predictor of life satisfaction in older adults. (Doctoral dissertation). Retrieved from ProQuest (#AA13200607)
- Cheavens, J., Feldman, D., Woodward, J. T., & Snyder, C. R. (2006). Hope in cognitive therapies: Working with client strengths. *Journal of Cognitive Psychotherapy: An International Quarterly, 20*, 135–145.
- Cheavens, J. S., Feldman, D. B., Gum, A., Michael, S. T., & Snyder, C. R. (2006). Hope therapy in a community sample: A pilot investigation. *Social Indicators Research, 77*, 61–78.
- Cheavens, J., Michael, S. T., Gum, A., Feldman, D., Woodward, J. T., & Snyder, C. R. (2001). *A group-based intervention for depressed adults*. Unpublished manuscript, University of Kansas, Lawrence.
- Chen, G., Gully, S. M., & Eden, D. (2001). Validation of a new general self-efficacy scale. *Organizational Research Methods, 4*, 62–83.
- Chen, L.-M., Wu, P.-J., Cheng, Y.-Y., & Hsueh, H. (2011). A qualitative inquiry of wisdom development: Educators' perspectives. *The International Journal of Aging & Human Development, 72*, 171–187.
- Chency, D., Seyforth, R., & Smuts, B. (1986). Social relationships and social cognition in non-human primates. *Science, 234*, 1361–1366.
- Cheng, D. H. (2000). *On Lao Tzu*. Belmont, CA: Wadsworth.
- Cheung, R. (2014, January). *Energizing and transforming organizations through positive organizational initiatives*. Plenary session given at the Asian Pacific Conference on Applied Positive Psychology. Hong Kong.
- Chiang, W.-T. (2012). The suppression of emotional expression in interpersonal context. *Bulletin of Educational Psychology, 43*, 657–680.
- Chiavarino, C., Rabellino, D., Ardito, R. B., Cavallero, E., Palumbo, L., Bergerone, S., Gaita, F., & Bara, B. G. (2012). Emotional coping is a better predictor of cardiac prognosis than depression and anxiety. *Journal of Psychosomatic Research, 73*, 473–475.
- Chickering, A. W. (1969). *Education and identity*. San Francisco: Jossey-Bass.
- Chickering, A. W., & Reisser, L. (1993). *Education and identity*. San Francisco: Jossey-Bass.
- Chiesa, A. A., Calati, R., & Serretti, A. (2011). Does mindfulness training improve cognitive abilities? A systematic review of neuropsychological findings. *Clinical Psychology Review, 31*, 449–464.
- Chiesa, A. A., & Serretti, A. A. (2010). A systematic review of neurobiological and clinical features of mindfulness meditations. *Psychological Medicine, 40*, 1239–1252.
- Chiesa, A. A., Serretti, A., & Jakobsen, J. (2013). Mindfulness: Top-down or bottom-up emotion regulation strategy?. *Clinical Psychology Review, 33*, 82–96.
- Cho, W., & Cross, S. E. (1995). Taiwanese love styles and their association with self-esteem and relationship quality. *Genetic, Social, & General Psychology Monographs, 121*, 283–309.
- Choi, N. G., & Landeros, C. (2011). Wisdom from life's challenges: Qualitative interviews with low- and moderate-income older adults who were nominated as being wise. *Journal of Gerontological Social Work, 54*, 592–614.
- Choi, Y., Karremans, J. C., & Barendregt, H. (2012). The happy face of mindfulness: Mindfulness meditation is associations with perceptions of happiness as rated by outside observers. *Journal of Positive Psychology, 7*, 30–35.
- Choubisa, R., & Singh, K. (2011). Psychometrics encompassing VIA-IS: A comparative cross cultural analytical and referential reading. *Journal of The Indian Academy of Applied Psychology, 37*, 325–332.
- Christensen, A. J., & Smith, T. W. (1998). Cynical hostility and cardiovascular reactivity during self-disclosure. *Psychosomatic Medicine, 55*, 193–202.
- Christensen, A. L., & Rosenberg, N. K. (1991). A critique of the role of psychotherapy in brain injury rehabilitation. *Journal of Head Trauma Rehabilitation, 6*, 56–61.

- Christopher, J. C. (1999). Situating psychological well-being: Exploring the cultural roots of its theory and research. *Journal of Counseling & Development, 77*, 141–152.
- Christopher, J. C. (2001). Culture and psychotherapy: Toward a hermeneutic approach. *Psychotherapy: Theory, Research, Practice, and Training, 38*, 115–128.
- Christopher, J. C. (2003, October). *The good in positive psychology*. Paper presented at the International Positive Psychology Summit, Washington, DC.
- Christopher, J. C. (2004). Moral visions of developmental psychology. In B. Slife, F. C. Richardson, & J. Reber (Eds.), *Critical thinking about psychology: Hidden assumptions and plausible alternatives*. Washington, DC: American Psychological Association.
- Christopher, J. C. (2005). Situating positive psychology. *Naming and nurturing: The e-newsletter of the Positive Psychology Section of the American Psychological Association's Counseling Psychology Division, 17*, 3–4.
- Christopher, J. C., & Hickinbottom, S. (2008). Positive psychology, ethnocentrism, and the disguised ideology of individualism. *Theory & Psychology, 18*, 563–589. doi: 10.1177/0959354308093396
- Christopher, J. C., & Howe, K. (2014). Future directions for a more multiculturally competent (and humble) positive psychology. In J. T. Pedrotti & L. M. Edwards (Eds.), *Perspectives on the intersection of multiculturalism and positive psychology*. New York: Springer Science + Business Media.
- Christopher, J. C., Nelson, T., & Nelson, M. D. (2004). Culture and character education: Problems of interpretation in a multicultural society. *Journal of Theoretical and Philosophical Psychology, 23*, 81–101.
- Chung, C., & Lin, Z. (2012). A cross-cultural examination of the positivity effect in memory: United States vs. China. *The International Journal of Aging & Human Development, 75*, 31–44.
- Cialdini, R. B. (2005). What's the best secret device for engaging student interest? The answer is in the title. *Journal of Social and Clinical Psychology, 24*, 22–29.
- Cialdini, R. B., Schaller, M., Houlihan, D., Arps, K., Fultz, J., & Beaman, A. L. (1978). Empathy-based helping: Is it selflessly or selfishly motivated? *Journal of Personality and Social Psychology, 52*, 749–758.
- Ciarrocchi, J. W., Dy-Liacco, G. S., & Deneke, E. (2008). Gods or rituals? Relational faith, spiritual discontent, and religious practices as predictors of hope and optimism. *Journal of Positive Psychology, 3*, 120–136. doi: 10.1080/17439760701760666
- Clark, D. A. (2004). Design considerations in prevention research. In D. J. A. Dozois & K. S. Dobson (Eds.), *The prevention of anxiety and depression* (pp. 73–98). Washington, DC: American Psychological Association.
- Clarke, G. N., Hawkins, W., Murphy, M., Sheeber, L. B., Lewinsohn, P. M., & Seeley, M. S. (1995). Targeted prevention of unipolar depressive disorder in an at-risk sample of high school adolescents: A randomized trial of a group cognitive intervention. *Journal of the American Academy of Child and Adolescent Psychiatry, 34*, 312–321.
- Clauss-Ehlers, C. S. (2008). Sociocultural factors, resilience, and coping: Support for a culturally sensitive measure of resilience. *Journal of Applied Developmental Psychology, 29*, 197–212. doi: 10.1016/j.appdev.2008.02.004
- Clayton, V. (1975). Erikson's theory of human development as it applies to the aged: Wisdom as contradictory cognition. *Human Development, 18*, 119–128.
- Clayton, V. (1976). *A multidimensional scaling analysis of the concept of wisdom*. (Unpublished doctoral dissertation). University of Southern California, Los Angeles.
- Clayton, V. (1982). Wisdom and intelligence: The nature and function of knowledge in later years. *International Journal of Aging and Human Development, 15*, 315–321.
- Clayton, V., & Birren, J. E. (1980). The development of wisdom across the life span: A reexamination of an ancient topic. In P. B. Baltes & O. G. Brim (Eds.), *Life-span development and behavior* (Vol. 3, pp. 103–135). New York: Academic Press.
- Cleary, T. (1992). Introduction. In T. Cleary (Trans.), *The essential Confucius* (pp. 1–11). New York: HarperCollins.
- Clifton, D. O. (1997). *The self-reflection scale*. Princeton, NJ: Gallup Organization.

- Clifton, D. O., & Anderson, E. (2002). *StrengthsQuest: Discover and develop your strengths in academics, career, and beyond*. Washington, DC: Gallup Organization.
- Clifton, D. O., & Harter, J. K. (2003). Strengths investment. In K. S. Cameron, J. E. Dutton, & R. E. Quinn (Eds.), *Positive organizational scholarship* (pp. 111–121). San Francisco: Berrett-Koehler.
- Clifton, D. O., & Nelson, P. (1992). *Soar with your strengths*. New York: Delacorte Press.
- Coffman, S. (1996). Parents' struggles to rebuild family life after Hurricane Andrew. *Issues in Mental Health Nursing, 17*, 353–367.
- Cohen, R. (1991). *Negotiating across cultures*. Washington, DC: United States Institute of Peace Press.
- Cohn, M. A., & Fredrickson, B. L. (2009). Positive emotions. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 13–24). New York: Oxford University Press.
- Colby, A., & Damon, W. (1995). The development of extraordinary moral commitment. In M. Killen & D. Hart (Eds.), *Morality in everyday life: Developmental perspectives* (pp. 342–370). New York: Cambridge University Press.
- Colby, D. A., & Shifren, K. (2013). Optimism, mental health, and quality of life: A study among breast cancer patients. *Psychology, Health & Medicine, 18*, 10–20.
- Coleman, J. S., Campbell, E. Q., Hobson, C. J., McPartland, J., Mood, A. M., Wienfeld, F. D., et al. (1966). *Equality of Educational Opportunity*. Washington, DC: U.S. Government Printing Office.
- Collins, J. (2001). *Good to great*. New York: HarperCollins.
- Collins, K. A., & Dozois, D. J. A. (2008). What are the active ingredients in preventative interventions for depression? *Clinical Psychology: Science and Practice, 15*, 313–330.
- Compton, W., Smith, M., Cornish, K., & Qualls, D. (1996). Factor structure of mental health measures. *Journal of Personality and Social Psychology, 76*, 406–413.
- Connelly, J. (2002). All together now. *Gallup Management Journal, 2*, 13–18.
- Constantine, M., & Sue, D. W. (2006). Factors contributing to optimal human functioning of people of color in the United States. *The Counseling Psychologist, 34*, 228–244.
- Constantine, M. G., Myers, L. J., Kindaichi, M., & Moore, J. L. (2004). Exploring indigenous methods of mental health treatment: The roles of healers and helpers in promoting psychological, physical, and spiritual well-being in people of color. *Counseling & Values, 28*, 110–125. doi: 10.1177/0011000005281318
- Contreras, R., Hendrick, S. S., & Hendrick, C. (1996). Perspectives on marital love and satisfaction in Mexican American and Anglo couples. *Journal of Counseling and Development, 74*, 408–415.
- Costa, P. T., & McCrae, R. R. (1988). Personality in adulthood: A six-year longitudinal study of self-reports and spouse ratings on the NEO Personality Inventory. *Journal of Personality and Social Psychology, 54*, 853–863.
- Cousins, N. (1991). *Head first: The biology of hope and the healing power of the human spirit*. New York: Penguin.
- Cox, D., Hallam, R., O'Connor, K., & Rachman, S. (1983). An experimental analysis of fearlessness and courage. *British Journal of Psychology, 74*, 107–117.
- Cox, T. (1994). *Cultural diversity in organizations: Theory, research, and practice*. San Francisco: Berrett-Koehler.
- Craft, M. A., David, G. C., & Paulson, R. M. (2013). Expressive writing in early breast cancer survivors. *Journal of Advanced Nursing, 69*, 305–315.
- Cropanzano, R., & Wright, T. A. (1999). A 5-year study of change in the relationship between well-being and job performance. *Counseling Psychology Journal: Practice and Research, 51*, 252–265.
- Cross, W. E. (1971). The Negro to Black conversion experience: Toward a psychology of Black liberation. *Black World, 20*, 13–27.
- Crumbaugh, J. C., & Maholick, L. T. (1964). An experimental study in existentialism: The psychometric approach to Frankl's concept of noogenic neurosis. *Journal of Clinical Psychology, 20*, 200–207.
- Crumbaugh, J. C., & Maholick, L. T. (1981). *Manual of instructions for the Purpose in Life Test*. Murfreesboro, TN: Psychometric Affiliates.
- Csikszentmihalyi, M. (1978). Attention and the holistic approach to behavior. In K. S. Pope &

- J. L. Singer (Eds.), *The stream of consciousness* (pp. 335–358). New York: Plenum.
- Csikszentmihalyi, M. (1990). *Flow: The psychology of optimal experience*. New York: Harper & Row.
- Csikszentmihalyi, M. (1997). *Finding flow*. New York: Basic Books.
- Csikszentmihalyi, M. (1975/2000). *Beyond boredom and anxiety*. San Francisco: Jossey-Bass.
- Csikszentmihalyi, M., & Csikszentmihalyi, I. S. (Eds.). (1988). *Optimal experience: Psychological studies of flow in consciousness*. New York: Cambridge University Press.
- Csikszentmihalyi, M., & Rathunde, K. (1990). The psychology of wisdom: An evolutionary interpretation. In R. J. Sternberg (Ed.), *Wisdom: Its nature, origins, and development* (pp. 25–51). New York: Cambridge University Press.
- Csikszentmihalyi, M., Rathunde, K., & Whalen, S. (1993). *Talented teenagers*. Cambridge, England: Cambridge University Press.
- Csikszentmihalyi, M., & Robinson, R. (1990). *The art of seeing*. Malibu, CA: J. Paul Getty Museum and the Getty Center for Education in the Arts.
- Cummins, R. A. (2011). Comparison theory in economic psychology regarding the Easternlin Paradox and Decreasing Marginal Utility: A critique. *Applied Research in Quality of Life*, 6, 241–252.
- Cunningham, G. B. (2009). The moderating effect of diversity strategy on the relationship between racial diversity and organizational performance. *Journal of Applied Social Psychology*, 39, 1445–1460.
- Curbow, B., Somerfield, M. R., Baker, F., Wingard, J. R., & Legro, M. W. (1993). Personal changes, dispositional optimism, and psychological adjustment to bone marrow transplantation. *Journal of Behavioral Medicine*, 16, 423–443.
- Curran, M. A., Utley, E. A., & Muraco, J. A. (2010). An exploratory study of the meaning of marriage for African Americans. *Marriage & Family Review*, 46, 346–365.
- Curry, L. A., Snyder, C. R., Cook, D. L., Ruby, B. C., & Rehm, M. (1997). The role of hope in student-athlete academic and sport achievement. *Journal of Personality and Social Psychology*, 73, 1257–1267.
- Curry, R. O., & Valois, K. E. (1991). The emergence of an individualist ethos in American society. In R. O. Curry & L. B. Goodheart (Eds.), *American chameleon: Individualism in trans-national context* (pp. 20–43). Kent, OH: Kent State University Press.
- Cushman, P. (1990). Why the self is empty: Toward a historically situated psychology. *American Psychologist*, 45, 599–611.
- Daab, W. Z. (1991, July). *Changing perspectives on individualism*. Paper presented at the International Society for Political Psychology. Finland: University of Helsinki.
- Dahlbeck, D. T., & Lightsey, O. R. Jr. (2008). Generalized self-efficacy, coping, and self-esteem as predictors of psychological adjustment among children with disabilities or chronic illnesses. *Children's Health Care*, 37, 293–315. doi: 10.1080/02739610802437509
- Dahlsgaard, K., Peterson, C., & Seligman, M. E. P. (2005). Shared virtue: The convergences of valued human strengths. *Review of General Psychology*, 9, 203–213.
- Dalmida, S., Holstad, M., DiLorio, C., & Laderman, G. (2012). The meaning and use of spirituality among African American women living with HIV/AIDS. *Western Journal of Nursing Research*, 34, 736–765.
- Damasio, A. R. (1994). *Descartes' error*. New York: Grosset/Putnam.
- Damasio, A. R. (2002). A note on the neurobiology of emotions. In S. G. Post, L. G. Underwood, J. P. Schloss, & W. B. Hurlbut (Eds.), *Altruism and altruistic love: Science, philosophy, and religion in dialogue* (pp. 264–271). New York: Oxford University Press.
- Damon, W. (2004). What is positive youth development? *The Annals of the American Academy of Political and Social Science*, 591, 13–24.
- Danielson, A. G., Samdal, O., Hetland, J., & Wold, B. (2009). School-related social support and students' perceived life satisfaction. *Journal of Educational Research*, 102, 303–320. doi: 10.3200/JOER.102.4.303-320
- Danner, D. D., Snowdon, D. A., & Friesen, W. V. (2001). Positive emotions in early life and longevity: Findings from the nun study. *Journal of Personality and Social Psychology*, 80, 804–813.

- Darley, J. M., & Latane, B. (1968). Bystander intervention in emergencies: Diffusion of responsibilities. *Journal of Personality and Social Psychology*, 8, 377–383.
- Darling-Hammond, L., & Youngs, P. (2002). Highly qualified teachers: What does scientifically based research tell us? *Educational Researcher*, 31, 13–25.
- Davidson, A. R., Jaccard, J. J., Triandis, H. C., Morales, M. L., & Diaz-Guerrero, R. (1976). Cross-cultural model testing: Toward a solution of the etic-emic dilemma. *International Journal of Psychology*, 11, 1–13.
- Davis, M. H., Luce, C., & Kraus, S. J. (1994). The heritability of characteristics associated with dispositional empathy. *Journal of Personality*, 62, 369–391.
- De Cássia Marinelli, S., Bartholomeu, D., Caliatto, S. G., & de Greggi Sassi, A. (2009). Children's self-efficacy scale: Initial psychometric studies. *Journal of Psychoeducational Assessment*, 27, 145–156. doi: 10.1177/0734282908325551
- De Los Reye, A. (2013). Strategic objectives for improving understanding of informant discrepancies in developmental psychopathology research. *Development and Psychopathology*, 25, 669–682.
- de Lucca Freitas, L. B., Pieta, M. A. M., & Tudge, J. R. H. (2011). Beyond politeness: The expression of gratitude in children and adolescents. *Psicologia Reflexão e Crítica*, 24, 757–764.
- de Munck, V. C., Korotayev, A., de Munck, J., & Khaltourina, D. (2011). Cross-cultural analysis of models of romantic love among U.S. residents, Russians, and Lithuanians. *The Journal of Comparative Social Science*, 45, 128–154.
- DeBate, R. D., Severson, H. H., Cragun, D. L., Gau, J. M., Merrell, L. K., Bleck, J. R., . . . Hendricson, W. (2013). Evaluation of a theory-driven e-learning intervention for future oral healthcare providers on secondary prevention of disordered eating behaviors. *Health Education Research*, 28, 472–487.
- Dein, S., Cook, C. H., & Koenig, H. (2012). Religion, spirituality, and mental health: Current controversies and future decisions. *Journal of Nervous and Mental Disease*, 200, 852–855.
- Delle Fave, A. (2001, December). *Flow and optimal experience*. Paper presented to Economic and Social Research Council Individual and Situational Determinants of Well-Being, Seminar 2: Work, employment, and well-being. Manchester, England: Manchester Metropolitan University.
- Delle Fave, A., Brdar, I., Vella-Brodrick, D., & Wissing, M. P. (2013). Religion, spirituality, and well-being across nations: The eudaemonic and hedonic happiness investigation. In H. H. Knoop & A. Delle Fave (Eds.), *Well-being and cultures: Perspectives from positive psychology* (pp. 117–134). New York: Springer Science + Business Media.
- Delle Fave, A., & Massimini, F. (1988). Modernization and the changing contexts of flow in work and leisure. In M. Csikszentmihalyi & I. Csikszentmihalyi (Eds.), *Optimal experience* (pp. 193–213). Cambridge, England: Cambridge University Press.
- Delle Fave, A., & Massimini, F. (1992). The experience sampling method and the measurement of clinical change: A case of anxiety disorder. In M. deVries (Ed.), *The experience of psychopathology* (pp. 280–289). Cambridge, England: Cambridge University Press.
- Demir, M., & Davidson, I. (2012). Toward a better understanding of the relationship between friendship and happiness: Perceived responses to capitalization attempts, feelings of mattering, and satisfaction of basic psychological needs in same-sex best friendships as predictors of happiness. *Journal of Happiness Studies*, 14, 525–550.
- Depue, R. (1996). A neurobiological framework for the structure of personality and emotions: Implications for personality disorder. In J. Clarkin & M. Lenzenweger (Eds.), *Major theories of personality* (pp. 347–390). New York: Guilford Press.
- DeShea, L., & Wahkinney, R. L. (2003, November). *Looking within: Self-forgiveness as a new research direction*. Paper presented at the International Campaign for Forgiveness Conference, Atlanta, GA.
- de Tocqueville, A. (2003). *Democracy in America*. London: Penguin. (Original work published 1835)

- DeWaal, F. B. M., & Pokorny, J. J. (2005). Primate conflict and its relations to human forgiveness. In E. L. Worthington (Ed.), *Handbook of forgiveness* (pp. 17–32). New York: Taylor & Francis.
- Diamond, L. M., & Dickenson, J. A. (2012). The neuroimaging of love and desire: Review and future directions. *Clinical Neuropsychiatry: Journal of Treatment Evaluation*, 9, 39–46.
- Dickens, M. (1897). *My father as I recall him*. Westminster, England: Roxburghe Press.
- DiClemente, C. C., Fairhurst, S. K., & Piotrowski, N. A. (1995). Self-efficacy and addictive behaviors. In J. E. Maddux (Ed.), *Self-efficacy, adaptation, and adjustment: Theory, research, and application* (pp. 109–142). New York: Plenum.
- Diener, E. (1984). Subjective well-being. *Psychological Bulletin*, 95, 542–575.
- Diener, E. (2000). Subjective well-being: The science of happiness and a proposal for a national index. *American Psychologist*, 55, 34–43.
- Diener, E. (2013). The remarkable changes in the science of well-being. *Perspective on Psychological Science*, 8, 663–666.
- Diener, E., & Biswas-Diener, R. (2002). Will money increase subjective well-being? *Social Indicators Research*, 57, 119–169.
- Diener, E., & Diener, M. (1995). Cross-cultural correlates of life satisfaction and self-esteem. *Journal of Personality and Social Psychology*, 68, 653–663.
- Diener, E., Diener, M., & Diener, C. (1995). Factors predicting the well-being of nations. *Journal of Personality and Social Psychology*, 69, 653–663.
- Diener, E., & Emmons, R. A. (1984). The independence of positive and negative affect. *Journal of Personality and Social Psychology*, 47, 1105–1117.
- Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The Satisfaction With Life Scale. *Journal of Personality Assessment*, 49, 71–75.
- Diener, E., & Larsen, R. J. (1984). Temporal stability and cross-situational consistency of affective, behavioral, and cognitive responses. *Journal of Personality and Social Psychology*, 47, 871–883.
- Diener, E., & Lucas, R. (1999). Personality and subjective well-being. In D. Kahneman, E. Diener, & N. Schwartz, N. (Eds.). *Well-being: The foundations of hedonic psychology* (pp. 213–229). New York: Russell Sage.
- Diener, E., Lucas, R. E., & Oishi, S. (2002). Subjective well-being: The science of happiness and life satisfaction. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 63–74). New York: Oxford University Press.
- Diener, E., Lucas, R., & Scollon, C.N., (2006). Beyond the hedonic treadmill: Revising the adaptation theory of well-being. *American Psychologist*, 61, 305–314. doi: 10.1037/0003066X.61.4.305
- Diener, E., Ng, W., Harter, J., & Arora, R. (2010). Wealth and happiness across the world: Material prosperity predicts life evaluation, whereas psychosocial prosperity predicts positive feeling. *Journal of Personality and Social Psychology*, 99, 52–61.
- Diener, E., Oishi, S., & Lucas, R. E. (2009). Subjective well-being: The science of happiness and life satisfaction. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 187–194). New York: Oxford University Press.
- Diener, E., & Seligman, M. E. P. (2002). Very happy people. *Psychological Science*, 13, 81–84.
- Diener, E., Suh, E. M., Lucas, R. E., & Smith, H. (1999). Subjective well-being: Three decades of progress. *Psychological Bulletin*, 125, 276–302.
- Dienstbier, R. A. (1989). Arousal and physiological toughness: Implication for mental and physical health. *Psychological Review*, 96, 84–100.
- D'Imperio, R. L., Dubow, E. F., & Ippolito, M. F. (2000). Resilient and stress-affected adolescents in an urban setting. *Journal of Clinical Child Psychology*, 29, 129–142.
- Dittmann, M. (2004, September). Changing behavior through TV heroes. *APA Monitor on Psychology*, 35, 70.
- Dittmann, M. (2005). Building a mentally healthy work force. *Monitor*, 36, 36–37.
- Dobrin, N., & Kállay, É. (2013). The investigation of the short-term effects of a primary prevention program targeting the development of emotional and social competencies in preschoolers. *Cognition, Brain, Behavior: An Interdisciplinary Journal*, 17, 15–34.
- Doherty, R. W., Hatfield, E., Thompson, K., & Choo, P. (1994). Cultural and ethnic influences

- on love and attachment. *Personal Relationships*, *1*, 391–398.
- Doll, B., & Lyon, M. A. (1998). Risk and resilience: Implications for the delivery of educational and mental health services in schools. *School Psychology Review*, *27*, 348–363.
- Donnay, D. A. C., & Borgen, F. H. (1999). The incremental validity of vocational self-efficacy: An examination of interest, self-efficacy, and occupation. *Journal of Counseling Psychology*, *46*, 432–447.
- Dovidio, J. F., Allen, J. L., & Schroeder, D. A. (1990). The specificity of empathy-induced helping: Evidence for altruism motivation. *Journal of Personality and Social Psychology*, *59*, 249–260.
- Dovidio, J. F., Gaertner, S. L., & Johnson, J. D. (1999, October). *New directions in prejudice and prejudice reduction: The role of cognitive representations and affect*. Paper presented at the annual meeting of the Society of Experimental Social Psychology, St. Louis, MO.
- Duncan, L. G., Coatsworth, J. D., & Greenberg, M. T. (2009). A model of mindful parenting: Implications for parent–child relationships and prevention research. *Clinical Child Family Psychology Review*, *12*, 255–270. doi: 10.1007/s10567-009-0046-3
- Durlak, J. A. (1995). *School-based prevention programs for children and adolescents*. Thousand Oaks, CA: Sage.
- Durlak, J. A., & DuPre, E. P. (2008). Implementation matters: A review of research on the influence of implementation on program outcomes and the factors affecting implementation. *American Journal of Community Psychology*, *41*, 327–350.
- Durlak, J. A., & Wells, A. M. (1997). Primary prevention mental health programs for children and adolescents: A meta-analytic review. *American Journal of Community Psychology*, *25*, 115–152.
- Dweck, C. S. (1999). *Self theories: Their role in motivation, personality, and development*. Philadelphia: Psychology Press.
- Easterbrook, J. A. (1959). The effects of emotion on cue utilization and the organization of behavior. *Psychological Review*, *66*, 183–200.
- Ebberwein, C. A., Krieshok, T. S., Ulven, J. S., & Prosser, E. C. (2004). Voices in transition: Lessons on career adaptability. *Career Development Quarterly*, *52*, 292–308.
- Eckstein, M. P., Das, K., Pham, B. T., Peterson, M. F., Abbey, C. K., Sy, J. L., & Giesbrecht, B. (2012). Neural decoding of collective wisdom with multi-brain computing. *NeuroImage*, *59*, 94–108.
- Edmondson, R. (2012). Intergenerational relations in the West of Ireland and sociocultural approaches to wisdom. *Journal of Family Issues*, *33*, 76–98.
- Eichas, K., Albrecht, R. E., Garcia, A. J., Ritchie, R. A., Varela, A., Garcia, A., . . . Kurtines, W. M. (2010). Mediators of positive youth development intervention change: Promoting change in positive and problem outcomes? *Child & Youth Care Forum*, *39*, 211–237.
- Eisenberg, N., & Miller, P. (1987). Empathy and prosocial behavior. *Psychological Bulletin*, *101*, 91–119.
- Eisenberg, N., Miller, P. A., Shell, R., McNalley, S., & Shea, C. (1991). Prosocial development in adolescence: A longitudinal study. *Developmental Psychology*, *27*, 849–857.
- El Harbi, S., & Grolleau, G. (2012). Does self-employment contribute to national happiness? *Journal of Socio-Economics*, *41*, 670–676.
- Elias, M. J., Gara, M., Ubriaco, M., Rothbaum, P. A., Clabby, J. F., & Schuyler, T. (1986). Impact of a preventive social problem-solving intervention on children's coping with middle school stressors. *American Journal of Community Psychology*, *14*, 259–275.
- Ellison, C. G., & Levin, J. S. (1998). The religion–health connection: Evidence, theory, and future directions. *Health Education and Behavior*, *25*, 700–726.
- Ellison, C. G., & Sherkat, D. E. (1993). Obedience and autonomy: Religion and parenting values reconsidered. *Journal for the Scientific Study of Religion*, *32*, 313–329.
- Emmons, R. A. (1986). Personal strivings: An approach to personality and subjective well-being. *Journal of Personality and Social Psychology*, *51*, 1058–1068.
- Emmons, R. A. (1992). Abstract versus concrete goals: Personal striving level, physical illness, and psychological well-being. *Journal*

- of Personality and Social Psychology*, 62, 292–300.
- Emmons, R. A. (2004). *Cultivating gratitude: An interview with Robert Emmons*. Retrieved from http://www.todoinstitute.com/library/public/cultivating_gratitude_an_interview_with_robert_emmons_phd.php
- Emmons, R. A., Cheung, C., & Tehrani, K. (1998). Assessing spirituality through personal goals: Implications for research on religion and subjective well-being. *Social Indicators Research*, 45, 391–422.
- Emmons, R. A., & Hill, J. (2001). *Words of gratitude for body, mind, and soul*. Radnor, PA: Templeton Foundation Press.
- Emmons, R. A., & McCullough, M. E. (2003). Counting blessings versus burdens: Experimental studies of gratitude and subjective well-being. *Journal of Personality and Social Psychology*, 84, 377–389.
- Emmons, R. A., & McCullough, M. E. (Eds.). (2004). *The psychology of gratitude*. New York: Oxford University Press.
- Emmons, R. A., McCullough, M. E., & Tsang, J. (2003). The assessment of gratitude. In S. J. Lopez & C. R. Snyder (Eds.), *Positive psychological assessment: A handbook of models and measures* (pp. 327–342). Washington, DC: American Psychological Association.
- Emmons, R. A., & Shelton, C. S. (2002). Gratitude and the science of positive psychology. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 459–471). New York: Oxford University Press.
- Endrighi, R., Hamer, M., & Steptoe, A. (2011). Associations of trait optimism with diurnal neuroendocrine activity, cortisol responses to mental stress, and subjective stress measures in healthy men and women. *Psychosomatic Medicine*, 73, 672–678.
- Enright, R. D. (1996). Counseling within the forgiveness triad: On forgiving, receiving forgiveness, and self-forgiveness. *Counseling and Values*, 40, 107–126.
- Enright, R. D. (2000). *Helping clients forgive: An empirical guide for resolving anger and restoring hope*. Washington, DC: American Psychological Association.
- Enright, R. D., Freedman, S., & Rique, J. (1998). The psychology of interpersonal forgiveness. In R. D. Enright & J. North (Eds.), *Exploring forgiveness* (pp. 46–62). Madison: University of Wisconsin Press.
- Enright, R. D., & Zell, R. L. (1989). Problems encountered when we forgive another. *Journal of Psychology and Christianity*, 8, 52–60.
- Erickson, R. C., Post, R. D., & Paige, A. B. (1975). Hope as a psychiatric variable. *Journal of Clinical Psychology*, 31, 324–330.
- Erikson, E. H. (1950). *Childhood and society*. New York: Norton.
- Erikson, E. H. (1959). *Identity and the life cycle*. Madison, CT: International Universities Press.
- Erikson, E. H. (1963). *Childhood and society* (2nd ed.). New York: Norton.
- Erikson, E. H. (1964). *Insight and responsibility*. New York: Norton.
- Erikson, E. H. (1982). *The life cycle completed: A review*. New York: Norton.
- Ersner-Hershfield, H., Mikels, J. A., Sullivan, S. J., & Carstensen, L. L. (2008). Poignancy: Mixed emotional experience in the face of meaningful endings. *Journal of Personality and Social Psychology*, 94, 158–167. doi: 10.1037/0022-3514.94.1.158
- Estrada, C. A., Isen, A. M., & Young, M. J. (1997). Positive affect facilitates integration of information and decreases anchoring in reasoning among physicians. *Organizational Behavior and Human Decision Processes*, 72, 117–135.
- Euben, J. P., Wallach, J. R., & Ober, J. (1994). *Athenian political thought and the reconstruction of American democracy*. Ithaca, NY: Cornell University Press.
- Evans, A. B., Banerjee, M., Meyer, R., Aldana, A., Foust, M., & Rowley, S. (2012). Racial socialization as a mechanism for positive development among African American youth. *Child Development Perspectives*, 6, 251–257.
- Exline, J. J., & Baumeister, R. F. (2000). Expressing forgiveness and repentance: Benefits and barriers. In M. E. McCullough (Ed.), *Forgiveness: Theory, research, and practice* (pp. 133–155). New York: Guilford Press.
- Ey, S., Hadley, W., Allen, D. N., Palmer, S., Klosky, J., Deptula, D., et al. (2004). A new measure of

- children's optimism and pessimism: The youth life orientation test. *Journal of Child Psychology and Psychiatry*, 46, 548–558.
- Eysenck, H. J. (1952). The effects of psychotherapy. *Journal of Consulting and Clinical Psychology*, 16, 319–324.
- Fagin-Jones, S., & Midlarsky, E. (2007). Courageous altruism: Personal and situational correlates of rescue during the Holocaust. *Journal of Positive Psychology* 2, 136–147. doi: 10.1080/17439760701228979
- Farah, C. E. (1968). *Islam: Beliefs and observances*. Woodbury, NY: Baron's Woodbury Press.
- Farran, C. J., Herth, A. K., & Popovich, J. M. (1995). *Hope and hopelessness: Critical clinical constructs*. Thousand Oaks, CA: Sage.
- Feeney, J., & Noller, P. (1996). *Adult attachment*. Thousand Oaks, CA: Sage.
- Federal Bureau of Investigation. (2012). Hate crime statistics 2012. *FBI: Federal Bureau of Investigation*. Retrieved from http://www.fbi.gov/about-us/cjis/ucr/hate-crime/2012/topic-pages/victims/victims_final
- Fefer, M. D. (2002, February 13). A lot of love in the lovemaking: Avoiding chaos, relationshipwise. *Seattle Weekly*, n.p.
- Fehr, R., & Gelfand, M. J. (2010). When apologies work: How matching apology components to victims' self-construals facilitates forgiveness. *Organizational Behavior and Human Decision Processes*, 113, 37–50.
- Feldman, D. B., Rand, K. L., & Kahle-Wroblewski, K. (2009). Hope and goal attachment: Testing a basic prediction of hope theory. *Journal of Social and Clinical Psychology*, 28, 479–497.
- Feldman, D., & Snyder, C. R. (2005). Hope and meaning in life. *Journal of Social and Clinical Psychology*, 24, 401–421.
- Fenwick, M., Costa, C., Sohal, A. S., & D'Netto, B. (2011). Cultural diversity management in Australian manufacturing organisations. *Asia Pacific Journal of Human Resources*, 49, 494–507.
- Fernandez-Ballesteros, R., Diez-Nicolas, J., Caprara, G. V., Barbaranelli, C., & Bandura, A. (2002). Determinants and structural relation of perceived personal efficacy to perceived collective efficacy. *Journal of Applied Psychology: An International Review*, 51, 107–125.
- Fetchenhauer, D., Groothuis, T., & Pradel, J. (2010). Not only states but traits—Humans can identify permanent altruistic dispositions in 20s. *Evolution and Human Behavior*, 31, 80–86.
- Fincham, F. (2000). Optimism and the family. In J. Gillham (Ed.), *The science of optimism and hope* (pp. 271–298). Philadelphia: Templeton Foundation Press.
- Finfgeld, D. L. (1995). Becoming and being courageous in the chronically ill elderly. *Issues in Mental Health Nursing*, 16, 1–11.
- Finfgeld, D. L. (1998). Courage in middle-aged adults with long-term health concerns. *Canadian Journal of Nursing Research*, 30(1), 153–169.
- Fingerhut, A. W., & Maisel, N. C. (2010). Relationship formalization and individual and relationship well-being among same-sex couples. *Journal of Social and Personal Relationships*, 27, 956–969.
- Fitzgerald, T. E., Tennen, H., Affleck, G., & Pransky, G. S. (1993). The relative importance of dispositional optimism and control appraisals in the quality of life after coronary artery bypass surgery. *Journal of Behavioral Medicine*, 16, 25–43.
- Fontaine, K. R., Manstead, A. S. R., & Wagner, H. (1993). Optimism, perceived control over stress, and coping. *European Journal of Psychology*, 7, 267–281.
- Fordyce, M. W. (1977). Development of a program to increase personal happiness. *Journal of Counseling Psychology*, 24, 511–520.
- Fordyce, M. W. (1983). A program to increase happiness: Further studies. *Journal of Counseling Psychology*, 30, 483–498.
- Forgas, J. P., Bower, G. H., & Moylan, S. J. (1990). Praise or blame? Affective influences on attributions for achievement. *Journal of Personality and Social Psychology*, 59, 809–819.
- Forgeard, M. J. C., & Seligman, M. E. P. (2012). Seeing the glass half full: A review of the causes and consequences of optimism. *Pratiques Psychologiques*, 18, 107–120.
- Forsyth, D. R. (1999). *Group dynamics* (3rd ed.). Pacific Grove, CA: Brooks/Cole.
- Forsyth, D. R., & Corazzini, J. G. (2000). Groups as change agents. In C. R. Snyder & R. E. Ingram (Eds.), *Handbook of psychological change: Psychotherapy processes and practices for the 21st century* (pp. 309–336). New York: Wiley.

- Forsyth, J., & Carter, R. T. (2012). The relationship between racial identity status attitudes, racism-related coping, and mental health among Black Americans. *Cultural Diversity and Ethnic Minority Psychology, 18*, 128–140.
- Fouad, N. A. (2002). Cross-cultural differences in vocational interests: Between-group differences on the Strong Interest Inventory. *Journal of Counseling Psychology, 49*, 282–289.
- Franco, Z. E., Blau, K., & Zimbardo, P. G. (2011). Heroism: A conceptual analysis and differentiation between heroic action and altruism. *Review of General Psychology, 15*, 99–113.
- Frank, J. D. (1968). The role of hope in psychotherapy. *International Journal of Psychiatry, 5*, 383–395.
- Frank, J. D. (1973). *Persuasion and healing* (Rev. ed.). Baltimore: Johns Hopkins University Press.
- Frank, J. D. (1975). The faith that heals. *Johns Hopkins Medical Journal, 137*, 127–131.
- Frank, J. D., & Frank, J. B. (1991). *Persuasion and healing: A comparative study of psychotherapy* (3rd ed.). Baltimore, MD: Johns Hopkins University Press.
- Frankl, V. (1959). *Man's search for meaning*. Boston: Beacon Press.
- Frankl, V. (1966). What is meant by meaning? *Journal of Existentialism, 7*, 21–28.
- Frankl, V. (1992). *Man's search for meaning: An introduction to logotherapy*. (I. Lasch, Trans.). Boston: Beacon Press.
- Franz, C. E., McClelland, D. C., Weinberger, J., & Peterson, C. (1994). Parenting antecedents of adult adjustment: A longitudinal study. In C. Perris, W. A. Arrindell, & M. Eisemann (Eds.), *Parenting and psychopathology* (pp. 127–144). San Diego, CA: Academic Press.
- Fredricks, J. A., & Simpkins, S. D. (2012). Promoting positive youth development through organized after-school activities: Taking a closer look at participation of ethnic minority youth. *Child Development Perspectives, 6*, 280–287.
- Fredrickson, B. L. (1999). What good are positive emotions? *Review of General Psychology, 2*, 300–319.
- Fredrickson, B. L. (2000). Cultivating positive emotions to optimize health and well-being. *Prevention and Treatment, 3*. Retrieved from <http://journals.apa.org/prevention>
- Fredrickson, B. L. (2001). The role of positive emotions in positive psychology: The broaden-and-build theory of positive emotions. *American Psychologist, 56*, 218–226.
- Fredrickson, B. L. (2002). Positive emotions. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 120–134). New York: Oxford University Press.
- Fredrickson, B. L. (2013, July 15). Updated thinking on positivity ratios. *American Psychologist*. Advance online publication. doi: 10.1037/a0033584
- Fredrickson, B. L., & Joiner, T. (2002). Positive emotions trigger upward spirals toward emotional well-being. *Psychological Science, 13*, 172–175.
- Fredrickson, B. L., & Losada, M. F. (2005). Positive affect and the complex dynamics of human flourishing. *American Psychologist, 60*, 678–686.
- Fredrickson, B. L., Mancuso, R. A., Branigan, C., & Tugade, M. M. (2000). The undoing effects of positive emotions. *Motivation and Emotion, 24*, 237–258.
- Freedman, J. L., & Doob, A. N. (1968). *Deviancy: The psychology of being different*. New York: Academic Press.
- Freeman, M. A., & Bordia, P. (2001). Assessing alternative models of individualism and collectivism: A confirmatory factor analysis. *European Journal of Personality, 15*, 105–121.
- Freud, S. (1936). *The problem of anxiety*. (H. A. Bunker, Trans.). New York: Norton. (Original work published 1926)
- Freud, S. (1957). Instincts and their vicissitudes. In J. Strachey (Ed.), *Standard edition of the complete psychological works of Sigmund Freud* (pp. 111–142). London: Hogarth. (Original work published 1915)
- Friedman, T. L. (2005). *The world is flat: A brief history of the 21st century*. New York: Farrar, Straus & Giroux.
- Frijda, N. H. (1994). Emotions are functional, most of the time. In P. Ekman & R. Davidson (Eds.), *The nature of emotion: Fundamental questions* (pp. 112–122). New York: Oxford University Press.
- Frijda, N. H. (1999). Emotions and hedonic experience. In D. Kahneman, E. Diener, & N. Schwartz (Eds.), *Well-being: The foundations of hedonic psychology* (pp. 190–210). New York: Russell Sage.

- Frisch, M. B., Cornell, J., Villanueva, M., & Retzlaff, P. J. (1992). Clinical validation of the Quality of Life Inventory: A measure of life satisfaction for use in treatment planning and outcome assessment. *Psychological Assessment, 4*, 92–101.
- Frise, N. R., & McMinn, M. R. (2010). Forgiveness and reconciliation: The differing perspectives of psychologists and Christian theologians. *Journal of Psychology and Theology, 38*, 83–90.
- Fritzberg, G. J. (2001). Opportunities of substance: Reconceptualizing equality of educational opportunity. [First article in a two-part series]. *Journal of Thought, 36*(1), 43–54.
- Fritzberg, G. J. (2002). Freedom that counts: The historic underpinnings of positive liberty and equality of educational opportunity. [Second article in a two-part series]. *Journal of Thought, 37*(2), 7–20.
- Froh, J. J., & Bono, G. (2013). *Making grateful kids: A scientific approach to helping youth thrive*. West Conshohocken, PA: Templeton Press.
- Froh, J. J., Bono, G., & Emmons, R. (2010). Being grateful is beyond good manners: Gratitude and motivation to contribute to society among early adolescents. *Motivation and Emotion, 34*, 144–157.
- Froh, J. J., Fan, J., Emmons, R. A., Bono, G., Huebner, E. S., & Watkins, P. (2011). Measuring gratitude in youth: Assessing the psychometric properties of adult gratitude scales in children and adolescents. *Psychological Assessment, 23*, 311–324.
- Froh, J. J., Kashdan, T. B., Ozimkowski, K. M., & Miller, N. (2009). Who benefits the most from a gratitude intervention in children and adolescents? Examining positive affects as a moderator. *Journal of Positive Psychology, 4*, 408–422. doi: 10.1080/17439760902992464
- Froh, J. J., Sefick, W. J., & Emmons, R. A. (2008). Counting blessings in early adolescents: An experimental study of gratitude and subjective well-being. *Journal of School Psychology, 46*, 213–233. doi: 10.1016/j.jsp.2007.03.005
- Fromm, E. (1955). *The sane society*. New York: Holt, Rinehart & Winston.
- Frost, D. M. (2011). Stigma and intimacy in same-sex relationships: A narrative approach. *Journal of Family Psychology, 25*, 1–10.
- Frude, N., & Killick, S. (2011). Family storytelling and the attachment relationship. *Psychodynamic Practice, 17*, 441–445.
- Fuchs, C., Lee, J. K., Roemer, L., & Orsillo, S. M. (2013). Using mindfulness—and acceptance-based treatments with clients from nondominant cultural and/or marginalized backgrounds: clinical considerations, meta-analysis findings, and introduction to the special series. *Cognitive and Behavioral Practice, 20*, 1–12.
- Fulcher, M., & Coyle, E. F. (2011). Breadwinner and caregiver: A cross-sectional analysis of children's and emerging adults' visions of their future family roles. *British Journal of Developmental Psychology, 29*, 330–346.
- Fung, H. H., Isaacowitz, D. M., Lu, A. Y., Wadlinger, H. A., Goren, D., & Wilson, H. R. (2008). Age-related positivity enhancement is not universal: Older Chinese look away from positive stimuli. *Psychology and Aging, 23*, 440–446.
- Gable, S. L., & Reis, H. T. (2001). Appetitive and aversive social interaction. In J. Harvey & A. Wenzel (Eds.), *Close romantic relationships: Maintenance and enhancement* (pp. 169–194). Mahwah, NJ: Lawrence Erlbaum.
- Gable, S. L., Reis, H. T., & Elliot, A. J. (2003). Evidence for bivariate systems: An empirical test of appetition and aversion across domains. *Journal of Research in Personality, 37*(5), 349–372.
- Gable, S. L., Reis, H. T., Impett, E. A., & Asher, E. R. (2004). What do you do when things go right? The intrapersonal and interpersonal benefits of sharing positive events. *Journal of Personality and Social Psychology, 87*, 228–245.
- Gailliot, M. T. (2012). Happiness as surplus or freely available energy. *Psychology, 3*, 702–712.
- Galen, L. W. (2012). Does religious belief promote prosociality? A critical examination. *Psychological Bulletin, 138*, 876–906.
- Gallagher-Thompson, D., McKibbin, C., Koonce-Volwiler, D., Menendez, A., Stewart, D., & Thompson, L. W. (2000). Psychotherapy with older adults. In C. R. Snyder & R. E. Ingram (Eds.), *Handbook of psychological change: Psychotherapy processes and practices for the 21st century* (pp. 614–628). New York: Wiley.
- Gallup, G. G. (1998). Self-awareness and the evolution of social intelligence. *Behavioral Processes, 42*, 238–247.

- Gallup Organization. (1995). *Disciplining children in America: Survey of attitude and behavior of parents*. Project registration #104438. Princeton, NJ: Author.
- Gallup Poll Monthly*. (1996, November). Princeton, NJ: Gallup Organization.
- Gambin, M., & Świącicka, M. (2012). Construction and validation of self-efficacy scale for early school-aged children. *European Journal of Developmental Psychology*, *9*, 723–729.
- Gao, G. (2001). Intimacy, passion, and commitment in Chinese and US American romantic relationships. *International Journal of Intercultural Relations*, *25*, 329–342.
- Garber, J., Clarke, G. N., Weersing V. R., Beardslee, W. R., Brent, D. A., Gladstone, T. R. G., . . . Iyengar, S. (2009). Prevention of depression in at-risk adolescents: A randomized controlled trial. *Journal of the American Medical Association*, *301*, 2215–2224.
- Garczynski, A. M., Waldrop, J. S., Rupprecht, E. A., & Grawitch, M. J. (2013). Differentiation between work and nonwork self-aspects as a predictor of presenteeism and engagement: Cross-cultural differences. *Journal of Occupational Health Psychology*, *18*, 417–429.
- Gardner, W. L., & Schermerhorn, J. R. (2004). Unleashing individual potential: Performance gains through positive organizational behavior and authentic leadership. *Organizational Dynamics*, *33*, 270–281.
- Gareis, E., & Wilkins, R. (2011). Love expression in the United States and Germany. *International Journal of Intercultural Relations*, *35*, 391–411.
- Garnezy, N. (1985). Stress-resistant children: The search for protective factors. In J. E. Stevenson (Ed.), *Recent research in developmental psychopathology: Journal of Child Psychology and Psychiatry Book Supplement 4* (pp. 213–233). Oxford, England: Pergamon Press.
- Garnezy, N. (1993). Children in poverty: Resilience despite risk. *Psychiatry: Interpersonal and Biological Processes*, *56*, 127–136.
- Garnezy, N., Masten, A. S., & Tellegen, A. (1984). The study of stress and competence in children: A building block for developmental psychopathology. *Child Development*, *55*, 97–111.
- Garrett, M. T., Brubaker, M. D., Gregory, D. E., & Williams, C. R. (2012). Ayeli: A Native American-based group centering technique for college students. *Group Work and Outreach Plans for College Counselors*, 259–264.
- Garrett, M. T., & Garrett, J. T. (2002). “Ayeli”: Centering technique based on Cherokee spiritual traditions. *Counseling and Values*, *46*, 149–158.
- Gaylord-Harden, N. K. (2008). The influence of student perceptions and coping on achievement and classroom behavior among African American children. *Psychology in the Schools*, *25*, 763–777. doi: 10.1002/pits
- Geng, L., Zhang, L., & Zhang, D. (2011). Improving spatial abilities through mindfulness: Effects on the mental rotation task. *Consciousness and Cognition: An International Journal*, *20*, 801–806.
- Gentile, D. A., & Walsh, D. A. (2002). A normative study of family media habits. *Applied Developmental Psychology*, *23*, 157–178.
- George, B. (2003). *Authentic leadership: Rediscovering the secrets to creating lasting value*. San Francisco: Jossey-Bass.
- George, C., Kaplan, N., & Main, M. (1985). *The Adult Attachment Interview*. Unpublished protocol, Department of Psychology, University of California at Berkeley.
- Gerber, M. K., Nadeem, L., Sakari Clough, P. J., Perry, J. L., Pühse, U., Elliott, CA., . . . Brand, S. (2013). Are adolescents with high mental toughness levels more resilient against stress? *Journal of the International Society for the Investigation of Stress*, *29*, 164–171.
- Gergen, K. J. (1985). The social constructionist movement in modern psychology. *American Psychologist*, *40*, 266–275.
- Gergen, M. M., & Gergen, K. J. (1998). The relational rebirthing of wisdom and courage. In S. Srivastva & D. L. Cooperrider (Eds.), *Organizational wisdom and executive courage* (pp. 134–153). San Francisco: New Lexington Press.
- Getzels, J. W., & Csikszentmihalyi, M. (1976). *The creative vision*. New York: Wiley.
- Ghaemmaghami, P., Allemand, M., & Martin, M. (2011). Forgiveness in younger, middle-aged, and older adults: Age and gender matters. *Journal of Adult Development*, *18*, 192–203.
- Giamo, L. S., Schmitt, M. T., & Outten, H. R. (2012). Perceived discrimination, group identification, and life satisfaction among multiracial people: A test of the rejection-identification model.

- Cultural Diversity and Ethnic Minority Psychology*, 18, 319–328.
- Gibson, B., & Sanbonmatsu, D. M. (2004). Optimism, pessimism, and gambling: The downside of optimism. *Personality and Social Psychology Bulletin*, 30, 149–160.
- Gilbert, P. P., McEwan, K. K., Gibbons, L. L., Chotai, S. S., Duarte, J. J., & Matos, M. M. (2012). Fears of compassion and happiness in relation to alexithymia, mindfulness, and self-criticism. *Psychology and Psychotherapy: Theory, Research, and Practice*, 85, 374–390.
- Gillham, J. E. (Ed.) (2000). *The science of optimism and hope*. Philadelphia: Templeton Foundation Press.
- Gillham, J. E., & Reivich, K. J. (2004). Cultivating optimism in childhood and adolescence. *The Annals of the American Academy of Political and Social Science*, 591, 146–153.
- Gillham, J. E., Reivich, K. J., Jaycox, L. H., & Seligman, M. E. P. (1995). Prevention of depressive symptoms in school children: Two year follow-up. *Psychological Science*, 6, 343–351.
- Gilligan, C. (1982). *In a different voice: Psychological theory and women's development*. Cambridge, MA: Harvard University Press.
- Gilman, R., Huebner, S., & Buckman, M. (2008). Positive schooling. In S. J. Lopez (Ed.), *Positive psychology exploring the best in people*. Westport, CT: Greenwood Publishing Co.
- Given, C. W., Stommel, M., Given, B., Osuch, J., Kurtz, M. E., & Kurtz, J. C. (1993). The influence of cancer patients' symptoms and functional states on patients' depression and family caregivers' reaction and depression. *Health Psychology*, 12, 277–285.
- Gladwell, M. (2005). *Blink: The power of thinking without thinking*. New York: Little, Brown.
- Glass, T. A., Seeman, T. E., Herzog, A. R., Kahn, R., & Berkman, L. F. (1995). Change in productive activity in late adulthood: MacArthur Studies of Successful Aging. *Journal of Gerontology*, 50, 65–76.
- Glomb, T. M., Bhave, D. P., Miner, A. G., & Wall, M. (2011). Doing good, feeling good: Examining the role of organizational citizenship behaviors in changing mood. *Personnel Psychology*, 64, 191–223.
- Glück, J., Bischof, B., & Siebenhüner, L. (2012). “Knows what is good and bad,” “Can teach you things,” “Does lots of crosswords”: Children's knowledge about wisdom. *European Journal of Developmental Psychology*, 9, 582–598.
- Glück, J., & Bluck, S. (2011). Laypeople's conceptions of wisdom and its development: Cognitive and integrative views. *The Journals of Gerontology: Series B: Psychological Sciences and Social Sciences*, 66B, 321–324.
- Glück, J., Strasser, I., & Bluck, S. (2009). Gender differences in implicit theories of wisdom. *Research in Human Development*, 6, 27–44.
- Godfrey, J. J. (1987). *A philosophy of human hope*. Dordrecht, Germany: Martinus Nijhoff.
- Godfrey, K. F., Bonds, A. S., Kraus, M. E., Wiener, M. R., & Toch, C. S. (1990). Freedom from stress: A meta-analytic view of treatment and intervention programs. *Applied H. R. M. Research*, 1, 67–80.
- Goffman, I. (1963). *Stigma: Notes on the management of spoiled identity*. Englewood Cliffs, NJ: Prentice Hall.
- Goldstein, R. (2010, January 11). Miep Gies, protector of Anne Frank, dies at 100. *The New York Times*. Retrieved from http://www.nytimes.com/2010/01/12/world/europe/12gies.html?pagewanted=all&_r=0
- Goleman, D. (1995). *Emotional intelligence: Why it can matter more than IQ*. New York: Bantam Books.
- Goodman, E. (2005, April 7). Being busy not an end in itself. *Lawrence Journal-World: The Washington Post Writers Group*. Retrieved from http://www2.ljworld.com/news/2005/apr/07/being_busy_not?print
- Gordon, A. K., Musher-Eizenman, D. R., Holub, S. C., & Dalrymple, J. (2004). What are children thankful for? An archival analysis of gratitude before and after the attacks of September 11. *Applied Developmental Psychology*, 25, 541–553. doi: 10.1016/j.appdev.2004.08.004
- Gordon, A. M., Impett, E. A., Kogan, A., Oveis, C., & Keltner, D. (2012). To have and to hold: Gratitude promotes relationship maintenance in intimate bonds. *Journal of Personality and Social Psychology*, 103, 257–274.

- Gordon, C. L., Arnette, R. A. M., & Smith, R. E. (2011). Have you thanked your spouse today?: Felt and expressed gratitude among married couples. *Personality and Individual Differences, 50*, 339–343.
- Gordon, K. C., & Baucom, D. H. (1998). Understanding betrayals in marriage: A synthesized model of forgiveness. *Family Process, 37*, 425–450.
- Gordon, K. C., Baucom, D. H., & Snyder, D. K. (2004). An integrative intervention for promoting recovery from extramarital affairs. *Journal of Marital and Family Therapy, 30*, 213–231.
- Gordon, K. C., Baucom, D. H., & Snyder, D. K. (2005). Forgiveness in couples: Divorce, infidelity, and couples therapy. In E. Worthington (Ed.), *Handbook of forgiveness* (pp. 407–422). New York: Routledge.
- Gordon, K. C., Burton, S., & Porter, L. (2004). The intentions of women in domestic violence shelters to return to partners: Does forgiveness play a role? *Journal of Family Psychology, 18*, 331–338.
- Gosselin, E., Lemyre, L., & Corneil, W. (2013). Presenteeism and absenteeism: Differentiated understanding of related phenomena. *Journal of Occupational Health Psychology, 18*, 75–86.
- Gottman, J. M. (1994). *Why marriages succeed or fail and how you can make yours last*. New York: Simon & Schuster.
- Gottman, J. M. (1999). *The seven principles for making marriage work*. New York: Crown.
- Gottman, J. M., Driver, J., & Tabares, A. (2002). Building the sound marital house: An empirically derived couple therapy. In N. S. Jacobsen & A. S. Gurman (Eds.), *Clinical handbook of couple therapy* (3rd ed., pp. 373–399). New York: Guilford Press.
- Gottman, J. M., Murray, J. D., Swanson, C., Tyson, R., & Swanson, K. R. (2003). *The mathematics of marriage: Dynamic nonlinear models*. Cambridge: MIT Press.
- Gottschalk, L. (1974). A hope scale applicable to verbal samples. *Archives of General Psychiatry, 30*, 779–785.
- Gouveia, M., Pais-Ribeiro, J., Marques, M., & Cavallio, C. M. (2012). Validity and reliability of the Portuguese version of the Dispositional Flow Scale-2 in exercise. *Revista de Psicologia del Deporte, 21*, 81–88.
- Govindji, R., & Linley, P. A. (2007). Strengths use, self-concordance and well-being: Implications for strengths, coaching, and coaching psychologists. *International Coaching Psychology Review, 2*, 143–153.
- Gray, S. A., Emmons, R. A., & Morrison, A. (2001, August). *Distinguishing gratitude from indebtedness in affect and action tendencies*. Poster session presented at the annual meeting of the American Psychological Association, San Francisco.
- Gray-Little, B., & Kaplan, D. (2000). Race and ethnicity in psychotherapy research. In C. R. Snyder & R. E. Ingram (Eds.), *Handbook of psychological change; Psychotherapy processes and practices for the 21st century* (pp. 591–613). New York: Wiley.
- Greason, P. B., & Cashwell, C. S. (2009). Mindfulness and counseling self-efficacy: The mediating role of attention and empathy. *Counselor Education & Supervision, 49*, 2–19.
- Green, D. P., Salovey, P., & Truax, K. M. (1999). Static, dynamic, and causative bipolarity of affect. *Journal of Personal and Social Psychology, 76*, 856–867.
- Green, M., DeCourville, N., & Sadava, S. (2012). Positive affect, negative affect, stress, and social support as mediators of the forgiveness-health relationship. *The Journal of Social Psychology, 152*, 288–307.
- Green, M. C., Strange, J. J., & Brock, T. C. (2002). *Narrative impact: Social and cognitive foundations*. Mahwah, NJ: Lawrence Erlbaum.
- Greitemeyer, T., Osswald, S., Fischer, P., & Frey, D. (2007). Civil courage: Implicit theories, related concepts, and measurement. *Journal of Positive Psychology, 2*, 115–119. doi: 10.1080/17439760701228789
- Grier-Reed, T., & Ganuza, Z. M. (2011). Constructivism and career decision self-efficacy for Asian Americans and African Americans. *Journal of Counseling & Development, 89*, 200–205.
- Groopman, J. (2004). *The anatomy of hope: How people prevail in the face of illness*. New York: Random House.

- Grossmann, I., Karasawa, M., Izumi, S., Na, J., Varnum, M. E. W., Kitayama, S., & Nisbett, R. E. (2012). Aging and wisdom: Culture matters. *Psychological Science, 23*, 1059–1066.
- Gruenewald, T. L., Liao, D. H., & Seeman, T. E. (2012). Contributing to others, contributing to oneself: Perceptions of generativity and health in later life. *The Journal of Gerontology: Series B: Psychological Sciences and Social Sciences, 67*, 660–665.
- Gudykunst, W. B. (Ed.). (1993). *Communication in Japan and the United States*. Albany: State University of New York Press.
- Guignon, C. (2002). Hermeneutics, authenticity and the aims of psychology. *Journal of Theoretical & Philosophical Psychology, 22*, 83–102.
- Gurung, R. A. R., Taylor, S. E., & Seeman, T. E. (2003). Accounting for changes in social support among married older adults: Insights from the MacArthur Studies of Successful Aging. *Psychology and Aging, 18*, 487–496.
- Haase, C. M., Poulin, M. J., & Heckhausen, J. (2012). Happiness as a motivator: Positive affect predicts primary control striving for career and educational goals. *Personality and Social Psychology Bulletin, 38*, 1093–1104.
- Haase, J. E. (1987). Components of courage in chronically ill adolescents: A phenomenological study. *Advances in Nursing Science, 9*(2), 64–80.
- Haberman, D. L. (1998). Confucianism: The way of the sages. In L. Stevenson & D. L. Haberman, *Ten theories of human nature* (3rd ed., pp. 25–44). New York: Oxford University Press.
- Hackman, J. R., & Oldham, G. R. (1980). *Work design*. Reading, MA: Addison-Wesley.
- Haidt, J. (2000, January). *Awe and elevation*. Paper presented at the Akumal II: A Positive Psychology Summit, Akumal, Mexico.
- Haidt, J. (2002). The positive emotion of elevation. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (p. 753). New York: Oxford University Press.
- Haigh, E. P., Moore, M. T., Kashdan, T. B., & Fresco, D. M. (2011). Examination of the factor structure and concurrent validity of the Langer Mindfulness/Mindlessness Scale. *Assessment, 18*, 11–26.
- Haitch, R. (1995). How Tillich and Kohut find courage in faith. *Pastoral Psychology, 44*, 83–97.
- Haley, J. (Producer), & Fleming, V. (Director). (1939). *The wizard of Oz* [Motion picture]. United States: MGM.
- Hall, G. S. (1922). *Senescence: The last half of life*. New York: D. Appleton.
- Hall, J. H., & Fincham, F. D. (2005). Self-forgiveness: The stepchild of forgiveness research. *Journal of Social and Clinical Psychology, 24*, 621–637.
- Halperin, D., & Desrochers, S. (2005). Social psychology in the classroom: Applying what we teach as we teach it. *Journal of Social and Clinical Psychology, 24*, 51–61.
- Hamer, D. (2004). *The God gene: How faith is hard-wired into our genes*. New York: Doubleday.
- Hamilton, D. L. (1981). *Cognitive processes in stereotyping and intergroup behavior*. Hillsdale, NJ: Lawrence Erlbaum.
- Hamilton, E. (1969). *Mythology: Timeless tales of gods and heroes*. New York: Mentor.
- Hannah, S. T., Sweeney, P. J., & Lester, P. B. (2007). Toward a courageous mindset: The subject act and experience of courage. *Journal of Positive Psychology, 2*, 129–135. doi: 10.1080/17439760701228854
- Hannon, P. A., Finkel, E. J., Kumashiro, M., & Rusbult, C. E. (2012). The soothing effects of forgiveness on victims' and perpetrators' blood pressure. *Personal Relationships, 19*, 279–289.
- Hanushek, E. A. (1994). *Making schools work: Improving performance and controlling costs*. Washington, DC: Brookings Institution.
- Hanushek, E. A., Kain, J. F., O'Brien, D. M., & Rivkin, S. G. (2004). *The market for teacher quality* (Working paper # 11154). Washington, DC: National Bureau of Economic Research.
- Hart, P. M. (1999). Predicting employee satisfaction: A coherent model of personality, work, and nonwork experiences, and domain satisfaction. *Journal of Applied Psychology, 84*, 564–584.
- Harter, J. K., & Schmidt, F. L. (2002). Employee engagement and business-unit performance. *Psychologist-Manager Journal, 4*, 215–224.
- Harter, J. K., Schmidt, F. L., & Hayes, T. L. (2002). Business-unit-level relationship between employee satisfaction, employee engagement, and business outcomes: A meta-analysis. *Journal of Applied Psychology, 87*, 268–279.
- Harvey, I., & Cook, L. (2010). Exploring the role of spirituality in self-management practices

- among older African American and non-Hispanic White women with chronic conditions. *Chronic Illness*, 6, 111–124.
- Harvey, J., & Delfabbro, P. H. (2004). Resilience in disadvantaged youth: A critical overview. *Australian Psychologist*, 39, 3–13.
- Harvey, J. H., & Ormarzu, J. (1997). Minding the close relationship. *Personality and Social Psychology Review*, 1, 223–239.
- Harvey, J. H., Pauwels, B. G., & Zicklund, S. (2001). Relationship connection: The role of minding in the enhancement of closeness. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 423–433). New York: Oxford University Press.
- Haski-Leventhal, D. (2009). Altruism and volunteerism: The perceptions of altruism in four disciplines and their impact on the study of volunteerism. *Journal for the Theory of Social Behavior*, 39, 271–299. doi: 10.1111/j.1468-5914.2009.00405.x
- Hass, M., & Graydon, K. (2009). Sources of resiliency among successful foster youth. *Children and Youth Services Review*, 31, 457–463. doi:10.1016/j.childyouth.2008.10.001
- Hatfield, E. (1988). Passionate and companionate love. In R. J. Sternberg & M. L. Barnes (Eds.), *The psychology of love* (pp. 191–217). New Haven, CT: Yale University Press.
- Hatfield, E., & Rapson, R. L. (1996). *Love and sex: Cross-cultural perspectives*. Boston: Allyn & Bacon.
- Havighurst, R. J. (1961). Successful aging. *The Gerontologist*, 1(1), 8–13.
- Haworth, J. T. (1997). *Work, leisure and well-being*. London: Routledge.
- Hayashi, A., Abe, N., Ueno, A., Shigemune, Y., Mori, E., Tashiro, M., & Fujii, T. (2010). Neural correlates of forgiveness for moral transgressions involving deception. *Brain Research*, 1332, 90–99.
- Hayes, L., Bach, P. A., & Boyd, C. P. (2010). Psychological treatment for adolescent depression: Perspectives on the past, present, and future. *Behaviour Change*, 27, 1–18.
- Hays, P. A. (2008). *Addressing cultural competencies in practice, second edition: Assessment, diagnosis, and therapy*. Washington, DC: American Psychological Association.
- Hazan, C., & Shaver, P. (1987). Romantic love conceptualized as an attachment process. *Journal of Personality and Social Psychology*, 52, 511–524.
- Hebl, J. H., & Enright, R. D. (1993). Forgiveness as a psychotherapeutic goal with elderly females. *Psychotherapy*, 30, 658–667.
- Hecht, T. L., Marston, P. J., & Larkey, L. K. (1994). Love ways and relationship quality. *Journal of Social and Personal Relationships*, 11, 25–43.
- Heine, C. (1996). *Flow and achievement in mathematics*. (Unpublished doctoral dissertation). University of Chicago.
- Heinonen, K., Rääkkönen, K., Scheier, M. F., Pesonen, A.-K., Keskiavaara, P., Järvenpää, A.-L., & Strandberg, T. (2006). Parents' optimism is related to their ratings of their children's behavior. *European Journal of Psychology*, 20, 421–445.
- Heitmann, D., Schmuhl, M., Reinisch, A., & Bauer, U. (2012). Primary prevention for children of mentally ill parents: The Kanu-program. *Journal of Public Health*, 20, 125–130.
- Hektner, J. (1996). *Exploring optimal personality development: A longitudinal study of adolescents*. (Unpublished doctoral dissertation). University of Chicago.
- Heller, K., Wyman, M. F., & Allen, S. M. (2000). Future directions for prevention science: From research to adoption. In C. R. Snyder & R. E. Ingram (Eds.), *Handbook of psychological change: Psychotherapy processes and practices for the 21st century* (pp. 660–680). New York: Wiley.
- Heller, K. J. (1989). The return to community. *American Journal of Community Psychology*, 17, 1–16.
- Helms, J. E., & Cook, D. A. (1999). *Using race and culture in counseling and psychotherapy: Theory and process*. Needham Heights, MA: Allyn & Bacon.
- Helweg-Larsen, M., Harding, H. G., & Klein, W. P. (2011). Will I divorce or have a happy marriage?: Gender differences in comparative optimism and estimation of personal chances among U.S. college students. *Basic and Applied Social Psychology*, 33, 157–166.
- Hendrick, C., & Hendrick, S. S. (2009). Love. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 447–454). New York: Oxford University Press.

- Hendrick, S. S., & Hendrick, C. (1992). *Romantic love*. Newbury Park, CA: Sage.
- Hendrick, S. S., & Hendrick, C. (1993). Lovers as friends. *Journal of Social and Personal Relationships*, *10*, 459–466.
- Henry, J. (2004). Positive and creative organization. In P. A. Linley & S. Joseph (Eds.), *Positive psychology in practice* (pp. 269–285). Hoboken, NJ: Wiley.
- Herrbach, O. (2006). A matter of feeling? The affective tone of organizational commitment and identification. *Journal of Organizational Behavior*, *27*, 629–643. doi: 10.1002/job.362
- Herzberg, F. (1966). *Work and the nature of man*. Chicago: World Publishing.
- Hill, G., & Swanson, H. L. (1985). Construct validity and reliability of the Ethical Behavior Rating Scale. *Educational and Psychological Measurement*, *45*, 285–292.
- Hill, P. C., Pargament, K. I., Hood, R. W., Jr., McCullough, M. E., Swyers, J. P., Larson, D. B., & Zinnbauer, B. J. (2000). Conceptualizing religion and spirituality: Points of commonality, points of departure. *Journal for the Theory of Social Behavior*, *30*, 51–77.
- Hill, P. L., Allemand, M., & Roberts, B. W. (2013). Examining the pathways between gratitude and self-rated physical health across adulthood. *Personality and Individual Differences*, *54*, 92–96.
- Hillemeier, M. M., Morgan, P. L., Farkas, G., & Maczuga, A. (2013). Quality disparities in child care for at-risk children: Comparing Head Start and non-Head Start settings. *Maternal Child Health Journal*, *17*, 180–188.
- Hilton, J. M., Gonzalez, C. A., Saleh, M., Maitoza, R., & Anngela-Cole, L. (2012). Perceptions of successful aging among older Latinos, in cross-cultural context. *Journal of Cross-Cultural Gerontology*, *27*, 183–199.
- Hirsch, J. K., Visser, P. L., Chang, E. C., & Jeglic, E. L. (2012). Race and ethnic differences in hope and hopelessness as moderators of the association between depressive symptoms and suicidal behavior. *Journal of American College Health*, *60*, 115–125.
- Hitlin, S. (2007). Doing good, feeling good: Values and the self's moral center. *Journal of Positive Psychology*, *2*, 249–259. doi: 10.1080/17439760701552352
- Ho, M. K. (1987). *Family therapy with ethnic minorities*. Newbury Park, CA: Sage.
- Ho, S. M. Y., Rochelle, T. L., Law, L. S. C., Duan, W., Bai, Y., & Shih, S. (2014). Methodological issues in positive psychology research with diverse populations: Exploring strengths among Chinese adults. In J. T. Pedrotti & L. M. Edwards (Eds.), *Perspectives on the intersection of multiculturalism and positive psychology*. New York: Springer Science + Business Media.
- Hodges, T. D. (2003). *Results of the 2002 StrengthsFinder follow-up survey*. Princeton, NJ: Gallup Organization.
- Hodges, T. D., & Clifton, D. O. (2004). Strengths-based development in practice. In P. A. Linley & S. Joseph (Eds.), *Positive psychology in practice* (pp. 256–268). Hoboken, NJ: Wiley.
- Hodges, T. D., & Harter, J. K. (2005). A review of the theory and research underlying the StrengthsQuest Program for students. *Educational Horizons*, *83*, 190–201.
- Hofmann, D. A., & Tetrick, L. E. (Eds.). (2003). *Health and safety in organizations: A multilevel perspective*. San Francisco: Jossey-Bass.
- Hofstede, G. (1980). *Culture's consequences*. Beverly Hills, CA: Sage.
- Hogan, R., & Kaiser, R. B. (2005). What we know about leadership. *Review of General Psychology*, *9*, 169–180.
- Hoge, D. R. (1996). Religion in America: The demographics of belief and affiliation. *Religion and the clinical practice of psychology* (pp. 21–42). Washington, DC: American Psychological Association.
- Holden, E. W., & Black, M. M. (1999). Theory and concepts of prevention sciences as applied to clinical psychology. *Clinical Psychology Review*, *19*, 391–401.
- Holland, K. (2009, January 25). Can volunteers be a lifeline for nonprofit groups? *The New York Times*. Retrieved from http://www.nytimes.com/2009/01/25/jobs/25mgmt.html?_r=0
- Holliday, S. G., & Chandler, M. J. (1986). *Wisdom: Explorations in adult competence*. Basel, Switzerland: Karger.
- Hollon, S. D., & Beck, A. T. (1994). Cognitive and cognitive-behavioral therapies. In A. E. Bergin & S. L. Garfield (Eds.), *Handbook of psychotherapy*

- and behavior change (4th ed., pp. 428–466). New York: Wiley.
- Holmberg, D., Blair, K. L., & Phillips, M. (2010). Women's sexual satisfaction as a predictor of well-being in same-sex versus mixed-sex relationships. *Journal of Sex Research, 47*, 1–11.
- Holmgren, M. R. (2002). Forgiveness and self-forgiveness in psychotherapy. In S. Lamb & J. G. Murphy (Eds.), *Before giving: Cautionary views of forgiveness in psychotherapy* (pp. 112–135). New York: Oxford University Press.
- Holt, C. L., Wang, M., Caplan, L., Schulz, E., Blake, V., & Southward, V. L. (2011). Role of religious involvement and spirituality in functioning among African Americans with cancer: Testing a meditational model. *Journal of Behavioral Medicine, 34*, 437–448.
- Holton, R. (2000). Globalization's cultural consequences. *The Annals of the American Academy of Political and Social Science, 570*, 140–152.
- Holtz, C. A., & Martinez, M. J. (2014). Positive psychological practices in multicultural school settings. In J. T. Pedrotti & L. M. Edwards (Eds.), *Perspectives on the intersection of multiculturalism and positive psychology*. New York: Springer Science + Business Media.
- Hood, C. D., & Carruthers, C. (2007). Enhancing leisure experience and developing resources: The leisure and well-being model, part II. *Therapeutic Recreation Journal, 41*, 298–325.
- Hook, J. N., Worthington, E. L., Jr., & Utsey, S. O. (2009). Collectivism, forgiveness, and social harmony. *The Counseling Psychologist, 37*, 821–847. doi: 10.1177/0011000008326546
- Hook, J. N., Worthington, E. L., Jr., Utsey, S. O., Davis, D. E., & Burnette, J. L. (2012). Collectivistic self-construal and forgiveness. *Counseling and Values, 57*, 109–124.
- Hooker, K., Monahan, D., Shifren, K., & Hutchinson, C. (1992). Mental and physical health of spouse caregivers: The role of personality. *Psychology and Aging, 7*, 367–375.
- Hothersall, D. (1995). *History of psychology*. New York: McGraw-Hill.
- Houser, R. E. (2002). The virtue of courage. In S. J. Pope (Ed.), *The ethics of Aquinas* (pp. 304–320). Washington, DC: Georgetown University Press.
- Houston, B. K., & Snyder, C. R. (Eds.). (1988). *Type A behavior pattern: Current trends and future directions*. New York: Wiley-Interscience.
- Howard, K., Martin, A., Berlin, L. J., & Brooks-Gunn, J. (2011). Early mother-child separation, parenting, and child well-being in Early Head Start families. *Attachment & Human Development, 13*, 5–26.
- Howell, A. J., Dopko, R. L., Turowski, J. B., & Buro, K. (2011). The disposition to apologize. *Personality and Individual Differences, 51*, 509–514.
- Howell, R. T., & Howell, C. J. (2008). The relation of economic status to subjective well-being in developing countries: A meta-analysis. *Psychological Bulletin, 134*, 536–560. doi: 10.1037/0033-2909.134.4.536
- Hsu, C., Chang, K., & Chen, M. (2012). Flow experience and internet shopping behavior: Investigating the moderating effect of consumer characteristics. *Systems Research and Behavioral Science, 29*, 317–332.
- Hsu, L. M., & Langer, E. J. (2013). Mindfulness and cultivating well-being in older adults. *The Oxford Handbook of Happiness* (pp. 1026–1036). New York: Oxford University Press.
- Huang, C. (2013). Gender differences in academic self-efficacy: A meta-analysis. *European Journal of Psychology of Education, 28*, 1–35.
- Huber, J. T., II, & MacDonald, D. A. (2012). An investigation of the relations between altruism, empathy, and spirituality. *Journal of Humanistic Psychology, 52*, 206–221.
- Huber, S., Allemand, M., & Huber, O. W. (2011). Forgiveness by God and human forgiveness: The centrality of the religiosity makes the difference. *Psychology of Religions, 33*, 115–134.
- Hudson, J. L., Flannery-Schroeder, E., & Kendall, P. C. (2004). Primary prevention of anxiety disorders. In D. J. A. Dozois & K. S. Dobson (Eds.), *The prevention of anxiety and depression* (pp. 101–130). Washington, DC: American Psychological Association.
- Huffman, A., Whetten, J., & Huffman, W. H. (2013). Using technology in higher education: The influence of gender roles on technology self-efficacy. *Computers in Human Behavior, 29*, 1779–1786.
- Hui, C. H. (1988). Measurement of individualism-collectivism. *Journal of Research in Personality, 22*, 17–36.

- Hume, D. (1888). *A treatise of human nature*. Oxford, England: Clarendon Press.
- Hummer, R. A., Rogers, R. G., Nam, C. B., & Ellison, C. G. (1999). Religious involvement and U.S. adult mortality. *Demography*, *36*, 273–285.
- Huntington, S. P. (1993). The clash of civilizations. *Foreign Affairs*, *72*, 22–49.
- Hurley, D. B., & Kwon, P. (2013). Savoring helps most when you have little: Interaction between savouring the moment and uplifts on positive affect and satisfaction with life. *Journal of Happiness Studies*, *14*, 1261–1271.
- Hurlock, E. B. (1925). An evaluation of certain incentives in school work. *Journal of Educational Psychology*, *16*, 145–159.
- Huxhold, O., Fiori, K. L., & Windsor, T. D. (2013). The dynamic interplay of social network characteristics, subjective well-being, and health: The costs and benefits of socio-emotional selectivity. *Psychology and Aging*, *28*, 3–16.
- Hyre, A. D., Benight, C. C., Tynes, L. L., Rice, J., DeSalvo, K. B., & Mutner, P. (2008). Psychometric properties of the hurricane coping self-efficacy measure following Hurricane Katrina. *Journal of Nervous and Mental Disease*, *196*, 562–567.
- Icard, L. (1996). Assessing the psychosocial well-being of African American gays: A multidimensional perspective. In J. F. Longres (Ed.), *Men of color: A context for service to homosexually active men* (pp. 25–49). New York: Haworth Press.
- Ide, R. (1998). 'Sorry for your kindness': Japanese interactional ritual in public discourse. *Journal of Pragmatics*, *29*, 509–529.
- Ie, A., Haller, C. S., Langer, E. J., & Courvoisier, D. S. (2012). Mindful multitasking: The relationship between mindful flexibility and media multitasking. *Computers in Human Behavior*, *28*, 1526–1532.
- Ilardi, S. S. (2009). *The depression cure: The 6-step program to beat depression without drugs*. Cambridge, MA: Da Capo Press.
- Ilardi, S. S., & Karwoski, L. (2005). *The depression cure*. Unpublished book-length manuscript, University of Kansas, Lawrence.
- Inclan, J. (1985). Variations in value orientations in mental health work with Puerto Ricans. *Psychotherapy: Theory, Research, and Practice*, *22*, 324–334.
- Inghilleri, P. (1999). *From subjective experience to cultural change*. Cambridge, England: Cambridge University Press.
- Ingram, R. E., Hayes, A., & Scott, W. (2000). Empirically supported treatments: A critical analysis. In C. R. Snyder & R. E. Ingram (Eds.), *Handbook of psychological change: Psychotherapy processes and practices for the 21st century* (pp. 40–60). New York: Wiley.
- Ingram, R. E., Kendall, P. C., & Chen, A. H. (1991). Cognitive-behavioral interventions. In C. R. Snyder & D. R. Forsyth (Eds.), *Handbook of social and clinical psychology: The health perspective* (pp. 509–522). New York: Pergamon.
- Ingram, R. E., & Wisnicki, K. S. (1988). Assessment of positive automatic cognition. *Journal of Consulting and Clinical Psychology*, *56*, 898–902.
- Irving, L. M., Cheavens, J., Snyder, C. R., Gravel, L., Hanke, J., Hilberg, P., & Nelson, N. (2004). The relationships between hope and outcome at pre-treatment, beginning, and later phases of psychotherapy. *Journal of Psychotherapy Integration*, *14*, 419–443.
- Isen, A. M. (1970). Success, failure, attention, and reaction to others: The warm glow of success. *Journal of Personality and Social Psychology*, *17*, 107–112.
- Isen, A. M. (1987). Positive affect, cognitive processes, and social behavior. *Advances in Experimental Social Psychology*, *20*, 203–253.
- Isen, A. M. (2000). Some perspectives on positive affect and self-regulation. *Psychological Inquiry*, *11*, 184–187.
- Isen, A. M., Daubman, K. A., & Nowicki, G. P. (1987). Positive affect facilitates creative problem solving. *Journal of Personality and Social Psychology*, *21*, 384–388.
- Isen, A. M., & Levin, P. F. (1972). The effect of feeling good on helping: Cookies and kindness. *Journal of Personality and Social Psychology*, *17*, 107–112.
- Ishimura, I., & Kodama, M. (2006). Flow experiences in everyday activities of Japanese college students: Autotelic people and time management. *Japanese Psychological Research*, *51*, 47–54.
- Israelashvili, M., & Socher, P. (2007). An examination of a counsellor self-efficacy scale (COSE) using an Israeli sample. *International Journal for the*

- Advancement of Counselling*, 29, 1–9. doi: 10.1007/s10447-006-9019-0
- Ivey, A. E., & Ivey, M. B. (1998). Reframing DSM-IV: Positive strategies from developmental counseling and theory. *Journal of Counseling and Development*, 76, 334–350.
- Ivey, A. E., & Ivey, M. B. (1999). Toward a developmental diagnostic and statistical manual: The vitality of a contextual framework. *Journal of Counseling and Development*, 77, 484–490.
- Iwamasa, G. Y., & Iwasaki, M. (2011). A new multi-dimensional model of successful aging: Perceptions of Japanese American older adults. *Journal of Cross-Cultural Gerontology*, 26, 261–278.
- Iwasaki, Y. (2007). Leisure and quality of life in an international and multicultural context: What are major pathways linking leisure to quality of life? *Social Indicators Research*, 82, 235–264. doi: 10.1007/s11205-006-9032-z
- Izuma, K., & Adolphs, R. (2011). The brain's rose-colored glasses. *Nature Neuroscience*, 14, 1355–1356.
- Jacinto, G. A., & Edwards, B. L. (2011). Therapeutic stages of forgiveness and self-forgiveness. *Journal of Human Behavior in the Social Environment*, 21, 423–437.
- Jackson, S., & Csikszentmihalyi, M. (1999). *Flow in sports*. Champaign, IL: Human Kinetics.
- Jahoda, M. (1958). *Current concepts of positive mental health*. New York: Basic Books.
- James, W. (1890). *Principles of psychology* (Vol. 1). New York: Holt.
- Jamieson, K. H. (Ed.). (2005). *Treating and preventing adolescent mental health disorders: What we know and what we don't know*. New York: Oxford University Press.
- Jaycox, L. H., Reivich, K. J., Gillham, J., & Seligman, M. E. P. (1994). Prevention of depressive symptoms in school children. *Behavior Research and Therapy*, 32, 801–816.
- Jemmott, J. B., Jemmott, L. S., & Fong, G. T. (1992). Reductions in HIV risk-associated sexual behaviors among black male adolescents: Effect of an AIDS prevention intervention. *American Journal of Public Health*, 82, 372–377.
- Jerath, R., Barnes, V. A., Dillard-Wright, D., Jerath, S., & Hamilton, B. (2012). Dynamic change of awareness during meditation techniques: Neural and psychological correlates. *Frontiers in Human Neuroscience*, 6, 1–4.
- Jerga, A. M., Shaver, P. R., & Wilkinson, R. B. (2011). Attachment insecurities and identification of at-risk individuals following the death of a loved one. *Journal of Social and Personal Relationships*, 28, 891–914.
- Jeste, D. V., Ardelt, M., Blazer, D., Kraemer, H. C., Vaillant, G., & Meeks, T. W. (2010). Expert consensus on characteristics of wisdom: A Delphi method study. *The Gerontologist*, 50, 668–680.
- Jeste, D. V., & Harris, J. C. (2010). Wisdom—A neuroscience perspective. *JAMA: Journal of the American Medical Association*, 304, 1602–1603.
- Jimenez, D. E., Cook, B., Bartels, S. J., & Alegria, M. (2013). Disparities in mental health service use of racial and ethnic minority elderly adults. *Journal of the American Geriatrics Society*, 61, 18–25.
- Jin, M. K., Jacobvitz, D., Hazen, N., Jung, S. H. (2012). Maternal sensitivity and infant attachment security in Korea: Cross-cultural validation of the Strange Situation. *Attachment & Human Development*, 14, 33–44.
- Johnson, D. L. (1988). Primary prevention of behavior problems in young children: The Houston Parent-Child Development Center. In R. H. Price, E. Cowen, R. Lorion, & J. Ramos-McKay (Eds.), *Fourteen ounces of prevention: A casebook for practitioners* (pp. 44–52). Washington, DC: American Psychological Association.
- Johnson, F. (1988). Encounter group therapy. In S. Long (Ed.), *Six group therapies* (pp. 115–158). New York: Plenum.
- Jose, P. E., Lim, B. T., & Bryant, F. B. (2012). Does savouring increase happiness? A daily diary study. *Journal of Positive Psychology*, 7, 176–187.
- Judge, T. A., Thoresen, C. J., Bono, J. E., & Patton, G. K. (2001). The job-satisfaction performance relationship: A qualitative and quantitative review. *Psychological Bulletin*, 127, 376–407.
- Judge, T. A., & Watanabe, S. (1993). Another look at the job satisfaction–life satisfaction relationship. *Journal of Applied Psychology*, 78, 939–948.
- Jung, C. (1953). *Two essays on analytical psychology*. New York: Pantheon Books.

- Kabat-Zinn, J. (1982). An outpatient program in behavioral medicine for chronic pain patients based on the practice of mindfulness meditation: Theoretical considerations and preliminary results. *General Hospital Psychiatry, 4*, 33–47.
- Kabat-Zinn, J. (1990). *Full catastrophe living*. New York: Delacorte Press.
- Kabat-Zinn, J. (2005). *Coming to our senses*. London, England: Piatkus Books.
- Kabat-Zinn, J., & Skillings, A. (1989, March). *Sense of coherence and stress hardiness as predictors and measure of outcome of a stress reduction program*. Poster presented at the Society of Behavioral Medicine Conference, San Francisco.
- Kabat-Zinn, J., & Skillings, A. (1992). *Sense of coherence and stress hardiness as outcome measures of a mindfulness-based stress reduction program: Three-year follow-up*. Unpublished raw data. University of Massachusetts Medical Center, Boston.
- Kadiangandu, J. K., Gauché, M., Vinsonneau, G., & Mullet, E. (2007). Conceptualizations of forgiveness: Collectivist–Congolese versus individualist–French viewpoints. *Journal of Cross-Cultural Psychology, 38*, 432–437.
- Kagitcibasi, C. (1994). A critical appraisal of individualism and collectivism: Toward a new formulation. In U. Kim, H. C. Triandis, C. Kagitcibasi, S.-C. Choi, & G. Yoon (Eds.), *Individualism and collectivism: Theory, method, and applications* (pp. 52–65). Thousand Oaks, CA: Sage.
- Kahneman, D., Diener, E., & Schwartz, N. (1999). *Well-being: The foundations of hedonic psychology*. New York: Russell Sage.
- Kalberg, J., Lane, K., & Menzies, H. (2010). Using systematic screening procedures to identify students who are nonresponsive to primary prevention efforts: Integrating academic and behavioral measures. *Education & Treatment of Children, 33*, 561–584.
- Kaluza, G. (1997). Evaluation of stress management interventions in primary prevention—A meta-analysis of (quasi) experimental studies. *Zeitschrift für Gesundheitspsychologie, 5*, 149–169.
- Kamen, C., Burns, M., & Beach, S. R. H. (2011). Minority stress in same-sex male relationships: When does it impact relationship satisfaction? *Journal of Homosexuality, 58*, 1372–1390.
- Kanekar, S., & Merchant, S. M. (1982). Aggression, retaliation, and religious affiliation. *Journal of Social Psychology, 117*, 295–296.
- Kanfer, F. H. (1970). Self-regulation: Research, issues, and speculations. In C. Neuringer & J. L. Michael (Eds.), *Behavior modification in clinical psychology* (pp. 178–220). New York: Appleton-Century-Crofts.
- Kaplan, J. S., & Sue, S. (1997). Ethnic psychology in the United States. In D. F. Halpern & A. E. Voiskounsky (Eds.), *States of mind: American and post-Soviet perspectives on contemporary issues in psychotherapy* (pp. 349–369). New York: Oxford University Press.
- Kaplan, R. M. (2000). Two pathways to prevention. *American Psychologist, 55*, 382–396.
- Kaplan, R. M., Alcaraz, J. E., Anderson, J. P., & Weisman, M. (1996). Quality-adjusted life years lost to arthritis: Effects of gender, race, and social class. *Arthritis Care and Research, 9*, 473–482.
- Kaplan, R. M., & Anderson, J. P. (1996). The general health policy model: An integrated approach. In B. Spilker (Ed.), *Quality of life and pharmacoeconomics in clinical trials* (pp. 309–322). New York: Raven.
- Kardiner, A., & Ovesey, L. (1951). *The mark of oppression: A psychological study of the American Negro*. New York: Norton.
- Karremans, A., & Vingerhoets, Ad. J. J. M. (2012). Attachment and well-being: The mediating role of emotion regulation and resilience. *Personality and Individual Differences, 53*, 821–826.
- Karremans, J. C., Regalia, C., Paleari, F. G., Fincham, F. D., Cui, M., Takada, N., ... Uskul, A. K. (2011). Maintaining harmony across the globe: The cross-cultural association between closeness and interpersonal forgiveness. *Social Psychological and Personality Science, 2*, 443–451.
- Kaslow, N. J., Tanenbaum, R. L., & Seligman, M. E. P. (1978). *The KASTAN-R: A children's attributional style questionnaire (KASTAN-R-CASQ)*. Unpublished manuscript, University of Pennsylvania.
- Kastenmüller, A., Greitemeyer, T., Fischer, P., & Frey, D. (2007). The Munich civil courage instrument (MüZI): Development and validation. *Diagnostica, 53*, 205–217. doi: 10.1026/00121924.53.4.205

- Kayser, D. N., Greitemeyer, T., Fisher, P., & Frey, D. (2009). Why mood affects help giving, but not moral courage: Comparing two types of prosocial behaviour. *European Journal of Social Psychology, 40*, 1136–1157.
- Kazdin, A. E. (1979). Imagery elaboration and self-efficacy in the covert modeling treatment of unassertive behavior. *Journal of Consulting and Clinical Psychology, 47*, 725–733.
- Kazdin, A. E. (2008). Evidence-based treatment and practice: New opportunities to bridge clinical research and practice, enhance the knowledge base, and improve patient care. *American Psychologist, 63*, 146–159.
- Kazdin, A. E., Siegel, T. C., & Bass, D. (1990). Drawing on clinical practice to inform research on child and adolescent psychotherapy: Survey of practitioners. *Professional Psychology: Research and Practice, 21*, 189–198.
- Keller, A. C., & Semmer, N. K. (2013). Changes in situational and dispositional factors as predictors of job satisfaction. *Journal of Vocational Behavior, 83*, 88–98.
- Kelloway, E. K., & Barling, J. (1991). Job characteristics, role stress, and mental health. *Journal of Occupational Psychology, 64*, 291–304.
- Keng, S., Smoski, M. J., & Robins, C. J. (2011). Effects of mindfulness on psychological health: A review of empirical studies. *Clinical Psychology Review, 31*, 1041–1056.
- Kennedy, J. F. (1956). *Profiles in courage*. New York: Harper.
- Kennedy, Q., Fung, H. H., & Carstensen, L. L. (2001). Aging, time estimation, and emotion. In R. C. Atchley & S. H. McFadden (Eds.), *Aging and the meaning of time: A multidisciplinary exploration* (pp. 51–73). New York: Springer.
- Kennedy, R. F. (1968, March 18). Address. University of Kansas, Lawrence.
- Kenyon, D., & Hanson, J. D. (2012). Incorporating traditional culture into positive youth development programs with American Indian/Alaska native youth. *Child Development Perspectives, 6*, 272–279.
- Keohane, R. O. (1993). Sovereignty, interdependence and international institutions. In L. Miller & M. Smith (Eds.), *Ideas and ideals: Essays on politics in honor of Stanley Hoffman* (pp. 91–107). Boulder, CO: Westview.
- Keough, K. A., Zimbardo, P. G., & Boyd, J. N. (1999). Who's smoking, drinking, and using drugs? Time perspective as a predictor of substance abuse. *Basic and Applied Social Psychology, 21*, 149–164.
- Keyes, C. L. M. (1998). Social well-being. *Social Psychology Quarterly, 61*, 121–140.
- Keyes, C. L. M. (2009). Toward a science of mental health. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 89–95). New York: Oxford University Press.
- Keyes, C. L. M., & Haidt, J. (Eds.). (2003). *Flourishing: Positive psychology and a life well lived*. Washington, DC: American Psychological Association.
- Keyes, C. L. M., & Lopez, S. J. (2002). Toward a science of mental health: Positive directions in diagnosis and treatment. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 45–59). New York: Oxford University Press.
- Keyes, C. L. M., & Magyar-Moe, J. L. (2003). The measurement and utility of adult subjective well-being. *Positive psychological assessment: A handbook of models and measures* (pp. 411–426). Washington, DC: American Psychological Association.
- Keyes, C. L. M., & Ryff, C. D. (2000). Subjective change and mental health: A self-concept theory. *Social Psychology Quarterly, 63*, 264–279.
- Keyes, C., Shmotkin, D., & Ryff, C. (2000). Optimizing well-being: The empirical encounter of two traditions. *Journal of Personality and Social Psychology, 82*, 1007–1022.
- Khan, S., Haynes, L., Armstrong, A., & Rohner, R. P. (2010). Perceived teacher acceptance, parental acceptance, academic achievement, and school conduct of middle school students in the Mississippi Delta region of the United States. *Cross-Cultural Research: The Journal of Comparative Social Science, 44*, 283–294.
- Kihlstrom, J. F., & Cantor, N. (2000). Social intelligence. In R. J. Sternberg (Ed.), *Handbook of intelligence*. (pp. 359–379). New York: Cambridge University Press.
- Kim, M., & Markus, H. R. (1999). Deviance or uniqueness, harmony or conformity? A cultural analysis. *Journal of Personality and Social Psychology, 77*, 785–800.

- Kim, M., Sharkey, W. F., & Singelis, T. M. (1994). Relationship between individuals' self-construals and perceived importance of interactive constraints. *International Journal of Intercultural Relations, 18*, 117–140.
- Kim, U. (1994). Individualism and collectivism: Conceptual clarification and elaboration. In U. Kim, H. C. Triandis, C. Kagitcibasi, S.-C. Choi, & G. Yoon (Eds.), *Individualism and collectivism: Theory, method, and applications* (pp. 19–40). Thousand Oaks, CA: Sage.
- Kim, U., Triandis, H. C., Kagitcibasi, C., Choi, S.-C., & Yoon, G. (1994). *Individualism and collectivism: Theory, method, and applications*. Thousand Oaks, CA: Sage.
- Kim, U., & Park, Y.-S. (2006). Indigenous psychological analysis of academic achievement in Korea: The influence of self-efficacy, parents, and culture. *International Journal of Psychology, 41*, 11–26.
- Kim, Y., & Glassman, M. (2013). Beyond search and communication: Development and validation of the Internet Self-Efficacy Scale (ISS). *Computers in Human Behavior, 29*, 1421–1429.
- King, L. A., Eells, J. E., & Burton, C. M. (2004). The good life, broadly and narrowly considered. In P. A. Linley & S. Joseph (Eds.), *Positive psychology in practice* (pp. 25–52). Hoboken, NJ: Wiley.
- King, L. A., & Napa, C. K. (1998). What makes a good life? *Journal of Personality and Social Psychology, 75*, 156–165.
- King, M. L., Jr. (1968). *The peaceful warrior*. New York: Pocket Books.
- Kirmayer, L. J. (2012). Cultural competence and evidence-based practice in mental health: Epistemic communities and the politics of pluralism. *Social Sciences & Medicine, 75*, 249–256.
- Kitayama, S., & Markus, H. R. (2000). Culture, emotion, and well-being: Good feelings in Japan and in the United States. *Cognition and Emotion, 14*, 99–124.
- Kitayama, S., Markus, H. R., Matsumoto, H., & Norasakkunkit, V. (1997). Individual and collective process in the construction of the self: Self-enhancement in the United States and self-criticism in Japan. *Journal of Personality and Social Psychology, 72*, 1245–1267.
- Kitchener, K. S., & Brenner, H. G. (1990). Wisdom and reflective judgment: Knowing the face of uncertainty. In R. J. Sternberg (Ed.), *Wisdom: Its nature, origins, and development* (pp. 212–229). New York: Cambridge University Press.
- Klassen, R. M., Bong, M., Usher, E. L., Chong, W. H., Huan, V. S., Wong, I. Y. F., & Georgiou, T. (2009). Exploring the validity of a teachers' self-efficacy scale in five countries. *Contemporary Educational Psychology, 34*, 67–76. doi: 10.1016/j.cedpsych.2008.08.001
- Klausner, E., Snyder, C. R., & Cheavens, J. (2000). A hope-based group treatment for depressed older adult outpatients. In G. M. Williamson, D. R. Shaffer, & P. A. Parmelee (Eds.), *Physical illness and depression in older adults: A handbook of theory, research, and practice* (pp. 295–310). New York: Plenum.
- Klausner, E. J., Clarkin, J. F., Spielman, L., Pupo, C., Abrams, R., & Alexopoulos, G. S. (1998). Late-life depression and functional disability: The role of goal-focused group psychotherapy. *International Journal of Geriatric Psychiatry, 13*, 707–716.
- Klerman, G., Weissman, M. M., Rounsaville, B. J., & Chevron, E. S. (1984). *Interpersonal psychotherapy of depression*. Northvale, NJ: Jason Aronson.
- Kobasa, S. C. O. (1990). Stress-resistant personality. In R. Ornstein & C. Swencionis (Eds.), *The healing brain: A scientific reader* (pp. 219–230). New York: Guilford Press.
- Koenig, H. G. (Ed.). (1998). *Handbook of religion and mental health*. San Diego, CA: Academic Press.
- Koerner, S., Shirai, Y., & Pedroza, R. (2013). Role of religious/spiritual beliefs and practices among Latino family caregivers of Mexican descent. *Journal of Latina/o Psychology, 1*, 95–111.
- Kohlberg, L. (1983). *The psychology of moral development*. New York: Harper & Row.
- Kohn, M. L. (1969). *Class and conformity*. Homewood, IL: Dorsey Press.
- Kohut, H. (1979). *Self-psychology and the humanities: Reflections on a new psychoanalytic approach*. New York: Norton.
- Koltko-Rivera, M. E. (2004). The psychology of worldviews. *Review of General Psychology, 8*, 3–58.
- Komorita, S. S., Hilty, J. A., & Parks, C. D. (1991). Reciprocity and cooperation in social dilemmas. *Journal of Conflict Resolution, 35*, 494–518.

- Konrath, S., Fuhrel-Forbis, A., Lou, A., & Brown, S. (2012). Motives for volunteering are associated with mortality risk in older adults. *Health Psychology, 31*, 87–96.
- Koydemir, S., Şimşek, Ö., Schütz, A., & Tipandjan, A. (2013). Differences in how trait emotional intelligence predicts life satisfaction: The role of affect balance versus social support in India and Germany. *Journal of Happiness Studies, 14*, 51–66.
- Krause, N. (2012). Feelings of gratitude toward God among older whites, older African Americans, and older Mexican Americans. *Research on Aging, 34*, 156–173.
- Krauss, H. H., & Krauss, B. J. (1968). Cross-cultural study of the thwarting-disorientation theory of suicide. *Journal of Abnormal Psychology, 73*, 352–357.
- Krech, G. (2001). *Naikan: Gratitude, grace, and the Japanese art of self-reflection*. Berkeley, CA: Stone Bridge Press.
- Kross, E., & Grossmann, I. (2012). Boosting wisdom: Distance from the self enhances wise reasoning, attitudes, and behavior. *Journal of Experimental Psychology: General, 141*, 43–48.
- Kruglanski, A. W., & Webster, D. M. (1996). Motivated closing of the mind: “Seizing” and “freezing.” *Psychological Review, 103*, 263–283.
- Kwon, P. (2013). Resilience in lesbian, gay, and bisexual individuals. *Personality and Social Psychology Review, 17*, 371–383.
- LaBouff, J. P., Rowatt, W. C., Johnson, M. K., Tsang, J., & Willerton, G. M. (2012). Humble persons are more helpful than less humble persons: Evidence from three studies. *The Journal of Positive Psychology, 7*, 16–29.
- Labouvie-Vief, G. (1990). Wisdom as integrated thought: Historical and developmental perspectives. In R. J. Sternberg (Ed.), *Wisdom: Its nature, origins, and development* (pp. 52–83). New York: Cambridge University Press.
- Laird, S. P., Snyder, C. R., Rapoff, M. A., & Green, S. (2004). Measuring private prayer: The development and validation of the Multidimensional Prayer Inventory. *International Journal for the Psychology of Religion, 14*, 251–272.
- Lambert, M. J. (Ed.). (2013). *Bergin and Garfield's handbook of psychotherapy and behavior change* (6th ed.). New York: Wiley.
- Lambert, N. M., Clark, M. S., Durtschi, J., Fincham, F. D., & Graham, S. M. (2010). Benefits of expressing gratitude: Expressing gratitude to a partner changes one's view of the relationship. *Psychological Science, 21*, 574–580.
- Lambert, N. M., Fincham, F. D., & Stillman, T. F. (2012). Gratitude and depressive symptoms: The role of positive reframing and positive emotion. *Cognition and Emotion, 26*, 615–633.
- Lamond, A. J., Depp, C. A., Allison, M., Langer, R., Reichstadt, J., Moore, D. J., & Jeste, D. V. (2009). Measurement and predictors of resilience among community-dwelling older women. *Journal of Psychiatric Research, 43*, 148–154. doi: 10.1016/j.jpsychires.2008.03.007
- Landis, D., & O'Shea W. A., III. (2000). Cross-cultural aspects of passionate love: An individual differences analysis. *Journal of Cross-Cultural Psychology, 31*, 752–777. doi: 10.1177/00220022100031006005
- Landman, J. T., & Dawes, R. M. (1982). Psychotherapy outcome: Smith and Glass' conclusions stand up under scrutiny. *American Psychologist, 37*, 504–516.
- Lane, R. D., Reiman, E. M., Bradley, M. M., Lang, P. J., Ahern, G. L., Davidson, R. J., et al. (1997). Neuroanatomical correlates of pleasant and unpleasant emotion. *Neuropsychologia, 35*, 1437–1444.
- Langer, E. (1989). *Mindfulness*. Reading, MA: Addison-Wesley.
- Langer, E. (1997). *The power of mindful learning*. Reading, MA: Addison-Wesley.
- Langer, E. (2009a). Mindfulness versus positive evaluation. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 279–294). New York: Oxford University Press.
- Langer, E. (2009b). *Clockwise: Mindful health and the power of possibility*. New York: Random House.
- Langer, E., Blank, A., & Chanowitz, B. (1978). The mindlessness of ostensibly thoughtful action: The role of placebic information on interpersonal interaction. *Journal of Personality and Social Psychology, 36*, 635–642.
- Langer, E. J., Cohen, M., & Djikic, M. (2012). Mindfulness as a psychological attractor: The effect on children. *Journal of Applied Social Psychology, 42*, 1114–1122.

- Langer, E. J., & Rodin, J. (1976). The effects of enhanced personal responsibility for the aged: A field experiment in an institutional setting. *Journal of Personality and Social Psychology, 34*, 191–198.
- Langston, C. A. (1994). Capitalizing on and coping with daily-life events: Expressive responses to positive events. *Journal of Personality and Social Psychology, 67*, 1112–1125.
- Lao-Tzu. (1994). *Tao Te Ching*. (D. C. Lau, Trans.). New York: Knopf.
- Larsen, K. S., & Giles, H. (1976). Survival or courage as human motivation: Development of an attitude scale. *Psychological Reports, 39*, 299–302.
- Latane, B., & Darley, J. M. (1970). *The unresponsive bystander: Why doesn't he help?* New York: Appleton-Century-Crofts.
- Lauring, J. (2013). International diversity management: Global ideas and local responses. *British Journal of Management, 24*, 211–224.
- Lawson, W. (2004, January/February). Praise: Encouraging signs. *Psychology Today*. Retrieved from <http://www.psychologytoday.com/articles/pto-20040209-000003.html>
- Layous, K. L., Lee, H., Choi, I., & Lyubormirsky, S. (2013). Culture matters when designing a successful happiness-increasing activity: A comparison of the United States and South Korea. *Journal of Cross-Cultural Psychology, 44*, 1294–1303.
- Le, T. N. (2011). Life satisfaction, openness value, self-transcendence, and wisdom. *Journal of Happiness Studies, 12*, 171–182.
- Le, T. N., Lai, M. H., & Wallen, J. (2009). Multiculturalism and subjective happiness as mediated by cultural and relational variables. *Cultural Diversity and Ethnic Minority Psychology, 15*, 303–313.
- Leach, M. M., Baker, A., & Zeigler-Hill, V. (2011). The influence of Black racial identity on the forgiveness of Whites. *Journal of Black Psychology, 37*, 185–209.
- Leadbetter, B. J., Gladstone, E., Yeung Thompson, R. S., Sukhawathanakul, P., & Desjardins, T. (2012). Getting started: Assimilatory processes of uptake of mental health promotion and primary prevention programmes in elementary schools. *Advances in School Mental Health Promotion, 5*, 258–276.
- Leary, M. R., Tchividjian, L. R., & Kraxberger, B. E. (1994). Self-presentation can be hazardous to your health: Impression management and health risk. *Health Psychology, 13*, 461–470.
- LeDoux, J. E. (1996). *The emotional brain: The mysterious underpinnings of emotional life*. New York: Simon & Schuster.
- Lee, B.-O. (2013). Ambivalence over emotional expression and symptom attribution are associated with self-reported somatic symptoms in Singaporean school adolescents. *Asian Journal of Social Psychology, 16*, 169–180.
- Lee, G. R., Seccombe, K., & Shehan, C. L. (1991). Marital status and personal happiness: An analysis of trend data. *Journal of Marriage and the Family, 53*, 839–844.
- Lee, H. E., & Park, H. S. (2011). Why Koreans are more likely to favor “apology” while Americans are more likely to favour “thank you.” *Human Communication Research, 37*, 125–146.
- Lee, J. (2009). Universals and specifics of math self-concept, math self-efficacy, and math anxiety across 41 PISA 2003 participating countries. *Learning and Individual Differences, 19*, 355–365.
- Lee, L., Kuo, Y., Fanaw, D., Perng, S., & Juang, I. (2012). The effect of an intervention combining self-efficacy theory and pedometers on promoting physical activity among adolescents. *Journal of Clinical Nursing, 21*, 914–922.
- Lee, Y.-T., & Seligman, M. E. P. (1997). Are Americans more optimistic than the Chinese? *Personality and Social Psychology Bulletin, 23*, 32–40.
- Leitner, L. M. (2003). *Honoring suffering, tragedy, and reverence: The fully human is more than positive*. Paper presented at the American Psychological Association Annual Convention, Toronto, Canada.
- Lemola, S., Räikkönen, K., Matthews, K. A., Scheier, M. F., Heinonen, K., Pesonen, A., & Lahti, J. (2010). A new measure for dispositional optimism and pessimism in young children. *European Journal of Personality, 24*, 71–84.
- Lent, R. (2004). Toward a unifying theoretical and practical perspective on well-being and psychosocial adjustment. *Journal of Counseling Psychology, 51*, 482–509.
- Leong, F. T. L., & Wong, P. T. P. (2003). Optimal human functioning from cross-cultural perspectives:

- Cultural competence as an organizing framework. In W. B. Walsh (Ed.), *Counseling psychology and optimal human functioning* (pp. 123–150). Mahwah, NJ: Lawrence Erlbaum.
- Lerner, M. (1996). *The politics of meaning*. Reading, MA: Addison-Wesley.
- Lerner, R. M., von Eye, A., Lerner, J. V., Lewin-Bizan, S., & Bowers, E. P. (2010). Special issue introduction: The meaning and measurement of thriving: A view of the issues. *Journal of Youth and Adolescence, 39*, 707–719.
- Leu, J., Wang, J., & Koo, K. (2011). Are positive emotions just as “positive” across cultures? *Emotion, 11*, 994–999.
- Levenson, M. R. (2009). Gender and wisdom: The roles of compassion and moral development. *Research in Human Development, 6*, 45–59.
- Lewandowski, G. W., & Bizzoco, N. M. (2007). Addition through subtraction: Growth following the dissolution of a low quality relationship. *Journal of Positive Psychology, 2*, 40–54. doi: 10.1080/17439760601069234
- Lewin, K. (1951). *Field theory in social science*. New York: Harper & Row.
- Lewis, R. K. (2011). Promoting positive youth development by understanding social contexts. *Journal of Prevention & Intervention in the Community, 39*, 273–276.
- Li, C. (2012). Validation of the Chinese version of the Life Orientation Test with a robust weighted least squares approach. *Psychological Assessment, 24*, 770–776.
- Lightman, E. S. (1982). Technique bias in measuring acts of altruism: The case of voluntary blood donation. *Social Science & Medicine, 16*, 1627–1633.
- Linley, P. A., & Harrington, S. (2006). Playing to your strengths. *The Psychologist, 19*, 85–89.
- Linley, P. A., & Joseph, S. (Eds.). (in press). *Positive psychology in practice*. Hoboken, NJ: Wiley.
- Lippmann, S. (2008). Rethinking risk in the new economy: Age and cohort effects on unemployment and re-employment. *Human Relations, 61*, 1259–1292. doi: 10.1177/001872670804912
- Little, B. L., & Madigan, R. M. (1997). The relationship between collective self-efficacy and performance in manufacturing work teams. *Small Group Research, 28*, 517–534.
- Liu, W. T. (1986). Culture and social support. *Research on Aging, 8*, 57–83.
- Locke, E. A. (1976). The nature and causes of job satisfaction. In M. D. Dunnette (Ed.), *Handbook of industrial and organizational psychology* (pp. 1297–1347). Chicago: Rand McNally.
- Locke, E., & Latham, G. P. (2002). Building a practically useful theory of goal setting and task motivation: A 35-year odyssey. *American Psychologist, 57*, 705–717.
- Locke, T. F., & Newcomb, M. D. (2004). Adolescent predictors of young adult and adult alcohol involvement and dysphoria in a prospective community sample of women. *Prevention Science, 5*, 151–168. doi: 10.1023/B:PREV.0000037639.78352.3c
- Long, B. C. (1993). Coping strategies of male managers: A prospective analysis of predictors of psychosomatic symptoms and job satisfaction. *Journal of Vocational Behavior, 42*, 184–199.
- Long, C. (2010). Apology in Japanese gratitude situations: The negotiation of interlocutor role-relations. *Journal of Pragmatics, 42*, 1060–1075.
- Lopes, P. N., Brackett, M. A., Nezlek, J. B., Schutz, A., Sellin, I., & Salovey, P. (2004). Emotional intelligence and social interaction. *Personality and Social Psychology Bulletin, 30*, 1018–1034.
- Lopes, P. N., Salovey, P., Cote, S., Beers, M., & Petty, R. E. (2005). Emotion regulation abilities and the quality of social interaction. *Emotion, 5*, 113–118.
- Lopes, P. N., Salovey, P., & Straus, R. (2004). Emotional intelligence, personality, and the perceived quality of social relationships. *Personality and Individual Differences, 35*, 641–658.
- Lopez, F. G. (2003). The assessment of adult attachment security. In S. J. Lopez & C. R. Snyder (Eds.), *Positive psychological assessment: A handbook of models and measures* (pp. 285–299). Washington, DC: American Psychological Association.
- Lopez, F. G., & Brennan, K. A. (2000). Dynamic processes underlying adult attachment organization: Toward an attachment-theoretical perspective on the healthy and effective self. *Journal of Counseling Psychology, 47*, 283–300.
- Lopez, S. J. (2000). *Positive psychology in the schools: Identifying and strengthening our hidden*

- resources. Unpublished manuscript, University of Kansas, Lawrence.
- Lopez, S. J. (2005). *Head, heart, holy test of hope*. Unpublished document. University of Kansas, Lawrence.
- Lopez, S. J. (2013). *Making hope happen*. New York: Atria.
- Lopez, S. J., Edwards, L. M., Magyar-Moe, J. L., Pedrotti, J. T., & Ryder, J. A. (2003). Fulfilling its promise: Counseling psychology's efforts to understand and promote optimal human functioning. In B. Walsh (Ed.), *Optimal human functioning* (pp. 297–308). Mahwah, NJ: Lawrence Erlbaum.
- Lopez, S. J., Edwards, L. M., Pedrotti, J. T., Prosser, E. C., Walton, S. L., Spalitto, S. V., & Ulven, J. C. (2006). Beyond the DSM: Assumptions, alternatives, and alterations. *Journal of Counseling & Development, 84*, 259–267.
- Lopez, S. J., Floyd, R. K., Ulven, J. C., & Snyder, C. R. (2000). Hope therapy: Helping clients build a house of hope. In C. R. Snyder (Ed.), *Handbook of hope: Theory, measures, and applications* (pp. 123–150). San Diego, CA: Academic Press.
- Lopez, S. J., Harter, J. K., Juskiewicz, P. J., & Carr, J. A. (2007). *Clifton Youth StrengthsExplore™ technical report: Development and validation*. Omaha, NE: Gallup Organization.
- Lopez, S. J., Hodges, T. D., & Harter, J. K. (2005). *Clifton StrengthsFinder technical report: Development and validation*. Omaha, NE: Gallup Organization.
- Lopez, S. J., Janowski, K. M., & Quinn, R. (2004). *KU Strengths Cardsort for Children*. Unpublished manuscript, University of Kansas, Lawrence.
- Lopez, S. J., Janowski, K. M., & Wells, K. J. (2005). *Developing strengths in college students: Exploring programs, contents, theories, and research*. Unpublished manuscript, University of Kansas, Lawrence.
- Lopez, S. J., & McKnight, C. (2002). Moving in a positive direction: Toward increasing the utility of positive youth development efforts. *Prevention and Treatment, 5*. Retrieved from <http://journals.apa.org/prevention/volume5/pre0050019c.html>
- Lopez, S. J., & Snyder, C. R. (2003). *Positive psychological assessment: A handbook of models and measures*. Washington, DC: American Psychological Association.
- Lopez, S. J., & Snyder, C. R. (2009). *Oxford handbook of positive psychology*. New York: Oxford University Press.
- Lopez, S. J., Snyder, C. R., Magyar-Moe, J. L., Edwards, L. M., Pedrotti, J. T., Janowski, K., ... Pressgrove, C. (2004). Strategies for accentuating hope. In P. A. Linley & S. Joseph (Eds.), *Positive psychology in practice* (pp. 388–404). Hoboken, NJ: Wiley.
- Lopez, S. J., Snyder, C. R., & Rasmussen, H. N. (2003). Striking a vital balance: Developing a complementary focus on human weakness and strength through Positive Psychological Assessment. *Positive psychological assessment: A handbook of models and measures* (pp. 3–20). Washington, DC: American Psychological Association.
- Lowe, N. K. (1993). Maternal confidence for labour: Development of the childbirth self-efficacy inventory. *Research in Nursing & Health, 16*, 141–149.
- Lowman, J. (1995). *Mastering the techniques of teaching* (2nd ed.). San Francisco: Jossey-Bass.
- Lu, L., & Gilmour, R. (2004). Culture and conceptions of happiness: Individual oriented and social oriented swb. *Journal of Happiness Studies, 5*, 269–291.
- Lu, L., Lin, H. Y., & Cooper, C. L. (2013). Unhealthy and present: Motives and consequences of the act of presenteeism among Taiwanese employees. *Journal of Occupational Health Psychology, 18*, 406–416.
- Lucas, R. E., Diener, E., & Suh, E. (1996). Discriminant validity of well-being measures. *Journal of Personality and Social Psychology, 71*, 616–628.
- Lucas, R. E., & Fujita, F. (2000). Factors influencing the relations between extraversion and pleasant affect. *Journal of Personality and Social Psychology, 79*, 1039–1056.
- Luke, M. A., Sedikides, C., & Carnelley, K. (2012). Your love lifts me higher! The energizing quality of secure relationships. *Personality and Social Psychology Bulletin, 38*, 721–733.
- Lukes, S. (1973). *Individualism*. Oxford, England: Basil Blackwell.

- Luthans, F., & Avolio, B. (2003). Authentic leadership: A positive development approach. In K. S. Cameron, J. E. Dutton, & R. E. Quinn (Eds.), *Positive organizational scholarship* (pp. 241–258). San Francisco: Berrett-Koehler.
- Luthans, F., Avolio, B. J., Walumbwa, F. O., & Li, W. (2005). The psychological capital of Chinese workers: Exploring the relationship with performance. *Management and Organization Review*, 1, 818–827.
- Luthans, F., Luthans, K. W., & Luthans, B. C. (2004). Positive psychological capital: Beyond human and social capital. *Business Horizons*, 47, 45–50.
- Luthans, F., & Youssef, C. M. (2004). Investing in people for competitive advantage. *Organizational Dynamics*, 33, 143–160.
- Luthar, S. S., Cicchetti, D., & Becker, B. (2000). The construct of resilience: A critical evaluation and guidelines for future work. *Child Development*, 71, 543–562.
- Lutsky, N. (1999, August). *Not on the exam: Teaching, psychology and the examined life*. Paper presented at the annual convention of the American Psychological Association, Boston, MA.
- Lutz, S. (2000). Mapping the wellsprings of a positive life: The importance of measure to the movement. *Gallup Review*, 3, 8–11.
- Lykken, D. (1999). *Happiness: The nature and nurture of joy and contentment*. New York: St. Martin's Press.
- Lynn, M., & Snyder, C. R. (2002). Uniqueness. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 395–410). New York: Oxford University Press.
- Lyubomirsky, S., Dickerhoof, R., Boehm, J. K., & Sheldon, K. M. (2011). Becoming happier takes both a will and a proper way: An experimental longitudinal intervention to boost well-being. *Emotion*, 11, 391–402.
- Lyubomirsky, S., King, L., & Diener E. (2005). The benefits of frequent positive affect: Does happiness lead to success? *Psychological Bulletin*, 131, 803–855. doi: 10.1037/0033-2909.131.6.803
- Lyubomirsky, S., & Layous, K. (2013). How do simple positive activities increase well-being? *Current Directions in Psychological Science*, 22, 57–62.
- Lyubomirsky, S., Sheldon, K. M., & Schkade, D. (2005). Pursuing happiness: The architecture of sustainable change. *Review of General Psychology*, 9, 111–131.
- Maccani, M. A., Delahanty, D. L., Nugent, N. R., & Berkowitz, S. J. (2012). Pharmacological secondary prevention of PTSD in youth: Challenges and opportunities for advancement. *Journal of Traumatic Stress*, 25, 543–550.
- Madera, J. M. (2013). Best practices in diversity management in customer service organizations: An investigation of top companies cited by Diversity, Inc. *Cornell Hospitality Quarterly*, 54, 124–135.
- Madhusoodanan, S., Ibrahim, F. A., & Malik, A. (2010). Primary prevention in geriatric psychiatry. *Annals of Clinical Psychiatry*, 22, 249–261.
- Maddux, J. E. (1991). Self-efficacy. In C. R. Snyder & D. R. Forsyth (Eds.), *Handbook of social and clinical psychology: The health perspective* (pp. 57–58). New York: Pergamon.
- Maddux, J. E. (Ed.). (1995). *Self-efficacy, adaptation, and adjustment: Theory, research, and application*. New York: Plenum.
- Maddux, J. E. (2009a). Self-efficacy: The power of believing you can. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 335–343). New York: Oxford University Press.
- Maddux, J. E. (2009b). Stopping the “madness”: Positive psychology and deconstructing the illness ideology and the DSM. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology*. (pp. 61–69). New York: Oxford University Press.
- Maddux, J. E., Brawley, L., & Boykin, A. (1995). Self-efficacy and healthy decision making: Protection, promotion, and detection. In J. E. Maddux (Ed.), *Self-efficacy, adaptation, and adjustment: Theory, research, and application* (pp. 173–202). New York: Plenum.
- Maddux, J. E., & Lewis, J. (1995). Self-efficacy and adjustment: Basic principles and issues. In J. E. Maddux (Ed.), *Self-efficacy, adaptation, and adjustment: Theory, research, and application* (pp. 37–68). New York: Plenum.
- Maddux, J. E., & Mundell, C. E. (1999). Disorders of personality: Diseases or individual differences? In V. J. Derlega, B. A. Winstead, & W. H. Jones (Eds.), *Personality: Contemporary*

- theory and research* (pp. 541–571). Chicago: Nelson-Hall.
- Maddux, J. E., Snyder, C. R., & Lopez, S. (2004). Toward a positive clinical psychology: Deconstructing the illness ideology and constructing an ideology of happiness and human strengths. In P. A. Linley & S. Joseph (Eds.), *Positive psychology in practice* (pp. 320–334). Hoboken, NJ: Wiley.
- Maeran, R., & Cangiano, F. (2013). Flow experience and job characteristics: Analyzing the role of flow in job satisfaction. *TPM-Testing, Psychometrics, Methodology in Applied Psychology*, *20*, 13–26.
- Magnuson, C. D., & Barnett, L. A. (2013). The playful advantage: How playfulness enhances coping with stress. *Leisure Sciences*, *35*, 129–144.
- Magyar-Moe, J. L. (2014). Infusing multiculturalism and positive psychology in psychotherapy. In J. T. Pedrotti, & L. M. Edwards (Eds.) *Perspectives on the intersection of multiculturalism and positive psychology* (pp. 235–249). New York: Springer Science + Business Media.
- Mahan, B. B., Garrard, W. M., Lewis, S. E., & Newbrough, J. R. (2002). Sense of community in a university setting. In A. T. Fisher, C. C. Sonn, & B. J. Bishop (Eds.), *Psychological sense of community: Research, applications, and implications* (pp. 123–140). New York: Kluwer/Plenum.
- Mahoney, A., Pargament, K. I., Cole, B., Jewell, T., Magyar, G. M., Tarakeshwar, N., et al. (2005). A higher purpose: The sanctification of strivings in a community sample. *International Journal for the Psychology of Religion*, *15*, 239–262.
- Mahoney, A., Pargament, K. I., Jewell, T., Swank, A. B., Scott, E., Emery, E., et al. (1999). Marriage and the spiritual realm: The role of proximal and distal religious constructs in marital functioning. *Journal of Family Psychology*, *13*, 321–338.
- Mahoney, J. L., Cairns, B. D., & Farmer, T. W. (2003). Promoting interpersonal competence and educational success through extracurricular activity participation. *Journal of Education Psychology*, *95*, 409–418. doi: 10.1037/0022-0663.95.2.409
- Maier, S. F., Laudenslager, M. L., & Ryan, S. M. (1985). Stressor controllability, immune function, and endogenous opiates. In F. R. Brush & J. B. Overmier (Eds.), *Affect, conditioning, and cognition: Essays on the determinants of behavior* (pp. 183–201). Hillsdale, NJ: Lawrence Erlbaum.
- Main, M., & Goldwyn, R. (1984). *Adult attachment scoring and classification system*. Unpublished manuscript, University of California at Berkeley.
- Main, M., & Goldwyn, R. (1998). *Adult attachment interview scoring and classification system*. Unpublished manuscript, University of California at Berkeley.
- Malgady, R. G., Rogler, L. H., & Costantino, G. (1990). Culturally sensitive psychotherapy for Puerto Rican children and adolescents: A program of treatment outcome research. *Journal of Consulting and Clinical Psychology*, *58*, 704–712.
- Mandler, G. (1975). *Mind and emotion*. New York: Wiley.
- Mansbridge, J. J. (Ed.). (1990). *Beyond self-interest*. Chicago: University of Chicago Press.
- Mares, M., Braun, M. T., & Hernandez, P. (2012). Pessimism and anxiety: Effects of tween sitcoms on expectations and feelings about peer relationships in school. *Media Psychology*, *15*, 121–147.
- Marjoribanks, K. (1991). Sex composition of family sibships and family learning environments. *Psychological Reports*, *69*, 97–98.
- Markus, H. R., & Kitayama, S. (1991). Culture and self: Implications for cognition, emotion and motivation. *Psychological Review*, *98*, 224–253.
- Marques, S. C., Lopez, S. J., & Mitchell, J. (2013). The role of hope, spirituality, and religious practice in adolescents' life satisfaction: Longitudinal findings. *Journal of Happiness Studies*, *14*, 251–261.
- Marques, S. C., Pais-Ribeiro, J. L., & Lopez, S. J. (2009). Validation of a Portuguese version of the Children's Hope Scale. *School Psychology International*, *30*, 538–551.
- Marston, P. J., Hecht, M. L., & Robers, T. (1987). "True love ways": The subjective experience and communication of romantic love. *Journal of Social and Personal Relationships*, *4*, 387–407.
- Martin, A. J. (2011). Courage in the classroom: Exploring a new framework predicting academic performance and engagement. *School Psychology Quarterly*, *26*, 145–160.

- Martin, R. (2004, May 21). Wisdom difficult to define, attain. *Lawrence Journal-World*. Retrieved from <http://www.news.ku.edu/> archive
- Maslach, C. (1982). *Burnout—The cost of caring*. Englewood Cliffs, NJ: Prentice Hall.
- Maslach, C., & Jackson, S. E. (1981). The measurement of experienced burnout. *Journal of Occupational Behavior*, 2, 99–113.
- Maslow, A. (1954). *Motivation and personality*. New York: Harper.
- Maslow, A. (1970). *Motivation and personality*. New York: Harper & Row.
- Massimini, F., & Carli, M. (1988). The systematic assessment of flow in daily experience. In M. Csikszentmihalyi & I. Csikszentmihalyi (Eds.), *Optimal experience* (pp. 266–287). Cambridge, England: Cambridge University Press.
- Massimini, F., Csikszentmihalyi, M., & Carli, M. (1987). The monitoring of optimal experience: A tool for psychiatric rehabilitation. *Journal of Nervous and Mental Disease*, 175(9), 545–549.
- Masten, A. S. (1999). Resilience comes of age: Reflections on the past and outlook for the next generation of research. In M. D. Glantz, J. Johnson, & L. Huffman (Eds.), *Resilience and development: Positive life adaptations* (pp. 282–296). New York: Plenum.
- Masten, A. S. (2001). Ordinary magic: Resilience process in development. *American Psychologist*, 56, 227–239.
- Masten, A. S., Cutuli, J. J., Herbers, J. E., & Reed, M. J. (2009). Resilience in development. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 117–131). New York: Oxford University Press.
- Masten, A. S., & Garmezy, N. (1985). Risk, vulnerability, and protective factors in the developmental psychopathology. In B. B. Lahey & A. E. Kazdin (Eds.), *Advances in clinical child psychology*. (Vol. 8, pp. 1–51). New York: Plenum.
- Masterson, J. (1981). *The narcissistic and borderline disorders*. New York: Brunner/Mazel.
- Mathers, C. D., & Schofield, D. J. (1998). The health consequences of unemployment: The evidence. *Medical Journal of Australia*, 168, 178–182.
- Matsumoto, D., Kudoh, T., & Takeuchi, S. (1996). Changing patterns of individualism and collectivism in the United States and Japan. *Culture and Psychology*, 2, 77–107.
- Matsushita, M., Adachi, H., Arakida, M., Namura, I., Takahashi, Y., Miyata, M.,... Sugita, Y. (2011). Presenteeism in college students: Reliability and validity of the Presenteeism Scale for Students. *Quality of Life Research: An International Journal of Quality of Life Aspects of Treatment, Care, & Rehabilitation*, 20, 439–446.
- Matthews, K. A., Batson, C. D., Horn, J., & Rosenman, R. H. (1981). “Principles in his nature which interest him in the fortune of others . . .”: The heritability of empathic concern for others. *Journal of Personality*, 49, 237–247.
- Mayer, J. (2005). *Who is emotionally intelligent—And does it matter?* Retrieved from http://www.unh.edu/emotional_intelligence/
- Mayer, J. D., DiPaolo, M. T., & Salovey, P. (1990). Perceiving affective content of ambiguous visual stimuli: A component of emotional intelligence. *Journal of Personality Assessment*, 54, 772–781.
- Mayer, J. D., & Salovey, P. (1997). What is emotional intelligence? In P. Salovey & D. Sluyter (Eds.), *Emotional development and emotional intelligence: Implications for educators* (pp. 3–31). New York: Basic Books.
- Mayer, J. D., Salovey, P., & Caruso, D. (2001). *The Mayer-Salovey-Caruso Emotional Intelligence Test (MSCEIT)*. Toronto, Ontario: Multi-Health Systems, Inc.
- Mayer, J. D., Salovey, P., & Caruso, D. (2002). *The Mayer-Salovey-Caruso Emotional Intelligence Test (MSCEIT), 2.0*. Toronto, Ontario: Multi-Health Systems, Inc.
- Mayer, J. D., Salovey, P., & Caruso, D. (2004). Emotional intelligence: Theory, findings, and implications. *Psychological Inquiry*, 15, 197–215.
- Mayne, T. J., & Bonanno, G. A. (Eds.). (2001). *Emotions: Current issues and future directions*. New York: Guilford Press.
- McCarthy, G., & Maughan, B. (2010). Negative childhood experiences and adult love relationships: The role of internal working models of attachment. *Attachment & Human Development*, 12, 445–461.
- McClelland, D. C., Atkinson, J. W., Clark, R. W., & Lowell, E. L. (1953). *The achievement motive*. New York: Appleton-Century-Crofts.

- McCrae, R. R., & Costa, P. T. (1987). Validation of the five-factor model of personality across instruments and observers. *Journal of Personality and Social Psychology, 52*, 81–90.
- McCraty, R. (2002). Influence of cardiac afferent input on heart-brain synchronization and cognitive performance. *International Journal of Psychophysiology, 45*, 72–73.
- McCraty, R., & Atkinson, M. (2003). *Psychophysiological coherence*. Boulder Creek, CA: HeartMath Research Center, Institute of HeartMath, Publication No. 03–016.
- McCraty, R., & Childre, D. (2004). The grateful heart: The psychophysiology of appreciation. In R. A. Emmons & M. E. McCullough (Eds.), *The psychology of gratitude* (pp. 230–255). New York: Oxford University Press.
- McCullough, M. E. (2000). Forgiveness as a human strength: Theory, measurement, and links to well-being. *Journal of Social and Clinical Psychology, 19*, 43–55.
- McCullough, M. E., Emmons, R. A., & Tsang, J. (2002). The grateful disposition: A conceptual and empirical topography. *Journal of Personality and Social Psychology, 82*, 112–127.
- McCullough, M. E., Kilpatrick, S., Emmons, R. A., & Larson, D. (2001). Is gratitude a moral affect? *Psychological Bulletin, 127*, 249–266.
- McCullough, M. E., Pargament, K. I., & Thoresen, C. E. (Eds.). (2000a). *Forgiveness: Theory, research, and practice*. New York: Guilford Press.
- McCullough, M. E., Pargament, K. I., & Thoresen, C. E. (2000b). The psychology of forgiveness: History, conceptual issues, and overview. In M. E. McCullough, K. I. Pargament, & C. E. Thoresen (Eds.), *Forgiveness: Theory, research, and practice* (pp. 1–14). New York: Guilford Press.
- McCullough, M. E., Rachal, K. C., Sandage, S. J., Worthington, E. L., Jr., Brown, S. W., & Hight, T. L. (1998). Interpersonal forgiving in close relationships: II. Theoretical elaboration and measurement. *Journal of Personality and Social Psychology, 75*, 1586–1603.
- McCullough, M. E., Tsang, J., & Emmons, R. A. (2004). Gratitude in intermediate affective terrain: Links of grateful moods to individual differences and daily emotional experience. *Journal of Personality and Social Psychology, 86*, 295–309.
- McCullough, M. E., Worthington, E. L., Jr., & Rachal, K. C. (1997). Interpersonal forgiving in close relationships. *Journal of Personality and Social Psychology, 73*, 321–336.
- McDermott, D., Hastings, S., Gariglietti, K. P., Gingerich, K., Callahan, B., & Diamond, K. (1996, April). *Fostering hope in the classroom*. Paper presented at the meeting of the Kansas Counseling Association, Salina, KS.
- McDermott, D., & Snyder, C. R. (1999). *Making hope happen: A workbook for turning possibilities into realities*. Oakland, CA: New Harbinger.
- McDermott, D., & Snyder, C. R. (2000). *The great big book of hope*. Oakland, CA: New Harbinger.
- McDermott, P. A. (1980). Congruence and typology of diagnoses in school psychology: An empirical study. *Psychology in the Schools, 17*, 12–24.
- McDougall, D., & Granby, C. (1996). How expectation of questioning method affects undergraduates' preparation for class. *Journal of Experimental Education, 65*, 43–54.
- McFarland, M. J., Smith, C. A., Toussaint, L., & Thomas, P. A. (2012). Forgiveness of others and health: Do race and neighborhood matter? *The Journals of Gerontology: Series B: Psychological Sciences and Social Sciences, 67B*, 66–75.
- McGorry, P. (2012). Early intervention in the Asian century. *Asian Journal of Psychiatry, 5*, 106–107.
- McKay, J., & Greengrass, M. (2003). People. *Monitor, 34*, 87.
- McKeachie, W. J. (2002). Ebbs, flows, and progress in the teaching of psychology. In S. F. Davis & W. Buskist (Eds.), *The teaching of psychology: Essays in honor of Wilbert J. McKeachie and Charles L. Brewer* (pp. 487–498). Mahwah, NJ: Lawrence Erlbaum.
- McKiernan, P., Cloud, R., Patterson, D. A., Golder, S., & Besel, K. (2011). Development of a brief abstinence self-efficacy measure. *Journal of Social Work Practice in the Addictions, 11*, 245–253.
- McMillan, D. W., & Chavis, D. M. (1986). Sense of community: A definition and theory. *Journal of Community Psychology, 14*, 6–23.
- McMillan, L. H. W., O'Driscoll, M. P., Marsh, N. V., & Brady, E. C. (2001). Understanding workaholism: Data synthesis, theoretical critique, and future design strategies. *International Journal of Stress Management, 8*, 69–91.

- McNeal, R. E. (1998). Pre- and post-treatment hope in children and adolescents in residential treatment: A further analysis of the effects of the teaching family model. *Dissertation Abstracts International*, 59(5-B), 2425.
- McNeely, C. A., & Barber, B. (2010). How do parents make adolescents feel loved? Perspectives on supportive parenting from adolescents in 12 cultures. *Journal of Adolescent Research*, 25, 601–631.
- McNulty, J. K. (2011). The dark side of forgiveness: The tendency to forgive predicts continued psychological and physical aggression in marriage. *Personality and Social Psychology Bulletin*, 37, 770–783.
- Meehl, P. (1975). Hedonic capacity: Some conjectures. *Bulletin of the Menninger Clinic*, 39, 295–307.
- Meichenbaum, D. H. (1977). *Cognitive-behavior modification: An integrative approach*. New York: Plenum.
- Mendoza, N. S., Walitzer, K. S., & Connors, G. J. (2012). Use of treatment strategies in a moderated drinking program for women. *Addictive Behaviors*, 37, 1054–1057.
- Menninger, K., Mayman, M., & Pruyser, P. W. (1963). *The vital balance*. New York: Viking Press.
- Merrill, R. M., Aldana, S. G., Pope, J. E., Anderson, D. R., Coberley, C. R., & Whitmer, R. W. (2012). Presenteeism according to healthy behaviors, physical health, and work environment. *Population Health Management*, 15, 293–301.
- Metalsky, G. I., Halberstadt, J., & Abramson, L. Y. (1987). Vulnerability to depressive mood reactions: Toward a more powerful test of the diathesis-stress and causal mediation components of the reformulated theory of depression. *Journal of Personality and Social Psychology*, 52, 386–393.
- Metheny, J., & McWhirter, E. H. (2013). Contributions of social status and family support to college students' career decision self-efficacy and outcome expectations. *Journal of Career Assessment*, 21, 378–394.
- Michael, S. T., & Snyder, C. R. (2005). Getting unstuck: The rules of hope, finding meaning, and rumination in adjustment to bereavement among college students. *Journal of Death Studies*, 29, 435–458.
- Miller, A. J., & Worthington, E. L., Jr. (2010). Sex differences in forgiveness and mental health in recently married couples. *The Journal of Positive Psychology*, 5, 12–23.
- Miller, D. N., Nickerson, A. B., & Jimerson, S. R. (2009). Positive psychology and school-based interventions. In R. Gilman, E. S. Huebner, & M. J. Furlong (Eds.), *Handbook of positive psychology in schools* (pp. 293–304). New York: Routledge/Taylor & Francis Group.
- Miller, D. R. (1963). The study of social relationships: Situation, identity, and social interaction. In S. Koch (Ed.), *Psychology: A study of science* (Vol. 5, pp. 639–737). New York: McGraw-Hill.
- Miller, D. T. (1999). The norm of self-interest. *American Psychologist*, 54, 1053–1060.
- Miller, J. G. (1994). Cultural diversity in the morality of caring: Individually oriented versus duty-oriented interpersonal scales. *Cross-Cultural Research*, 28, 3–39.
- Miller, M. J., Yang, M., Farrell, J. A., & Lin, L. (2011). Racial and cultural factors affecting the mental health of Asian Americans. *American Journal of Orthopsychiatry*, 81, 489–497.
- Miller, N. E. (1944). Experimental studies of conflict. In J. M. Hunt (Ed.), *Personality and behavior disorders* (Vol. 1, pp. 431–465). New York: Ronald Press.
- Miller, T. (1995). *How to want what you have: Discovering the magic and grandeur of ordinary existence*. New York: Avon Books.
- Mio, J. S., Barker, L. A., & Tumambing, J. (2009). *Multicultural psychology: Understanding our diverse communities*. New York: McGraw-Hill.
- Miranda, J., Bernal, G., Lau, A., Kohn, L., Hwang, W. C., & LaFromboise, T. (2005). State of the science on psychosocial interventions for ethnic minorities. *Annual Review of Clinical Psychology*, 1, 113–142.
- Mischel, W. (1979). On the interface of cognition and personality: Beyond the person–situation debate. *American Psychologist*, 34, 740–754.
- Mitchell, N. (2003). Interview with Nobel Laureate Daniel Kahneman: Toward a science of well-being. Retrieved from <http://www.abc.net.au/rn/science/mind/s923773.htm>
- Miyake, K., Chen, S. J., & Campos, J. J. (1985). Infant temperament, mother's mode of interaction, and attachment in Japan: An interim report. In

- I. Bretherton & E. Waters (Eds.), Growing points of attachment theory and research. *Monographs of the Society for Research in Child Development*, 50, 276–297.
- Mohr, S., Perroud, N., Gillieron, C., Brandt, P. Y., Rieben, I., Borrás, L., & Huguelet, P. (2011). Spirituality and religiousness as predictive factors of outcome in schizophrenia and schizo-affective disorders. *Psychiatry Research*, 186, 177–182.
- Moneta, G. B. (2004a). The flow experience across cultures. *Journal of Happiness Studies*, 5, 115–121.
- Moneta, G. B. (2004b). The flow model of intrinsic motivation in Chinese: Cultural and personal moderators. *Journal of Happiness Studies*, 5, 181–217.
- Moorhead, H. J. H., Gill, C., Minton, C. A. B., & Myers, J. E. (2012). Forgive and forget? Forgiveness, personality, and wellness among counselors-in-training. *Counseling and Values*, 57, 81–95.
- Moraitou, D., & Efklides, A. (2012). The Wise Thinking and Acting Questionnaire: The cognitive facet of wisdom and its relation with memory, affect, and hope. *Journal of Happiness Studies*, 13, 849–873.
- Morimoto, T., Matsuyama, K., Ichihara-Takeda, S., Murakami, R., & Ikeda, N. (2012). Influence of self-efficacy on the interpersonal behaviour of schizophrenia patients undergoing rehabilitation in psychiatric day-care services. *Psychiatry and Clinical Neurosciences*, 66, 203–209.
- Morris, M. W., & Peng, K. (1994). Culture and cause: American and Chinese attributions for social and physical events. *Journal of Personality and Social Psychology*, 67, 949–971.
- Motl, R. W., McAuley, E., Wynn, D., Sandroff, B., & Suh, Y. (2013). Physical activity, self-efficacy, and health-related quality of life in persons with multiple sclerosis: Analysis of associations between individual-level changes over one year. *Quality of Life Research: An International Journal of Quality of Life Aspects of Treatment, Care, & Rehabilitation*, 22, 253–261.
- Mowrer, O. H. (1960). *Learning theory and behavior*. New York: Wiley.
- Mrazek, P. J., & Haggerty, R. J. (1994). *Reducing risks for mental disorders: Frontiers for preventive intervention research*. Washington, DC: National Academy Press.
- Mundy, L. (2012). *The richer sex: How the new majority of female breadwinners is transforming sex, love, and family*. New York: Simon & Schuster.
- Munoz, R. F., & Mendelson, T. (2004). Prevention of mental disorders. In W. E. Craighead & C. B. Neroff (Eds.), *The Corsini concise encyclopedia of psychology and behavioral science* (pp. 724–725). New York: Wiley.
- Murata, A., Moser, J. S., & Kitayama, S. (2013). Culture shapes electrocortical responses during emotion suppression. *Social Cognitive and Affective Neuroscience*, 8, 595–601.
- Muris, P., Mayer, B., & Schubert, T. (2010). “You might belong in Gryffindor”: Children’s courage and its relationships to anxiety symptoms, Big Five personality traits, and sex roles. *Child Psychiatry and Human Development*, 41, 204–213.
- Murnane, R. J., & Steele, J. L. (2007). What is the problem? The challenge of providing effective teachers for all children. *The Future of Children*, 17, 15–43.
- Mutrie, N., & Faulkner, G. (2004). Physical activity: Positive psychology in motion. In P. A. Linley & S. Joseph (Eds.), *Positive psychology in practice* (pp. 146–164). Hoboken, NJ: Wiley.
- Myers, D. (1993). *The pursuit of happiness*. New York: Avon Books.
- Myers, D. G. (1992). *The pursuit of happiness*. New York: Morrow.
- Myers, D. G. (1993). *The pursuit of happiness*. New York: HarperCollins.
- Myers, D. G. (2000). The funds, friends, and faith of happy people. *American Psychologist*, 55, 56–67.
- Myers, D. G. (2004). Human connections and the good life: Balancing individuality and community in public policy. In P. A. Linley & S. Joseph (Eds.), *Positive psychology in practice* (pp. 641–657). Hoboken, NJ: Wiley.
- Myers, D. G. (2012). Reflections on religious belief and prosociality: Comment on Galen (2012). *Psychological Bulletin*, 138, 913–917.
- Nakamura, J., & Csikszentmihalyi, M. (2009). Flow theory and research. In S. J. Lopez & C. R. Snyder

- (Eds.), *Oxford handbook of positive psychology* (pp. 195–206). New York: Oxford University Press.
- Napolitano, C. M., Bowers, E. P., Gestsdottir, S., Depping, M., von Eye, A., Chase, P., & Lerner, J. V. (2011). The role of parenting and goal selection in positive youth development: A person-centered approach. *Journal of Adolescence, 34*, 1137–1149.
- National Organization for Women. (2012). Violence against women in the United States: Statistics. *National Organization for Women*. Retrieved from <https://www.now.org/issues/violence/stats.html>
- Nebelkopf, E., King, J., Wright, S., Schweigman, K., Lucero, E., Habte-Michael, T., & Cervantes, T. (2011). Growing roots: Native American evidence-based practices. *Journal of Psychoactive Drugs, 43*, 263–268.
- Negy, C., Shreve, T. L., Jensen, B. J., & Uddin, N. (2003). Ethnic identity, self-esteem, and ethnocentrism: A study of social identity versus multicultural theory of development. *Cultural Diversity and Ethnic Minority Psychology, 9*, 333–344.
- Nelson, K., & Tom, N. (2011). Evaluation of substance abuse, HIV and hepatitis prevention initiative for urban Native Americans: The Native Voices Program. *Journal of Psychoactive Drugs, 43*, 349–354.
- Newberg, A. B., d'Aquili, E. G., Newberg, S. K., & deMarici, V. (2000). The neuropsychological correlates of forgiveness. In M. E. McCullough, K. I. Pargament, & C. E. Thoresen (Eds.), *Forgiveness: Theory, research, and practice* (pp. 91–110). New York: Guilford Press.
- Newbrough, J. R. (1995). Toward community: A third position. *American Journal of Community Psychology, 23*, 9–31.
- Newton, N. A., Brauer, D., Gutmann, D. L., & Grunes, J. (1986). Psychodynamic therapy with the aged: A review. *Clinical Gerontologist, 5*, 205–229.
- Nickell, G. S. (1998, August). *The Helping Attitude Scale*. Paper presented at the American Psychological Association Convention, San Francisco.
- Niederhoffer, K. G., & Pennebaker, J. W. (2002). Sharing one's story: On the benefits of writing or talking about emotional experience. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 573–583). New York: Oxford University Press.
- Nisbett, R. E. (2003). *The geography of thought: How Asians and Westerners think differently . . . and why*. New York: Free Press.
- Nisbett, R. E., Caputo, C., Legant, P., & Maracek, J. (1973). Behavior as seen by the actor and as seen by the observer. *Journal of Personality and Social Psychology, 27*, 154–164.
- Nolen-Hoeksema, S. (1987). Sex differences in depression: Theory and evidence. *Psychological Bulletin, 101*, 259–282.
- Nolen-Hoeksema, S. (2000). Growth and resilience among bereaved people. In J. Gillham (Ed.), *The science of optimism and hope* (pp. 107–127). Philadelphia: Templeton Foundation Press.
- Norcross, J. C., & Prochaska, J. O. (1986). The psychological distress and self-change of psychologists, counselors, and laypersons. *Psychotherapy, 23*, 102–114.
- Noricks, J. S., Atgler, L. H., Bartholomew, M., Howard-Smith, S., Martin, D., Pyles, S., & Shapiro, W. (1987). Age, abstract thinking, and the American concept of person. *American Anthropologist, 89*, 667–675.
- Norton, P. J., & Weiss, B. J. (2009). The role of courage on behavioral approach in a fear-eliciting situation: A proof-of-concept pilot study. *Journal of Anxiety Disorders, 23*, 212–217. doi: 10.1016/j.janxdis.2008.07.002
- Nussbaum, M. (2001). *Upheavals of thought: The intelligence of emotions*. London: Cambridge University Press.
- Oatley, K., & Jenkins, J. M. (1992). Human emotion: Function and dysfunction. *Annual Review of Psychology, 43*, 55–86.
- Obama, B. (2004, July 27). Keynote speech. Democratic National Convention. Retrieved from <http://www.2004dnc.com/barackobamaspeech/>
- Obeysekere, G. (1995). Depression, Buddhism, and the work of culture in Sri Lanka. In A. Kleinman & B. Good (Eds.), *Culture and depression: Studies in the anthropology and cross-cultural psychiatry of affect and behavior* (pp. 134–152). Berkeley: University of California Press.

- O'Brien, K. M. (2003). Measuring career self-efficacy: Promoting confidence and happiness at work. In S. J. Lopez & C. R. Snyder (Eds.), *Positive psychological assessment: A handbook of models and measures* (pp. 109–126). Washington, DC: American Psychological Association.
- O'Brien, K. M., Heppner, M. J., Flores, L. Y., & Bikos, L. H. (1997). The Career Counseling Self-Efficacy Scale: Instrument development and training applications. *Journal of Counseling Psychology, 44*, 20–31.
- O'Byrne, K. K., Lopez, S. J., & Petersen, S. (2000, August). *Building a theory of courage: A precursor to change?* Paper presented at the 108th Annual Convention of the American Psychological Association, Washington, DC.
- O'Connor, R., Hallam, R., & Rachman, S. (1985). Fearlessness and courage: A replication experiment. *British Journal of Psychology, 76*, 187–197.
- Oda, R., Hiraishi, K., Fukukawa, Y., & Matsumoto-Oda, A. (2011). Human prosociality in altruism niche. *Journal of Evolutionary Psychology, 9*, 283–293.
- Odom, E. C., & Vernon-Feagans, L. (2010). Buffers of racial discrimination: Links with depression among rural African American mothers. *Journal of Marriage and Family, 72*, 346–359.
- Office of the Governor. (2009, July 28). *Gov. Schwarzenegger highlights increased volunteerism in the golden state*. Retrieved from <http://gov.ca.gov/press-release/12905/>
- Ojeda, L., Piña-Watson, B., Castillo, L. G., Castillo, R., Khan, N., & Leigh, J. (2012). Acculturation, enculturation, ethnic identity, and conscientiousness as predictors of Latino boys' and girls' career decision self-efficacy. *Journal of Career Development, 39*, 208–228.
- Okano, K.-I. (1994). Shame and social phobia: A transcultural viewpoint. *Bulletin of the Menninger Clinic, 58*, 323–338.
- Oldham, J. M., & Morris, L. B. (1995). *New personality self-portrait: Why you think, work, love, and act the way you do*. New York: Bantam Books.
- O'Leary, A., & Brown, S. (1995). Self-efficacy and the physiological stress response. In J. E. Maddux (Ed.), *Self-efficacy, adaptation, and adjustment: Theory, research, and application* (pp. 227–248). New York: Plenum.
- Olson, S. L., Sameroff, A. J., Landsford, J. E., Sexton, H., Davis-Kean, P., Bates, J. E.,...Petit, G. S. (2013). Deconstructing the externalizing spectrum: Growth patterns of overt aggression, covert aggression, oppositional behavior, impulsivity/inattention, and emotion dysregulation between school entry and early adolescence. *Development and Psychopathology, 25*, 817–842.
- Ong, A. D., & van Dulmen, M. H. M. (2007). *Oxford handbook of methods in positive psychology*. New York: Oxford University Press.
- Ong, A. D., & Zautra, A. J. (2009). Modeling positive human health: From covariance structures to dynamic systems. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 97–104). New York: Oxford University Press.
- Opler, M., Sodhi, D., Zaveri, D., & Madhusoodanan, S. (2010). Primary psychiatric prevention in children and adolescents. *Annals of Clinical Psychiatry, 22*, 220–234.
- Ortony, A., Clore, G. L., & Collins, A. (1988). *The cognitive structure of emotions*. New York: Cambridge University Press.
- Orwoll, L. (1989). Wisdom in later adulthood: Personality and life history correlates. *Dissertation Abstracts International, 49*, 5054.
- Orwoll, L., & Achenbaum, W. A. (1993). Gender and the development of wisdom. *Human Development, 36*, 274–296.
- Ory, M. G., & Cox, M. (1994). Forging ahead: Linking health and behavior to improve quality of life in older people. *Social Indicator Research, 33*, 89–120.
- Outten, R. H., Schmitt, M. T., Garcia, D. M., & Branscombe, N. R. (2009). Coding options: Missing links between minority group identification and psychological well-being. *Applied Psychology: An International Review, 58*, 146–170. doi: 10.1111/j.1464-0597.2008.00386.x
- Ouweneel, E., Le Blanc, P. M., & Schaufeli, W. B. (2013). Do-it-yourself: An online positive psychology intervention to promote positive emotions, self-efficacy, and engagement at work. *The Career Development International, 18*, 173–195.
- Oyama, H., Sakashita, T., Hojo, K., Ono, Y., Watanabe, N., Takizawa, T.,...Tanaka, E. (2010). A community-based survey screening for

- depression in the elderly: The short-term effect on suicide risk in Japan. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 31, 100–108.
- Oyserman, D., Coon, H. M., & Kemmelmeier, M. (2002). Rethinking individualism and collectivism: Evaluation of theoretical assumptions and meta-analyses. *Psychological Bulletin*, 128, 3–72.
- Paez, D., Velasco, C., & Gonzales, J. L. (1999). Expressive writing and the role of alexithymia as a dispositional deficit in self-disclosure and psychological health. *Journal of Personality and Social Psychology*, 77, 630–641.
- Palmer, A. (2003, November). In brief: Positive emotion styles linked to the common cold. *The Monitor in Psychology*, 34(10), 16.
- Palmer, S. (1970). *Deviance and conformity: Roles, situations, and reciprocity*. New Haven, CT: College and University Press.
- Panter-Brick, C., Rowley-Conwy, P., & Layton, R. H. (Eds.). (2001). *Hunter-gatherers: An interdisciplinary perspective*. New York: Cambridge University Press.
- Pargament, K. I. (1997). *The psychology of religion and coping: Theory, research, practice*. New York: Guilford Press.
- Pargament, K. I., & Mahoney, A. (2009). Spirituality: The search for the sacred. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 611–620). New York: Oxford University Press.
- Parham, T. A., White, J. L., & Ajamu, A. (1999). *The psychology of Blacks: An African centered perspective* (3rd ed.). Englewood Cliffs, NJ: Prentice Hall.
- Park, H. S., & Lee, H. E. (2012). Cultural differences in 'thank you.' *Journal of Language and Social Psychology*, 31, 138–156.
- Park, N., Peterson, C., & Seligman, M. E. P. (2006). Character strengths in fifty-four nations and the fifty US states. *Journal of Positive Psychology*, 1, 118–129. doi: 10.1080/17439760600619567
- Parker, D. (1929, November). Interview with Ernest Hemingway. *The New Yorker*, 30, n.p.
- Pascual-Leone, J. (1990). An essay on wisdom: Toward organismic processes that make it possible. In R. J. Sternberg (Ed.), *Wisdom: Its nature, origins, and development* (pp. 244–278). New York: Cambridge University Press.
- Pasupathi, M., Staudinger, U., & Baltes, P. B. (1999). *The emergence of wisdom-related knowledge and judgment during adolescence*. Berlin, Germany: Max Planck Institute for Human Development.
- Pavot, W., & Diener, E. (2008). The satisfaction with life scale and the emerging construct of life satisfaction. *Journal of Positive Psychology*, 3, 137–152. doi: 10.1080/17439760701756946
- Payne, B. P. (1977). The older volunteer: Social role continuity and development. *The Gerontologist*, 29, 710–711.
- Paz, R., Neto, F., & Mullet, E. (2008). Forgiveness: A China-Western Europe comparison. *Journal of Psychology*, 142, 147–157.
- Pedrotti, J. T. (2012). Broadening perspectives: Strategies to infuse multiculturalism into a positive psychology course. *Journal of Positive Psychology*, 6, 506–513.
- Pedrotti, J. T. (2013a). Positive psychology, social class, and counseling. In W. M. Liu (Ed.) *Handbook of social class* (pp. 131–143). New York: Oxford University Press.
- Pedrotti, J. T. (2013b). Culture and identity: Integrating an understanding of cultural context into a discussion of positive traits. In J. J. Froh & A. C. Parks (Eds.), *Activities for teaching positive psychology: A guide for instructors* (pp. 41–44). Washington, DC: American Psychological Association.
- Pedrotti, J. T. (2014, January). Shifting the lens: Including culture in discussions of positive psychology. Keynote address presented at the meeting of the Asian Pacific Conference on Applied Positive Psychology, Hong Kong.
- Pedrotti, J. T. (2014) Taking culture into account with psychological interventions. In A. C. Parks (Ed.), *The Wiley-Blackwell handbook of positive psychological interventions*. West Sussex, London: Wiley Blackwell Publishing.
- Pedrotti, J. T., & Edwards, L. M. (2009). The intersection of positive psychology and multiculturalism in counseling. In J. G. Ponterotto, J. M. Casas, L. A. Suzuki, & C. M. Alexander (Eds.), *Handbook of multicultural counseling* (3rd ed., pp. 165–174). Thousand Oaks, CA: Sage.

- Pedrotti, J. T., & Edwards, L. M. (2010). The intersection of positive psychology and multiculturalism in counseling. In J. G. Ponterotto, J. M. Casas, L. A. Suzuki, & C. M. Alexander (Eds.), *Handbook of multicultural counseling* (3rd ed., pp. 165–174). Thousand Oaks, CA: Sage.
- Pedrotti, J. T., & Edwards, L. M. (Eds.). (2014). *Perspectives on the intersection of multiculturalism and positive psychology*. New York: Springer Science + Business Media.
- Pedrotti, J. T., Edwards, L. M., & Lopez, S. J. (2009). Positive psychology within a cultural context. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 49–57). New York: Oxford University Press.
- Pedrotti, J. T., & Sweatt, L. I. (2007, August). *Effects of a multicultural course on undergraduate students*. Poster session presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Pennebaker, J. W. (1989). Confession, inhibition, and disease. In L. Berkowitz (Ed.), *Advances in experimental social psychology* (Vol. 22, pp. 211–244). New York: Academic Press.
- Pennebaker, J. W. (1997). *Opening up: The healing power of expressing emotions* (Rev. ed.). New York: Guilford Press.
- Perrone, K. M., Wright, S. L., & Jackson, Z. V. (2009). Traditional and nontraditional gender roles and work–family interface for men and women. *Journal of Career Development, 36*, 8–24.
- Perry, S. K. (1999). *Writing in flow*. Cincinnati, OH: Writer's Digest Books.
- Peters, R. M. (2006). The relationship of racism, chronic stress emotions, and blood pressure. *Journal of Nursing Scholarship, 38*, 234–340.
- Peterson, C. (2000). Optimistic explanatory style and health. In J. Gillham (Ed.), *The science of optimism and hope* (pp. 145–162). Philadelphia: Templeton Foundation Press.
- Peterson, C., & Barrett, L. (1987). Explanatory style and academic performance among university freshmen. *Journal of Personality and Social Psychology, 53*, 603–607.
- Peterson, C., Bettes, B. A., & Seligman, M. E. P. (1985). Depressive symptoms and unprompted causal attributions: Content analysis. *Behavior Research and Therapy, 23*, 379–382.
- Peterson, C., Maier, S. F., & Seligman, M. E. P. (1993). *Learned helplessness: A theory for the age of personal control*. New York: Oxford University Press.
- Peterson, C., & Park, N. (2003, March). *Assessment of character strengths among youth: Progress report on the Values in Action Inventory for Youth*. Paper presented at the Child Trends Conference on Indicators of Positive Youth Development, Washington, DC.
- Peterson, C., Schulman, P., Castellon, C., & Seligman, M. (1992). CAVE: Content Analysis of Verbal Explanations. In C. Smith (Ed.), *Motivation and personality: Handbook of thematic content analysis* (pp. 383–392). New York: Cambridge University Press.
- Peterson, C., & Seligman, M. E. P. (2004). *Character strengths and virtues: A handbook and classification*. Washington, DC: American Psychological Association.
- Peterson, C., Seligman, M. E. P., Yurko, K. H., Martin, L. R., & Friedman, H. S. (1998). Catastrophizing and untimely death. *Psychological Science, 9*, 127–130.
- Peterson, C., Semmel, A., von Baeyer, C., Abramson, L. Y., Metalsky, G. I., & Seligman, M. E. P. (1982). The Attributional Style Questionnaire. *Cognitive Therapy and Research, 6*, 287–299.
- Peterson, C., & Steen, T. A. (2002). Optimistic explanatory style. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 244–256). New York: Oxford University Press.
- Peterson, C., & Villanova, P. (1988). An expanded attributional style questionnaire. *Journal of Abnormal Psychology, 97*, 87–89.
- Peterson, P. E., & West, M. R. (Eds.). (2003). *No child left behind? The politics and practice of accountability*. Washington, DC: Brookings Institution.
- Phillips, V. (1998/2011). *Empowering discipline: An approach that works with at-risk students*. Carmel Valley, CA: Personal Development Publishing.
- Piaget, J. (1932). *The moral judgment of the child*. London: Routledge and Kegan Paul.
- Piccard, B. (1999). Around at last! *National Geographic, 196*(3), 30–51.
- Pickering, A., & Gray, J. (1999). The neuroscience of personality. In L. Pervin & O. John (Eds.),

- Handbook of personality* (2nd ed., pp. 277–299). New York: Guilford Press.
- Pickett, K., Yardley, L., & Kenderick, T. (2012). Physical activity and depression: A multiple mediation analysis. *Mental Health and Physical Activity, 5*, 125–134.
- Piedmont, R. (2004, November). *Spirituality predicts psychosocial outcomes: A cross-cultural analysis*. International Society for Quality of Life Studies Conference, Philadelphia.
- Pieper, J. (1966). *The four cardinal virtues*. Notre Dame, IN: Notre Dame Press.
- Piet, J., Hougaard, E., Hecksher, M. S., & Rosenberg, N. K. (2010). A randomized pilot study of mindfulness-based cognitive therapy and group cognitive-behavioral therapy for young adults with social phobia. *Scandinavian Journal of Psychology, 51*, 403–410.
- Pieterse, A. L., & Carter, R. T. (2010). The role of racial identity in perceived racism and psychological stress among Black American adults: Exploring traditional and alternative approaches. *Journal of Applied Social Psychology, 40*, 1028–1053.
- Piliavin, J. A., & Charng, H.-W. (1990). Altruism: A review of recent theory and research. *American Sociological Review, 16*, 27–65.
- Pines, A. M., Aronson, E., & Kafry, D. (1981). *Burnout: From tedium to personal growth*. New York: Free Press.
- Pinker, S. (1997). *How the mind works*. New York: Norton.
- Piper, W. (1989). *The little engine that could*. New York: Platt and Monk. (Original work published 1930)
- Pipher, M. B. (1995). *Reviving Ophelia: Saving the selves of adolescent girls*. New York: Ballantine Books.
- Pipher, M. B. (2003). *Letters to a young therapist*. New York: Basic Books.
- Pittman, K. J., & Fleming, W. E. (1991). *A new vision: Promoting youth development*. Washington, DC: Center for Youth Development and Policy Research.
- Pitts, D. (2009). Diversity management, job satisfaction, and performance: Evidence from U.S. federal agencies. *Public Administration Review, 69*, 328–338.
- Plante, T. G. (2005). *Contemporary clinical psychology* (2nd ed.). New York: Wiley.
- Plato. (1953). *The dialogues of Plato, Volume 1: Laches*. (B. Jowett, Trans.). New York: Modern Library.
- Plomin, R., Scheier, M. F., Bergeman, C. S., Pederson, N. L., Nesselroade, J. R., & McClearn, G. E. (1992). Optimism, pessimism, and mental health: A twin/adoption analysis. *Personality and Individual Differences, 13*, 921–930.
- Ponterotto, J., Costa-Wofford, C., Brobst, K., Spelliscy, D., Kacanski, J., Scheinholtz, J., & Martines, D. (2007). Multicultural personality dispositions and psychological well-being. *Journal of Social Psychology, 147*, 119–135.
- Ponterotto, J., Mendelowitz, D., & Collaballetta, E. (2008). Promoting multicultural personality development: A strengths-based, positive psychology worldview for schools. *Professional School Counseling, 12*, 93–99.
- Pool, L., & Qualter, P. (2012). The dimensional structure of the Emotional Self-Efficacy Scale (ESES). *Australian Journal of Psychology, 64*, 147–154.
- Pretzer, J. L., & Walsh, C. A. (2001). Optimism, pessimism, and psychotherapy: Implications for clinical practice. In E. C. Chang (Ed.), *Optimism & pessimism: Implications for theory, research, and practice* (pp. 321–346). Washington, DC: American Psychological Association.
- Prigatano, G. P. (1992). Disordered mind, wounded soul: The emerging role of psychotherapy in rehabilitation after brain injury. *Journal of Head Trauma and Rehabilitation, 6*, 1–10.
- Procci, K., Singer, A. R., Levy, K. R., & Bowers, C. (2012). Measuring the flow experience of gamers: An evaluation of the DFS-2. *Computers in Human Behavior, 28*, 2306–2312.
- Proctor, C., Maltby, J., & Linley, P. (2011). Strengths use as a predictor of well-being and health-related quality of life. *Journal of Happiness Studies, 12*, 153–169.
- Proyer, R. T. (2012). Examining playfulness in adults: Testing its correlates with personality, positive psychological functioning, goal aspirations, and multi-methodically assessed ingenuity. *Psychological Test and Assessment Modeling, 54*, 103–127.

- Proyer, R. T., & Ruch, W. (2011). The virtuousness of adult playfulness: The relation of playfulness with strengths of character. *Psychology of Well-Being: Theory, Research and Practice, 1*, 4–12.
- Pruyser, P. W. (1976). *The minister as diagnostician: Personal problems in pastoral perspective*. Philadelphia: Westminster Press.
- Pury, C. L. S., Kowalski, R. M., & Spearman, J. (2007). Distinctions between general and personal courage. *Journal of Positive Psychology, 2*, 99–114. doi: 10.1080/17439760701237962
- Pury, C. L. S., & Lopez, S. J. (2009). Courage. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 375–382). New York: Oxford University Press.
- Pushker, K. R., Bernardo, L., Ren, D., Haley, T. M., Tark, K., Switala, J., & Siemon, L. (2010). Self-esteem and optimism in rural youth: Gender differences. *Contemporary Nurse, 34*, 190–198.
- Putman, D. (1997). Psychological courage. *Philosophy, Psychiatry and Psychology, 4*(1), 1–11.
- Pyone, J. S., & Isen, A. M. (2011). Positive affect, intertemporal choice, and levels of thinking: Increasing consumers' willingness to wait. *Journal of Marketing Research, 48*, 532–543.
- Quinn, R. (2004). *Development and initial validation of the KU Strengths Cardsort for Adolescents*. (Unpublished master's thesis). University of Kansas, Lawrence.
- Rachman, S. J. (1978). Human fears: A three-systems analysis. *Scandinavian Journal of Behaviour Therapy, 7*, 237–245.
- Rachman, S. J. (1984). Fear and courage. *Behavior Therapy, 15*, 109–120.
- Ramey, C. T., & Ramey, S. L. (1998). Early intervention and early experience. *American Psychologist, 53*, 109–120.
- Ramírez-Esparza, N., & Pennebaker, J. W. (2006). Do good stories produce good health?: Exploring words, language, and culture. *Narrative Inquiry, 16*, 211–219.
- Ramírez-Maestre, C., Esteve, R., & López, A. E. (2012). The role of optimism and pessimism in chronic pain patients' adjustment. *The Spanish Journal of Psychology, 15*, 286–294.
- Rashid, T. (2006). *Promoting well-being through character strengths*. Unpublished manuscript, University of Pennsylvania.
- Raskin, J. D., & Lewandowski, A. M. (2000). The construction of disorder as human enterprise. In R. A. Neimeyer & J. D. Raskin (Eds.), *Constructions of disorder: Meaning-making frameworks for psychotherapy* (pp. 15–40). Washington, DC: American Psychological Association.
- Rath, T. (2002). *Measuring the impact of Gallup's strengths-based development program for students*. Princeton, NJ: Gallup Organization.
- Rath, T. (2006). *Vital friends: The people you can't afford to live without*. Washington, DC: Gallup Organization.
- Rath, T. (2007). *StrengthsFinder 2.0*. New York: Gallup.
- Rath, T., & Clifton, D. O. (2004). *How full is your bucket? Positive strategies for work and life*. New York: Gallup Organization.
- Reddy, L. A., Newman, E., De Thomas, C. A., & Chun, V. (2009). Effectiveness of school-based prevention and intervention programs for children and adolescents with emotional disturbance: A meta-analysis. *Journal of School Psychology, 47*, 77–99. doi: 10.1016/j.jsp.2008.11.001
- Reed, A. E., & Carstensen, L. L. (2012). The theory behind the age-related positivity effect. *Frontiers in Psychology, 3*, 1–9.
- Regan, P. C., Lakhanpal, S., & Anguiano, C. (2012). Relationship outcomes in Indian-American love-based and arranged marriages. *Psychological Reports, 110*, 915–924.
- Reis, H. T., & Gable, S. L. (2003). Toward a positive psychology of relationships. In C. L. M. Keyes & J. Haidt (Eds.), *Flourishing: Positive psychology and the life well lived* (pp. 129–159). Washington, DC: American Psychological Association.
- Reyes, J. A., & Elias, M. J. (2011). Fostering social-emotional resilience among Latino youth. *Psychology in the Schools, 48*, 723–737.
- Reykowski, J. (1994). Collectivism and individualism as dimensions of social change. In U. Kim, H. C. Triandis, C. Kagitcibasi, S.-C. Choi, & G. Yoon (Eds.), *Individualism and collectivism: Theory, method, and applications* (pp. 276–292). Newbury Park, CA: Sage.

- Ribeiro, J., Pedro, L., & Marques, S. (2012). Dispositional optimism is unidimensional or bidimensional? The Portuguese revised Life Orientation Test. *The Spanish Journal of Psychology, 15*, 1259–1271.
- Rice, E. F. (1958). *The Renaissance idea of wisdom*. Cambridge, MA: Harvard University Press.
- Rice, J. K. (2003). *Teacher quality: Understanding the effectiveness of teacher attributes*. Washington, DC: Economic Policy Institute.
- Riegel, K. F. (1973). Dialectical operations: The final period of cognitive development. *Human Development, 16*, 346–370.
- Rigazio-DiGilio, S. A. (2000). Reconstructing psychological distress from a relational perspective: A systemic coconstructive-developmental framework. In R. A. Neimeyer & J. D. Raskin (Eds.), *Constructions of disorder: Meaning-making frameworks for psychotherapy* (pp. 309–332). Washington, DC: American Psychological Association.
- Rigsby, L. C. (1994). The Americanization of resilience: Deconstructing research practice. In M. Wang & E. Gordon (Eds.), *Educational resilience in inner-city America: Challenges and prospects* (pp. 85–94). Hillsdale, NJ: Lawrence Erlbaum.
- Rime, B. (1995). Mental rumination, social sharing, and the recovery from emotional exposure. In J. W. Pennebaker (Ed.), *Emotion, disclosure, and health* (pp. 271–291). Washington, DC: American Psychological Association.
- Rios, D., Stewart, A. J., & Winter, D. G. (2010). Thinking she could be the next president: Why identifying with the curriculum matters. *Psychology of Women Quarterly, 34*, 328–338.
- Ripley, J. S., & Worthington, E. L., Jr. (2002). Hope-focused and forgiveness-based group interventions to promote marital enrichment. *Journal of Counseling and Development, 80*, 452–472.
- Riskind, J. H., Sarampote, C. S., & Mercier, M. A. (1996). For every malady a sovereign cure: Optimism training. *Journal of Cognitive Psychotherapy: An International Quarterly, 10*, 105–117.
- Ritschel, L. (2005). Lessons in teaching hope: An interview with C. R. Snyder. *Teaching of Psychology, 32*, 74–78.
- Roberts, B. W., Caspi, A., & Moffitt, T. E. (2003). Work experiences and personality development in young adulthood. *Journal of Personality and Social Psychology, 84*, 582–593. doi: 10.1037/00223514.84.3.582
- Roberts, M., Vernberg, E., & Jackson, Y. (2000). Psychotherapy with children and families. In C. R. Snyder & R. E. Ingram (Eds.), *Handbook of psychological change: Psychotherapy processes and practices for the 21st century* (pp. 500–519). New York: Wiley.
- Robey, D., Khoo, H. M., & Powers, C. (2000). Situated learning in cross-functional virtual teams. *Professional Communication, March*, 51–61.
- Robinson, C., & Rose, S. (2010). Predictive, construct, and convergent validity of general and domain-specific measures of hope for college student academic achievement. *Research in the Schools, 17*, 38–52.
- Robinson, D. N. (1990). Wisdom through the ages. In R. J. Sternberg (Ed.), *Wisdom: Its nature, origins, and development* (pp. 13–24). New York: Cambridge University Press.
- Rodin, J., & Langer, E. J. (1977). Long-term effects of a control-relevant intervention among the institutionalized aged. *Journal of Personality and Social Psychology, 35*, 275–282.
- Rodriguez-Hanley, A., & Snyder, C. R. (2000). The demise of hope: On losing positive thinking. In C. R. Snyder (Ed.), *Handbook of hope: Theory, measures, and applications* (pp. 39–54). San Diego, CA: Academic Press.
- Rogers, R. W., & Prentice-Dunn, S. (1997). Protection motivation theory. In D. Gochman (Ed.), *Handbook of health behavior research 1: Personal and social determinants* (pp. 113–132). New York: Plenum.
- Rokke, P. D., & Rehm, L. P. (2001). Management therapies. In K. S. Dobson (Ed.), *Handbook of cognitive-behavioral therapies* (pp. 173–210). New York: Guilford Press.
- Root, B. L., & Exline, J. J. (2011). Gender differences in response to experimental forgiveness prompts: Do men show stronger responses than women? *Basic and Applied Social Psychology, 33*, 182–193.
- Rorty, A. O. (1988). *Mind in action: Essays in the philosophy of mind*. Boston: Beacon Press.

- Rosen, H. S., & Sims, S. T. (2011). Altruistic behaviour and habit formation. *Nonprofit Management and Leadership, 21*, 235–253.
- Rosmarin, D. H., Pirutinsky, S., Cohen, A. B., Galler, Y., & Krumrei, E. J. (2011). Grateful to God or just plain grateful? A comparison of religious and general gratitude. *The Journal of Positive Psychology, 6*, 389–396.
- Ross, K. L. (2003). *Confucius*. Retrieved from <http://friesian.com/confuci.htm>
- Roth, A., & Fonagy, P. (Eds.). (2005). *What works for whom? A critical review of psychotherapy research*. New York: Guilford Press.
- Roth, A., Fonagy, P., & Parry, G. (1996). Psychotherapy research, funding, and evidence-based practice. In A. Roth & P. Fonagy (Eds.), *What works for whom? A critical review of psychotherapy research* (pp. 37–56). New York: Guilford Press.
- Rothbaum, F., Weisz, J., Pott, M., Miyake, K., & Morelli, G. (2000). Attachment and culture: Security in the United States and Japan. *American Psychologist, 55*, 1093–1104.
- Rothblum, E. D., Balsam, K. F., & Solomon, S. E. (2011). The longest “legal” U.S. same-sex couples reflect on their relationships. *Journal of Social Issues, 67*, 302–315.
- Rotter, J. B. (1966). Generalized expectancies for internal versus external control of reinforcement. *Psychological Monographs, 80*(1), 1–28.
- Rowe, J. W., & Kahn, R. L. (1998). *Successful aging*. New York: Pantheon Books.
- Rowles, J., & Duan, C. (2012). Perceived racism and encouragement among African American adults. *Journal of Multicultural Counseling and Development, 40*, 11–23.
- Royal, M. A., & Rossi, R. J. (1996). Individual-level correlates of sense of community: Findings from the workplace and school. *Journal of Community Psychology, 24*, 395–416.
- Ruch, W., Proyer, R. T., Harzer, C., Park, N., Peterson, C., & Seligman, M. P. (2010). Values in Action Inventory of Strengths (VIA-IS): Adaptation and validation of the German version and the development of a peer-rating form. *Journal of Individual Differences, 31*, 138–149.
- Rue, L. (1994). *By the grace of guile: The role of deception in natural history and human affairs*. New York: Oxford University Press.
- Ruehlman, L. S., & Wolchik, S. A. (1988). Personal goals and interpersonal support and hindrance as factors in psychological distress and well-being. *Journal of Personality and Social Psychology, 55*, 293–301.
- Rushton, J. P., Chrisjohn, R. D., & Fekken, G. C. (1981). The altruistic personality and the Self-Report Altruism Scale. *Personality and Individual Differences, 2*, 293–302.
- Rushton, J. P., Fulker, D. W., Neale, M. C., Nias, D. K., & Eysenck, H. J. (1986). Altruism and aggression: The heritability of individual differences. *Journal of Personality and Social Psychology, 50*, 1192–1198.
- Ruthig, J. C., Hanson, B. L., Pedersen, H., Weber, A., & Chipperfield, J. G. (2011). Later life health optimism, pessimism and realism: Psychological contributors and health correlates. *Psychology & Health, 26*, 835–853.
- Rutter, M. (1985). Resilience in the face of adversity: Protective factors and resistance to psychiatric disorder. *British Journal of Psychiatry, 147*, 598–611.
- Ryan, R. M., & Deci, E. L. (2001). On happiness and human potentials: A review of research on hedonic and eudaemonic well-being. *Annual Review of Psychology, 52*, 141–166.
- Ryff, C. D. (1989). Happiness is everything, or is it? Explorations on the meaning of psychological well-being. *Journal of Personality and Social Psychology, 57*, 1069–1081.
- Ryff, C. D., & Keyes, C. L. M. (1995). The structure of psychological well-being revisited. *Journal of Personality and Social Psychology, 57*, 1069–1081.
- Saccuzzo, D. P., & Ingram, R. E. (1993). *Growth through choice: The psychology of personal adjustment*. New York: Harcourt Brace Jovanovich.
- Sahraian, A., Gholami, A., Javadpour, A., & Omidvar, B. (2013). Association between religiosity and happiness among a group of Muslim undergraduate students. *Journal of Religion and Health, 52*, 450–453.
- Sajatovic, M., Sanders, R., Alexeenko, L., & Madhusoodanan, S. (2010). Primary prevention of psychiatric illness in special populations. *Annals of Clinical Psychiatry, 22*, 262–273.
- Sakade, F. (1958). Momotaro. In F. Sakade (Ed.), *Japanese children's favorite stories*. Rutland, VT: Tuttle.

- Salkind, N., (2004). *An introduction to theories of human development*. Thousand Oaks, CA: SAGE.
- Salovey, P., & Mayer, J. D. (1990). Emotional intelligence. *Imagination, Cognition, and Personality*, 9, 185–211.
- Salovey, P., Mayer, J. D., & Caruso, D. (2002). The positive psychology of emotional intelligence. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 159–171). New York: Oxford University Press.
- Sameroff, A. J., Lewis, M., & Miller, S. M. (2000). *Handbook of developmental psychopathology*. New York: Plenum.
- Sandage, S., Hill, P. C., & Vang, H. C. (2003). Toward a multicultural positive psychology: Indigenous forgiveness and Hmong culture. *The Counseling Psychologist*, 31, 564–592.
- Sandage, S. J., Hill, P. C., & Vaubel, D. C. (2011). Generativity, relational spirituality, gratitude, and mental health: Relationships and pathways. *International Journal for the Psychology of Religion*, 21, 1–16.
- Sanders, M. R., Markie-Dadds, C., & Turner, K. M. T. (2003). Theoretical, scientific and clinical foundations of the Triple P-Positive Parenting Program: A population approach to the promotion of parenting competence. *Parenting Research and Practice*, 1, 1–21.
- Sanders, M. R., Mazzucchelli, T. G., & Studman, L. (2004). Stepping Stones Triple P—An evidence-based positive parenting program for families with a child who has a disability: Its theoretical basis and development. *Journal of Intellectual and Developmental Disability*, 29, 1–19.
- Sanders, M. R., & Turner, K. M. T. (2005). Reflections on the challenges of effective dissemination of behavioural family intervention: Our experience with the Triple P-Positive Parenting Program. *Child and Adolescent Mental Health*, 10, 158–169.
- Sangharakshita. (1991). *The three jewels: An introduction to Buddhism*. Glasgow, UK: Windhorse.
- Santiago, C. D., Kaltman, S., & Miranda, J. (2013). Poverty and mental health: How do low-income adults and children fare in psychotherapy?. *Journal of Clinical Psychology*, 69, 115–126.
- Saphire-Bernstein, S., Way, B. M., Kim, H. S., Sherman, D. K., & Taylor, S. E. (2013). Oxytocin receptor gene (OXTR) is related to psychological resources. *PNAS: Proceedings of the National Academy of Sciences of the United States of America*, 108, 15118–15122.
- Sarafino, E. (2002). *Health psychology* (4th ed.). New York: Wiley.
- Sarason, S. B. (1974). *The psychological sense of community: Prospects for a community psychology*. San Francisco: Jossey-Bass.
- Saroglou, V. (2012). Is religion not prosocial at all? Comment on Galen (2012). *Psychological Bulletin*, 138, 907–912.
- Saroglou, V., Buxant, C., & Tilquin, J. (2008). Positive emotions as leading to religion and spirituality. *Journal of Positive Psychology*, 3, 165–173. doi: 10.1080/17439760801998737
- Satterfield, J. (2000). Optimism, culture, and history: The roles of explanatory style, integrative complexity, and pessimistic rumination. In J. Gillham (Ed.), *The science of optimism and hope* (pp. 349–378). Philadelphia: Templeton Foundation Press.
- Saulsberry, A., Corden, M. E., Taylor-Crawford, K., Crawford, T. J., Johnson, M., Froemel, J.,... Van Voorhees, B. W. (2013). Chicago Urban Resiliency Building (CURB): An internet-based depression-prevention intervention for urban African American and Latino adolescents. *Journal of Child and Family Studies*, 22, 150–160.
- Sawtelle, V., Brewes, E., & Kramer, L. H. (2012). Exploring the relationship between self-efficacy and retention in introductory physics. *Journal of Research in Science Teaching*, 49, 1096–1121.
- Sayle, M. (1998). Japan's social crisis. *Atlantic Monthly*, 281, 84–94.
- Schachter, S. (1951). Deviation, rejection, and communication. *Journal of Abnormal and Social Psychology*, 46, 190–207.
- Schauber, A. C. (2001). Effecting extension organizational change toward cultural diversity: A conceptual framework. *Journal of Extension*, 39, 12–15.
- Scheibe, S., Freund, A. M., & Baltes, P. B. (2007). Toward a developmental psychology of *Sehnsucht* (life longings): The optimal (utopian) life. *Developmental Psychology*, 43, 778–795.
- Scheibe, S., Kunzmann, U., & Baltes, P. B. (2009). New territories of positive life-span development: Wisdom and life longings. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of*

- positive psychology* (pp. 171–183). New York: Oxford University Press.
- Scheier, M. F., & Carver, C. S. (1985). Optimism, coping, and health: Assessment and implications of generalized outcome expectancies. *Health Psychology, 4*, 219–247.
- Scheier, M. F., & Carver, C. S. (2001). Adapting to cancer: The importance of hope and purpose. In A. Baum & B. L. Anderson (Eds.), *Psychosocial interventions for cancer* (pp. 15–36). Washington, DC: American Psychological Association.
- Scheier, M. F., Carver, C. S., & Bridges, M. W. (1994). Distinguishing optimism from neuroticism (and trait anxiety, self-mastery, and self-esteem): A reevaluation of the Life Orientation Test. *Journal of Personality and Social Psychology, 67*, 1063–1078.
- Scheier, M. F., Carver, C. S., & Bridges, M. W. (2001). Optimism, pessimism, and psychological well-being. In E. C. Chang (Ed.), *Optimism & pessimism: Implications for theory, research, and practice* (pp. 189–216). Washington, DC: American Psychological Association.
- Scheier, M. F., Weintraub, J. K., & Carver, C. S. (1986). Coping with stress: Divergent strategies of optimists and pessimists. *Journal of Personality and Social Psychology, 51*, 1257–1264.
- Schimmel, S. (2000). Vices, virtues, and sources of human strength in historical perspective. *Journal of Social and Clinical Psychology, 19*, 137–150.
- Schleien, S., Ross, H., & Ross, M. (2010). Young children's apologies to their siblings. *Social Development, 19*, 170–186.
- Schmidt, F. L., & Rader, M. (1999). Exploring the boundary conditions for interview validity: Meta-analytic findings for a new interview type. *Personnel Psychology, 52*, 445–464.
- Schmidt, N. B., & Koseika, M. (2000). Gender differences in patients with panic disorder: Evaluating cognitive mediation of phobic avoidance. *Cognitive Therapy and Research, 24*, 531–548.
- Schmitt, D. P., Youn, G., Bond, B., Brooks, S., Frye, H., Johnson, S., . . . Stoka, C. (2009). When will I feel love? The effects of culture, personality, and gender on the psychological tendency to love. *Journal of Research in Personality, 43*, 830–846. doi: 10.1016/j.jrp.2009.05.008
- Schneider, S. L. (2001). In search of realistic optimism: Meaning, knowledge, and warm fuzziness. *American Psychologist, 56*, 250–263.
- Schneiderman, I., Zilberstein-Kra, Y., Leckman, J. F., & Feldman, R. (2011). Love alters autonomic reactivity to emotions. *Emotion, 11*, 1314–1321.
- Schor, J. B. (1991). *The overworked American: The unexpected decline of leisure*. New York: Basic Books.
- Schore, A. N. (1994). *Affect regulation and the origin of the self: The neurobiology of emotional development*. Hillsdale, NJ: Lawrence Erlbaum.
- Schore, A. N. (2003). *Affect regulation and the repair of the self*. New York: Norton.
- Schulman, P., Keith, D., & Seligman, M. E. P. (1993). Is optimism heritable? A study of twins. *Behaviour Research and Therapy, 31*, 569–574.
- Schumann, H. W. (1974). *Buddhism*. Wheaton, IL: Theosophical.
- Schur, E. M. (1969). Reactions to deviance: A critical assessment. *American Journal of Sociology, 75*, 309–322.
- Schure, M. B., Christopher, J., & Christopher, S. (2008). Mind–body medicine and the art of self-care: Teaching mindfulness to counseling students through yoga, meditation, and qigong. *Journal of Counseling & Development, 86*, 47–56.
- Schutte, N. S., Malouff, J. M., Hall, L. E., Haggerty, D. J., Copper, J. T., Golden, C. J., & Domheim, L. (1998). Development and validation of emotional intelligence. *Personality and Individual Differences, 25*, 167–177.
- Schwartz, S. H. (1994). Beyond individualism and collectivism: New cultural dimensions of values. In U. Kim, H. C. Triandis, C. Kagitcibasi, S.-C. Choi, & G. Yoon (Eds.), *Individualism and collectivism: Theory, method, and applications* (pp. 85–122). Thousand Oaks, CA: Sage.
- Schwarzer, R., & Renner, B. (2000). Social-cognitive predictors of health behavior: Action self-efficacy and coping self-efficacy. *Health Psychology, 19*, 487–495.
- Schweizer, K., & Koch, W. (2001). The assessment of components of optimism by POSO-E. *Personality and Individualism, 31*, 563–574.
- Seeman, T. E. (1996). Social ties and health: The benefits of social integration. *Annals of Epidemiology, 6*, 442–451.

- Segal, Z. V., Williams, J. M. G., & Teasdale, J. D. (2002). *Mindfulness-based cognitive therapy for depression: A new approach to preventing relapse*. New York: Guilford Press.
- Segerstrom, S. C. (2006). How does optimism suppress immunity? Evaluation of three affective pathways. *Health Psychology, 25*, 653–657. doi: 10.1037/0278-6133.25.5.653
- Segerstrom, S. C., & Sephton, S. E. (2010). Optimistic expectancies and cell-mediated immunity: The role of positive affect. *Psychological Science, 21*, 448–455.
- Seligman, M. E. P. (1991). *Learned optimism*. New York: Knopf.
- Seligman, M. E. P. (1994). *What you can change and what you can't*. New York: Knopf.
- Seligman, M. E. P. (1995). The effectiveness of psychotherapy: The *Consumer Reports* study. *American Psychologist, 50*, 965–974.
- Seligman, M. E. P. (1998a). Building human strength: Psychology's forgotten mission. *APA Monitor, 29*(1), 2.
- Seligman, M. E. P. (1998b/2006). *Learned optimism: How to change your mind and your life* (2nd ed.). New York: Pocket Books.
- Seligman, M. E. P. (1998c). Positive social science. *APA Monitor, 29*(4), 2, 5.
- Seligman, M. E. P. (1998d). The gifted and the extraordinary. *APA Monitor, 29*(11), 2–3.
- Seligman, M. E. P. (1998e). Work, love, and play. *APA Monitor, 29*, 2. Retrieved from www.apa.org/monitor/aug98/pc.html
- Seligman, M. E. P. (2002). *Authentic happiness: Using the new positive psychology to realize your potential for lasting fulfillment*. New York: Free Press.
- Seligman, M. E. P., Abramson, L. Y., Semmel, A., & von Baeyer, C. (1979). Depressive attributional style. *Journal of Abnormal Psychology, 88*, 242–247.
- Seligman, M. E. P., & Csikszentmihalyi, M. (2000). Positive psychology: An introduction. *American Psychologist, 55*, 5–14.
- Seligman, M. E. P., Kaslow, N. J., Alloy, L. B., Peterson, C., Tanenbaum, R., & Abramson, L. Y. (1984). Attributional style and depressive symptoms among children. *Journal of Abnormal Psychology, 93*, 235–238.
- Seligman, M. E. P., Nolen-Hoeksema, S., Thornton, N., & Thornton, K. M. (1990). Explanatory style as a mechanism of disappointing athletic performance. *Psychological Science, 1*, 143–146.
- Seligman, M. E. P., Reivich, K., Jaycox, L., & Gillham, J. (1995). *The optimistic child*. New York: Houghton Mifflin.
- Seligman, M. E. P., & Schulman, P. (1986). Explanatory style as a predictor of performance as a life insurance agent. *Journal of Personality and Social Psychology, 50*, 832–838.
- Seligman, M. E. P., Steen, T. A., Park, N., & Peterson, C. (2005). Positive psychology progress: Empirical validation of interventions. *American Psychologist, 60*, 410–421.
- Sellers, R. M., Copeland-Linder, N., Martin, P. P., & Lewis, R. L. (2006). Racial identity matters: The relationship between racial discrimination and psychological functioning in African American adolescents. *Journal of Research on Adolescence, 16*, 187–216.
- Selye, H. (1936). A syndrome produced by diverse nocuous agents. *Nature, 138*, 32.
- Sengupta, N. K., Osborne, D., Houkamau, C. A., Hoverd, W., Wilson, M., Halliday, L. M., . . . Sibley, C. G. (2012). How much happiness does money buy? Income and subjective well-being in New Zealand. *New Zealand Journal of Psychology, 41*, 21–34.
- Seuss, Dr. (1961). *Sneetches and other stories*. New York: Random House Books for Young Readers.
- Shafranske, E. P., & Malony, H. N. (1990). Clinical psychologists' religious and spiritual orientations and their practices of psychotherapy. *Psychotherapy: Theory, Research, Practice, Training, 27*, 72–78.
- Shah, P. (2012). Toward a neurobiology of unrealistic optimism. *Frontiers in Psychology, 3*, 344.
- Shapiro, D. A., & Shapiro, D. (1982). Meta-analysis of comparative therapy outcome studies. *Psychological Bulletin, 92*, 581–604.
- Shapiro, D. H. (1980). *Meditation: Self-regulation strategy and altered state of consciousness*. New York: Aldine.
- Shapiro, S. L. (2009). The integration of mindfulness and psychology. *Journal of Clinical Psychology, 65*, 555–560.

- Shapiro, S. L., & Schwartz, G. E. (2000). The role of intention in self-regulation: Toward intentional systemic mindfulness. In M. Boekaerts, P. R. Pintrich, & M. Zeidner (Eds.), *Handbook of self-regulation* (pp. 253–273). New York: Academic Press.
- Shapiro, S. L., Schwartz, G. E. R., & Bonner, G. (1998). The effects of mindfulness-based stress reduction on medical and pre-medical students. *Journal of Behavioral Medicine, 21*, 581–599.
- Shapiro, S. L., Schwartz, G. E. R., & Santerre, C. (2002). Meditation and positive psychology. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 632–645). New York: Oxford University Press.
- Sharma, S., Biswal, R., Deller, J., & Mandal, M. K. (2009). Emotional intelligence: Factorial structure and construct validity across cultures. *International Journal of Cross Cultural Management, 9*, 217–236.
- Sharot, T., Korn, C. W., & Dolan, R. J. (2011). How unrealistic optimism is maintained in the face of reality. *Nature Neuroscience, 14*, 1475–1479.
- Shaver, P., Hazan, C., & Bradshaw, D. (1988). Love as attachment. In R. J. Sternberg & M. L. Barnes (Eds.), *The psychology of love* (pp. 68–99). New Haven, CT: Yale University Press.
- Shaver, P. R., & Mikulincer, M. (2006). Attachment theory, individual psychodynamics, and relationship functioning. In A. L. Vangelisti & D. Perlman (Eds.), *The Cambridge handbook of personal relationships* (pp. 251–271). Cambridge, England: Cambridge University Press.
- Shaw, W. S., Patterson, T. L., Semple, S. J., Grant, I., Yu, E. S. H., Zhang, M. Y.,...Wu, W. Y. (1997). A cross-cultural validation of coping strategies and their associations with caregiving distress. *The Gerontologist, 37*, 490–504.
- Sheldon, K. M., & Lyubomirsky, S. (2004). Achieving sustainable new happiness: Prospects, practices, and prescriptions. In P. A. Linley & S. Joseph (Eds.), *Positive psychology in practice* (pp. 127–145). Hoboken, NJ: Wiley.
- Shelp, E. E. (1984). Courage: A neglected virtue in the patient–physician relationship. *Social Science and Medicine, 18*(4), 351–360.
- Sherer, M., Maddux, J. E., Mercandante, B., Prentice-Dunn, S., Jacobs, B., & Rogers, R. (1982). The self-efficacy scale: Construction and validation. *Psychological Reports, 51*, 663–671.
- Sherry, J. L. (2004). Flow and media enjoyment. *Communication Theory, 14*, 328–347.
- Sheu H.-B. (2014). Affective well-being viewed through a lens of race and ethnicity. In J. T. Pedrotti & L. M. Edwards (Eds.), *Perspectives on the intersection of multiculturalism and positive psychology*. New York: Springer Science + Business Media.
- Shin, Y., & Kelly, K. R. (2013). Cross-cultural comparison of the effects of optimism, intrinsic motivation, and family relations on vocational identity. *The Career Department Quarterly, 61*, 141–160.
- Shiota, M. N., Campos, B., Gonzaga, G. C., Keltner, D., & Peng, K. (2010). I love you but...: Cultural differences in complexity of emotional experiences during interaction with a romantic partner. *Cognition and Emotion, 24*, 786–799.
- Shiota, M. N., Keltner, D., & John, O. P. (2006). Positive emotion dispositions differentially associated with Big Five personality and attachment style. *Journal of Positive Psychology, 1*, 61–71. doi: 10.1080/17439760.500510833
- Shmotkin, D. (1998). Declarative and differential aspects of subjective well-being and implications for mental health in later life. In J. Lomranz (Ed.), *Handbook of aging and mental health: An integrative approach* (pp. 15–43). New York: Plenum.
- Shmotkin, D. (2005). Happiness in the face of adversity: Reformulating the dynamic and modular bases of subjective well-being. *General Psychology Review, 9*, 291–325.
- Shorey, H. S., Snyder, C. R., Yang, X., & Lewin, M. R. (2003). The role of hope as a mediator in recollecting parenting, adult attachment, and mental health. *Journal of Social and Clinical Psychology, 22*, 685–715.
- Shure, M. B. (1974). Training children to solve interpersonal problems: A preventive mental health program. In R. F. Munoz, L. R. Snowden, & J. G. Kelly (Eds.), *Social and psychological research in community settings* (pp. 30–68). San Francisco: Jossey-Bass.

- Shure, M. B., & Spivak, G. (1988). Interpersonal cognitive problem solving. In R. H. Price, E. L. Cowen, R. P. Lorion, & J. Ramos-McKay (Eds.), *Fourteen ounces of prevention: A casebook for practitioners* (pp. 69–82). Washington, DC: American Psychological Association.
- Siegel, D. J. (1999). *The developing mind: Toward a neurobiology of interpersonal experience*. New York: Guilford Press.
- Silberman, S. W. (1995). The relationship among love, marital satisfaction, and duration of marriage. *Dissertation Abstracts*, 56, 2341.
- Simmel, G. (1950). *The sociology of Georg Simmel*. Glencoe, IL: Free Press.
- Simonton, D. K., & Baumeister, R. F. (2005). Positive psychology at the summit. *Review of General Psychology*, 9, 99–102.
- Sin, N. L., & Lyubomirsky, S. (2009). Enhancing well-being and alleviating depressive symptoms with positive psychology interventions: A practice-friendly meta-analysis. *Journal of Clinical Psychology*, 65, 467–487.
- Singer, I. (1984a). *The nature of love: Vol. 1. Plato to Luther* (2nd ed.). Chicago: University of Chicago Press.
- Singer, I. (1984b). *The nature of love: Vol. 2. Courtly and romantic*. Chicago: University of Chicago Press.
- Singer, I. (1987). *The nature of love: Vol. 3. The modern world*. Chicago: University of Chicago Press.
- Singh, K., & Choubiasa, R. (2010). Empirical Validation in Action-Inventory of Strengths (VIA-IS) in Indian context. *Psychological Studies*, 55, 151–158.
- Skinner, E. A. (1995). *Perceived control, motivation, and coping*. Thousand Oaks, CA: Sage.
- Skog, J. (2003, March 3). Beach man named nation's happiest. *The Virginian-Pilot*, p. A1.
- Smith, A. (1976). *The theory of moral sentiments* (6th ed.). Oxford, England: Clarendon Press. (Original work published 1790)
- Smith, B., & Rutigliano, T. (2003). *Discover your sales strengths: How the world's greatest salespeople develop winning careers*. New York: Warner Books.
- Smith, C. A. (1991). The self, appraisal, and coping. In C. R. Snyder & D. R. Forsyth (Eds.), *Handbook of social and clinical psychology: The health perspective* (pp. 116–137). New York: Pergamon Press.
- Smith, J., & Baltes, P. B. (1990). Wisdom-related knowledge: Age/cohort in response to life planning problems. *Developmental Psychology*, 26, 494–505.
- Smith, J., Staudinger, U., & Baltes, P. B. (1994). Occupational settings facilitating wisdom-related knowledge: The sample case of clinical psychologists. *Journal of Consulting and Clinical Psychology*, 66, 989–999.
- Smith, K. D., Türk-Smith, S., & Christopher, J. C. (1998, August). *Prototypes of the ideal person in seven cultures*. Paper presented at the International Congress of the International Association for Cross-Cultural Psychologists, Bellingham, WA.
- Smith, M. L., Glass, G. V., & Miller, T. I. (1980). *The benefits of psychotherapy*. Baltimore: Johns Hopkins University Press.
- Smith, R. (1987). *Unemployment and health: A disaster and a challenge*. Oxford, England: Oxford University Press.
- Smith, T. W., Pope, M. K., Rhodewalt, F., & Poulton, J. L. (1989). Optimism, neuroticism, coping, and symptom reports: An alternative interpretation of the Life Orientation Test. *Journal of Personality and Social Psychology*, 56, 640–648.
- Snyder, C. R. (1989). Reality negotiation: From excuses to hope and beyond. *Journal of Social and Clinical Psychology*, 8, 130–157.
- Snyder, C. R. (1992). Product scarcity by need for uniqueness interaction: A consumer catch-22? *Basic and Applied Social Psychology*, 13, 9–24.
- Snyder, C. R. (1994/2000). *The psychology of hope: You can get there from here*. New York: Free Press.
- Snyder, C. R. (1997). Unique invulnerability: A classroom demonstration in estimating personal mortality. *Teaching of Psychology*, 24, 197–199.
- Snyder, C. R. (2000a). Genesis: The birth and growth of hope. In C. R. Snyder (Ed.), *Handbook of hope: Theory, measures, and applications* (pp. 25–38). San Diego, CA: Academic Press.
- Snyder, C. R. (Ed.). (2000b). *Handbook of hope: Theory, measures, and applications*. San Diego, CA: Academic Press.

- Snyder, C. R. (2000c). The past and the possible futures of hope. *Journal of Social and Clinical Psychology, 19*, 11–28.
- Snyder, C. R. (2002a). Hope theory: Rainbows of the mind. *Psychological Inquiry, 13*, 249–275.
- Snyder, C. R. (2002b). Part 2—The application, interview, and negotiation stages of obtaining a position in clinical psychology. *The Clinical Psychologist, 56*, 19–25.
- Snyder, C. R. (2003, November). *Forgiveness and hope*. Paper presented at the International Campaign for Forgiveness Conference, Atlanta, GA.
- Snyder, C. R. (2004a). *Measuring hope in American businesses*. Unpublished manuscript, University of Kansas, Lawrence.
- Snyder, C. R. (2004b, November). *Hope and spirituality*. International Society for Quality of Life Studies Conference, Philadelphia.
- Snyder, C. R. (2004c, December 17). Graceful attitude eases adversity. *Lawrence Journal-World*, p. D4.
- Snyder, C. R. (2005a). Teaching: The lessons of hope. *Journal of Social and Clinical Psychology, 24*, 72–83.
- Snyder, C. R. (2005b). Closing thoughts on teaching and teachers: Our roles in presenting self-referential course content to students. *Journal of Social and Clinical Psychology, 24*, 123–128.
- Snyder, C. R., & Elliott, T. R. (2005). 21st-century graduate education in clinical psychology: A four-level matrix model. *Journal of Clinical Psychology, 61*, 1033–1054.
- Snyder, C. R., & Feldman, D. (2000). Hope for the many: An empowering social agenda. In C. R. Snyder (Ed.), *Handbook of hope: Theory, measures, and applications* (pp. 389–412). San Diego, CA: Academic Press.
- Snyder, C. R., Feldman, D. B., Taylor, J. D., Schroeder, L. L., & Adams, V., III (2000). The roles of hopeful thinking in preventing problems and promoting strengths. *Applied & Preventive Psychology: Current Scientific Perspectives, 15*, 262–295.
- Snyder, C. R., & Fromkin, H. L. (1977). Abnormality as a positive characteristic: The development and validation of a scale measuring need for uniqueness. *Journal of Abnormal Psychology, 86*(5), 518–527.
- Snyder, C. R., & Fromkin, H. L. (1980). *Uniqueness: The human pursuit of difference*. New York: Plenum.
- Snyder, C. R., Harris, C., Anderson, J. R., Holleran, S. A., Irving, L. M., Sigmon, S. T., . . . Wu, W. Y. (1991). The will and the ways: Development and validation of an individual-differences measure of hope. *Journal of Personality and Social Psychology, 60*, 570–585.
- Snyder, C. R., & Higgins, R. L. (1997). Reality negotiation: Governing one's self and being governed by others. *General Psychology Review, 4*, 336–350.
- Snyder, C. R., Higgins, R. L., & Stucky, R. J. (1983/2005). *Excuses: Masquerades in search of grace*. New York: Wiley Interscience. Republished 2005 by Percheron Press, Clinton Corners, NY.
- Snyder, C. R., Hoza, B., Pelham, W. E., Rapoff, M., Ware, L., Danovsky, M., . . . Stahl, K. J. (1997). The development and validation of the Children's Hope Scale. *Journal of Pediatric Psychology, 22*, 399–421.
- Snyder, C. R., Ilardi, S. S., Cheavens, J., Michael, S. T., Yamhure, L., & Sympson, S. (2000). The role of hope in cognitive behavior therapies. *Cognitive Therapy and Research, 24*, 747–762.
- Snyder, C. R., Ilardi, S., Michael, S., & Cheavens, J. (2000). Hope theory: Updating a common process for psychological change. In C. R. Snyder & R. E. Ingram (Eds.), *Handbook of psychological change: Psychotherapy processes and practices for the 21st century* (pp. 128–153). New York: Wiley.
- Snyder, C. R., & Ingram, R. E. (1983). "Company motivates the miserable": The impact of consensus upon help-seeking for psychological problems. *Journal of Personality and Social Psychology, 45*, 1118–1126.
- Snyder, C. R., & Ingram, R. E. (Eds.). (2000a). *Handbook of psychological change: Psychotherapy processes and practices for the 21st century*. New York: Wiley.
- Snyder, C. R., & Ingram, R. E. (2000b). Psychotherapy: Questions for an evolving field. In C. R. Snyder & R. E. Ingram (Eds.), *Handbook of psychological change: Psychotherapy processes and practices for the 21st century* (pp. 707–726). New York: Wiley.
- Snyder, C. R., LaPointe, A. B., Crowson, J. J., Jr., & Early, S. (1998). Preferences of high-and

- low-hope people for self-referential input. *Cognition & Emotion*, 12, 807–823.
- Snyder, C. R., & Lopez, S. J. (Eds.). (2002). *The handbook of positive psychology*. New York: Oxford University Press.
- Snyder, C. R., Lopez, S. J., Edwards, L. M., Pedrotti, J. T., Prosser, E. C., Larue-Walton, S., . . . Ulven, J. C. (2003). *Measuring and labeling the positive and the negative. Positive psychological assessment: A handbook of models and measures* (pp. 21–40). Washington, DC: American Psychological Association.
- Snyder, C. R., McDermott, D., Cook, W., & Rapoff, M. (2002). *Hope for the journey: Helping children through the good times and the bad* (Rev. ed.). Clinton Corners, NY: Percheron Press.
- Snyder, C. R., Omens, A. E., & Bloom, L. J. (1977, April). *Signature size and personality: Some truth in graphology?* Paper presented at the Southwestern Psychological Association Convention, Dallas, TX.
- Snyder, C. R., Parenteau, S., Shorey, H. S., Kahle, K. E., & Berg, C. (2002). Hope as the underlying process in Gestalt and other psychotherapy approaches. *International Gestalt Therapy Journal*, 25, 11–29.
- Snyder, C. R., & Pulvers, K. (2001). Dr. Seuss, the coping machine, and “Oh, the places you will go.” In Snyder, C. R. (Ed.), *Coping and copers: Adaptive processes and people* (pp. 3–19). New York: Oxford University Press.
- Snyder, C. R., Rand, K., King, E., Feldman, D., & Taylor, J. (2002). “False” hope. *Journal of Clinical Psychology*, 58, 1003–1022.
- Snyder, C. R., Ritschel, L. A., Rand, K. L., & Berg, C. J. (2006). Balancing psychological assessments: Including strengths and hope in client reports. *Journal of Clinical Psychology*, 62, 33–46.
- Snyder, C. R., & Shorey, H. (2002). Hope in the classroom: The role of positive psychology in academic achievement and psychology curriculum. *Psychology Teacher Network*, 12, 1–9.
- Snyder, C. R., & Shorey, H. (2004). Hope and leadership. In G. Goethals, G. J. Sorenson, & J. M. Burns (Eds.), *Encyclopedia of leadership* (pp. 673–675). Thousand Oaks, CA: Sage.
- Snyder, C. R., Shorey, H., Cheavens, J., Pulvers, K. M., Adams, V. H., III, & Wiklund, C. (2002). Hope and academic success in college. *Journal of Educational Psychology*, 94, 820–826.
- Snyder, C. R., Sympson, S. C., Ybasco, F. C., Borders, T. F., Babyak, M. A., & Higgins, R. L. (1996). Development and validation of the State Hope Scale. *Journal of Personality and Social Psychology*, 2, 321–335.
- Snyder, C. R., Tennen, H., Affleck, G., & Cheavens, J. (2000). Social, personality, clinical, and health psychology tributaries: The merging of a scholarly “river of dreams.” *Personality and Social Psychology Review*, 4, 16–29.
- Snyder, C. R., Thompson, L. Y., & Heinze, L. (2003). The hopeful ones. In G. Keinan (Ed.), *Between stress and hope* (pp. 57–80). Westport, CT: Greenwood.
- Sobczak, L. R., & West, L. M. (2013). Clinical considerations in using mindfulness- and acceptance-based approaches with diverse populations: Addressing challenges in service delivery in diverse community settings. *Cognitive and Behavioral Practice*, 20, 13–22.
- Sohl, S. J., Moyer, A., Lukin, K., & Knapp-Oliver, S. K. (2011). Why are optimists optimistic? *Individual Differences Research*, 9, 1–11.
- Soldier, L. L. (1992). *Working with Native American children*. Unpublished manuscript, College of Education, Texas Tech University, Lubbock (National Association for the Education of Young Children at <http://www.enc.org/features/focus/archive/multi/document.shtm?input=ACQ-111362-1362>).
- Solberg Nes, L., & Segerstrom, S. C. (2006). Dispositional optimism and coping: A meta-analytic review. *Personality and Social Psychology Review*, 10, 235–251.
- Solomon, L. D. (2006). *From Athens to America: Virtues and formulation of public policy*. New York: Lexington.
- Soothill, W. E. (1968). *The analects of Confucius*. New York: Paragon.
- Spears-Brown, C., & Chu, H. (2012). Discrimination, ethnic identity, and academic outcomes of Mexican immigrant children: The importance of school context. *Child Development*, 83, 1477–1485.
- Spencer-Rodgers, J., Peng, K., & Wang, L. (2010). Dialecticism and the co-occurrence of positive and negative emotions across cultures. *Journal of Cross-Cultural Psychology*, 41, 109–115.

- Spivak, G., & Shure, M. B. (1974). *Social adjustment of young children*. San Francisco: Jossey-Bass.
- Sprecher, S., & Fehr, B. (2010). Dispositional attachment and relationship-specific attachment as predictors of compassionate love for a partner. *Journal of Social and Personal Relationships, 28*, 558–574.
- Staats, S. R. (1989). Hope: A comparison of two self-report measures for adults. *Journal of Personality Assessment, 53*, 366–375.
- Stahl, J. M. (2005). Research is for everyone: Perspectives from teaching at historically Black colleges and universities. *Journal of Social and Clinical Psychology, 24*, 84–95.
- Stajkovic, A. D., & Luthans, F. (1998). Self-efficacy and work-related performance: A meta-analysis. *Psychological Bulletin, 124*, 240–261.
- Stanton, A. L., Danoff-Burg, S., Cameron, C. L., Bishop, M., Collins, C. A., Kirk, S. B., . . . Twillman, R. (2000). Emotionally expressive coping predicts psychological and physical adjustment to breast cancer. *Journal of Consulting and Clinical Psychology, 68*(5), 875–882.
- Stanton, A. L., Danoff-Burg, S., Cameron, C. L., & Ellis, A. P. (1994). Coping through emotional approach: Problems of conceptualization and confounding. *Journal of Personality and Social Psychology, 66*(2), 350–362.
- Stanton, A. L., Danoff-Burg, S., & Huggins, M. E. (2002). The first year after breast cancer diagnosis: Hope and coping strategies as predictors of adjustment. *Psycho Oncology, 11*(2), 93–102.
- Stanton, A. L., Kirk, S. B., Cameron, C. L., & Danoff-Burg, S. (2000). Coping through emotional approach: Scale construction and validation. *Journal of Personality and Social Psychology, 78*(6), 1150–1169.
- Stanton, A. L., Parsa, A., & Austenfeld, J. L. (2002). The adaptive potential of coping through emotional approach. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 148–158). New York: Oxford University Press.
- Stanton, A. L., Sullivan, S. J., & Austenfeld, J. L. (2009). Coping through emotional approach: Emerging evidence for the utility of processing and expressing emotions in responding to stressors. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology*. (pp. 225–235). New York: Oxford University Press.
- Staudinger, U. (1999). Older and wiser? Integrating results from a psychological approach to study of wisdom. *International Journal of Behavioral Development, 23*, 641–664.
- Staudinger, U., & Baltes, P. B. (1994). Psychology of wisdom. In R. J. Sternberg (Ed.), *Encyclopedia of human intelligence* (Vol. 2, pp. 143–152). New York: Macmillan.
- Staudinger, U., & Baltes, P. B. (1996). Interactive minds: A facilitative setting for wisdom-related performance? *Journal of Personality and Social Psychology, 71*, 746–762.
- Staudinger, U., & Leipold, B. (2003). The assessment of wisdom-related performance. In S. J. Lopez & C. R. Snyder (Eds.), *Positive psychological assessment: A handbook of models and measures* (pp. 171–184). Washington, DC: American Psychological Association.
- Staudinger, U., Smith, J., & Baltes, P. B. (1992). Wisdom-related knowledge in a life-review task: Age differences and the role of professional specialization. *Psychology and Aging, 7*, 271–281.
- Stavrova, O., Fetchenhauer, D., & Schlösser, T. (2013). Why are religious people happy? The effect of the social norm of religiosity across countries. *Social Science Research, 42*, 90–105.
- Steffen, P. R. (2012). Approaching religiosity/spirituality and health from the Eudaimonic perspective. *Social and Personality Psychology Compass, 6*, 70–82.
- Steger, M. F., & Kashdan, T. B. (2013). The unbearable lightness of meaning: Well-being and unstable meaning in life. *Journal of Positive Psychology, 8*, 103–115.
- Stein, M. (1989). Gratitude and attitude: A note on emotional welfare. *Social Psychology Quarterly, 52*, 242–248.
- Steiner, M., Allemand, M., & McCullough, M. E. (2011). Age differences in forgiveness: The role of transgression frequency and intensity. *Journal of Research in Personality, 45*, 670–678.
- Steiner, M., Allemand, M., & McCullough, M. E. (2012). Do agreeableness and neuroticism explain age differences in the tendency to forgive others?

- Personality and Social Psychology Bulletin*, 38, 441–453.
- Sternberg, R. (1985). Implicit theories of intelligence, creativity, and wisdom. *Journal of Personality and Social Psychology*, 49, 607–627.
- Sternberg, R. (1990). *Wisdom: Its nature, origins, and development*. New York: Cambridge University Press.
- Sternberg, R. (1998). A balance theory of wisdom. *Review of General Psychology*, 2, 347–365.
- Sternberg, R. J. (1986). A triangular theory of love. *Psychological Review*, 93, 119–135.
- Sternberg, R. J. (1998). *Love is a story: A new theory of relationships*. New York: Oxford University Press.
- Sternberg, R. J. (2012). Intelligence in its cultural context. In M. J. Gelfand, C. Ciu, & Y. Hong (Eds.), *Advances in culture and psychology* (pp. 205–248). New York: Oxford University Press.
- Sternberg, R. J., & Hojjat, M. (1997). *Satisfaction in close relationships*. New York: Guilford Press.
- Stevens, V., Hornbrook, M., Wingfield, D., Hollis, J., Greenlick, M., & Ory, M. (1992). Design and implementation of a falls prevention intervention for community-dwelling older persons. *Behavior, Health and Aging*, 2, 57–73.
- Stevenson, L., & Haberman, D. L. (1998). *Ten theories of human nature*. New York: Oxford University Press.
- Stewart, E. C. (1972). *American cultural patterns: A cross-cultural perspective*. Yarmouth, ME: Intercultural Press.
- Stickney, L. T. (2010). Who benefits from Pennebaker's expressive writing? More research recommendations: A commentary on Range and Jenkins. *Sex Roles*, 63, 165–172.
- Stocks, E. L., Lishner, D. A., & Decker, S. K. (2009). Altruism or psychological escape: Why does empathy promote prosocial behavior? *European Journal of Social Psychology*, 39, 649–665. doi: 10.1002/ejsp.561
- Stotland, E. (1969). *The psychology of hope*. San Francisco: Jossey-Bass.
- Strecher, V. J., Champion, V. L., & Rosenstock, I. M. (1997). The health belief model and health behavior. In D. Gochman (Ed.), *Handbook of health behavior research 1: Personal and social determinants* (pp. 71–92). New York: Plenum.
- Strelan, P. (2007). Who forgives others, themselves, and situations? The roles of narcissism, guilt, self-esteem, and agreeableness. *Personality and Individual Differences*, 42, 259–269.
- Strom, S. (2009, August 27). Volunteering waning in recession, report says. *The New York Times*. Retrieved from http://www.nytimes.com/2009/08/27/us/27volunteer.html?_r=0
- Strupp, H. H. (1964). *A bibliography of research in psychotherapy*. Private Circulation.
- Stumblingbear-Riddle, G., & Romans, J. C. (2012). Resilience among urban American Indian adolescents: Exploration into the role of culture, self-esteem, subjective well-being, and social support. *American Indian and Alaska Native Mental Health Research*, 19, 1–19.
- Stuss, D. T., & Benson, D. S. (1984). Neuropsychological studies of frontal lobes. *Psychological Bulletin*, 95, 3–28.
- Subkoviak, M. J., Enright, R. D., Wu, C. R., Gassin, E. A., Freedman, S., Olson, L. M., & Sarinopoulos, I. (1995). Measuring interpersonal forgiveness in late adolescence and middle childhood. *Journal of Adolescence*, 18, 641–655.
- Sue, D. W., & Constantine, M. G. (2003). Optimal human functioning in people of color in the United States. In W. B. Walsh (Ed.), *Counseling psychology and optimal human functioning* (pp. 151–169). Mahwah, NJ: Lawrence Erlbaum.
- Sue, D. W., & Sue, D. (2003). *Counseling the culturally diverse: Theory and practice* (4th ed.). New York: Wiley.
- Sue, D. W., & Sue, D. (2012). *Counseling the culturally diverse: Theory and practice* (6th ed.). New York: Wiley.
- Sue, S. (1998). In search of cultural competence in psychotherapy and counseling. *American Psychologist*, 53, 440–448.
- Suh, E. M., & Koo, J. (2008). Comparing subjective well-being across cultures and nations: The “what” and “why” questions. In M. Eid & R. J. Larsen (Eds.), *The science of subjective well-being* (pp. 414–427). New York: Guilford Press.
- Super, D. E., & Knasel, E. G. (1981). Career development in adulthood: Some theoretical problems and a possible solution. *British Journal of Guidance and Counselling*, 9, 194–201.

- Swanson, J. L., & Gore, P. A., Jr. (2000). Advances in vocational psychology theory and research. In S. D. Brown & R. W. Lent (Eds.), *Handbook of counseling psychology* (3rd ed., pp. 233–269). New York: Wiley.
- Szagan, G. (1992). Age-related changes in children's understanding of courage. *Journal of Genetic Psychology, 153*, 405–420.
- Szagan, G., & Schauble, M. (1997). Children's and adults' understanding of the feeling experience of courage. *Cognition and Emotion, 11*(3), 291–306.
- Szapocznik, J., Scopetta, M. A., & King, O. E. (1978). Theory and practice in matching treatment to the special characteristics and problems of Cuban immigrants. *Journal of Community Psychology, 6*, 112–122.
- Szcześniak, M., & Soares, E. (2011). Are proneness to forgive, optimism, and gratitude associated with life satisfaction? *Polish Psychological Bulletin, 42*, 20–23.
- Szendre, E. N., & Jose, J. E. (1996). Telephone support by elderly volunteers to inner-city children. *Journal of Community Psychology, 24*, 87–96.
- Tabak, B. A., McCullough, M. E., Luna, L. R., Bono, G., & Berry, J. W. (2012). Conciliatory gestures facilitate forgiveness and feelings of friendship by making transgressors appear more agreeable. *Journal of Personality, 80*, 503–536.
- Takahashi, M. (2000). Toward a culturally inclusive understanding of wisdom: Historical roots in the east and west. *International Journal of Aging and Human Development, 51*, 217–230.
- Takahashi, M., & Overton, W. F. (2005). Cultural foundations of wisdom: An integrated developmental approach. In R. J. Sternberg & J. Jordan (Eds.), *A handbook of wisdom: Psychological perspectives* (pp. 32–60). New York: Cambridge University Press.
- Takaku, S. (2001). The effects of apology and perspective taking on interpersonal forgiveness: A dissonance–attribution model of interpersonal forgiveness. *The Journal of Social Psychology, 141*, 494–508.
- Tang, Y., & Posner, M. I. (2013). Tools of the trade: Theory and method in mindfulness neuroscience. *Social Cognitive and Affective Neuroscience, 8*, 118–120.
- Tangney, J. P., Boone, A. L., & Dearing, R. (2005). Forgiving the self: Conceptual issues and empirical findings. In E. Worthington (Ed.), *Handbook of forgiveness* (pp. 143–158). New York: Routledge.
- Tangney, J. P., Fee, R., Reinsmith, C., Boone, A. L., & Lee, N. (1999, August). *Assessing individual differences in the propensity to forgive*. Paper presented at the American Psychological Association Convention, Boston.
- Tatar, M. (2002). *The annotated classic fairy tales*. New York: W. W. Norton.
- Tatli, A. (2011). A multi-layered exploration of the diversity management field: Diversity discourses, practices, and practitioners in the UK. *British Journal of Management, 22*, 238–253.
- Tauber, M. (2010, January 25). She saved Anne Frank's words. *People, 111*.
- Taylor, R. D., Budescu, M., & McGill, R. (2011). Demanding kin relations and depressive symptoms among low-income African American women: Mediating effects of self-esteem and optimism. *Cultural Diversity and Ethnic Minority Psychology, 17*, 303–308.
- Taylor, S. E., Dickerson, S. S., & Klein, L. C. (2002). Toward a biology of social support. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 556–572). New York: Oxford University Press.
- Taylor, S. E., Kemeny, M. E., Aspinwall, L. G., Schneider, S. G., Rodriguez, R., & Herbert, M. (1992). Optimism, coping, psychological distress, and high-risk sexual behavior among men at risk for acquired immunodeficiency syndrome (AIDS). *Journal of Personality and Social Psychology, 63*, 460–473.
- Taylor, Z. E., Larsen-Rife, D., Conger, R. D., Widaman, K. F., & Cutrona, C. E. (2010). Life stress, maternal optimism, and adolescent competence in single mother, African American families. *Journal of Family Psychology, 24*, 468–477.
- Teasdale, J. D., Segal, Z. V., Williams, J. M. G., Ridgeway, V. A., Soulsby, J. M., & Lau, M. A. (2000). Prevention of relapse/recurrence in major depression by mindfulness-based cognitive therapy. *Journal of Consulting and Clinical Psychology, 68*, 615–623.

- Tellegen, A., Lykken, D. T., Bouchard, T. J., Wilcox, K. J., Segal, N. L., & Rich, S. (1988). Personality similarity in twins reared apart and together. *Journal of Personality and Social Psychology, 54*, 1031–1039.
- Teresa, J. S. (1991). *Increasing self-efficacy for careers in young adults from migrant farmworker backgrounds*. (Unpublished doctoral dissertation). Washington State University, Pullman.
- Terman, L. M., & Oden, M. H. (1947). *The gifted child grows up: Twenty five years' follow-up of a superior group*. Stanford, CA: Stanford University Press.
- Tetrick, L. E., & Peiró, J. M. (2012). Occupational safety and health. In S. W. J. Kozlowski (Ed.), *The Oxford handbook of organizational psychology* (Vol. 2, pp. 1228–1244). New York: Oxford University Press.
- Thatcher, A., Wretschko, G., & Fridjhon, P. (2008). Online flow experiences, problematic internet use and internet procrastination. *Computers in Human Behavior, 24*, 2236–2254.
- Thomas, D. C. (2006). Domain and development of cultural intelligence. *Group & Organizational Management, 31*, 78–99. doi: 10.1177/1059601105275266
- Thomas, J. L., Britt, T. W., Odle-Dusseau, H., & Bliese, P. D. (2011). Dispositional optimism buffers combat veterans from the negative effects of warzone stress on mental health symptoms and work impairment. *Journal of Clinical Psychology, 67*, 866–880.
- Thomas, R. R. (1990). From affirmative action to affirming diversity. *Harvard Business Review, 68*, 107–117.
- Thompson, L. W. (1996). Cognitive-behavioral therapy and treatment for late-life depression. *Journal of Clinical Psychiatry, 57*(Suppl. 5), 29–37.
- Thompson, L. W., Gallagher, D., & Lovett, S. (1992). *Increasing life satisfaction: Class leaders' and participant manuals* (rev.). Palo Alto, CA: Dept. of Veterans Affairs Medical Center and Stanford University.
- Thompson, L. Y., Snyder, C. R., Hoffman, L., Michael, S. T., Rasmussen, H. N., Billings, L. S., . . . Roberts, D. E. (2005). Dispositional forgiveness of self, others, and situations: The Heartland Forgiveness Scale. *Journal of Personality, 73*, 313–359.
- Thompson, M. G., & Heller, K. (1990). Facets of support related to well-being: Quantitative social isolation and perceived family support in a sample of elderly women. *Psychology and Aging, 5*, 535–544.
- Thoresen, C. E., Harris, A. H. S., & Oman, D. (2001). Spirituality, religion, and health: Evidence, issues, and concerns. In T. G. Plante & A. C. Sherman (Eds.), *Faith and health: Psychological perspectives* (pp. 15–52). New York: Guilford Press.
- Tierney, J. P., & Grossman, J. B. (2000). *Making a difference: An impact study of Big Brothers/Big Sisters*. Philadelphia: Public/Private Ventures.
- Tiller, W. A., McCraty, R., & Atkinson, M. (1996). Cardiac coherence: A new, noninvasive measure of autonomic nervous system order. *Alternative Therapies in Health and Medicine, 2*, 52–65.
- Tillich, P. (1980). *The courage to be*. New Haven & London: Yale University Press.
- Ting-Toomey, S. (1994). Managing intercultural conflict in intercultural personal relationships. In D. D. Cahn (Ed.), *Intimate conflict in personal relationships* (pp. 47–77). Hillsdale, NJ: Lawrence Erlbaum.
- Tipton, R. M., & Worthington, E. L. (1984). The measurement of generalized self-efficacy: A study of construct validity. *Journal of Personality Assessment, 48*, 545–548.
- Toepfer, S. M., Cichy, K., & Peters, P. (2012). Letters of gratitude: Further evidence for author benefits. *Journal of Happiness Studies, 13*, 187–201.
- Tomlinson, J. M., & Aron, A. (2013). The positive psychology of romantic love. In M. Hojjat & D. Cramer (Eds.), *Positive psychology of love* (pp. 3–15). New York: Oxford University Press.
- Tong, E. W., Fredrickson, B. L., Chang, W., & Lim, Z. (2010). Re-examining hope: The roles of agency thinking and pathways thinking. *Cognition and Emotion, 24*, 1207–1215.
- Toussaint, L. L., Owen, A. D., & Cheadle, A. (2012). Forgive to live: Forgiveness, health, and longevity. *Journal of Behavioral Medicine, 35*, 375–386.
- Triandis, H. C. (1988). Collectivism v. individualism: A reconceptualization of a basic concept in cross-cultural social psychology. In G. K. Verma

- & C. Bagley (Eds.), *Cross-cultural studies of personality, attitudes and cognition* (pp. 6–95). London: MacMillan.
- Triandis, H. C. (1990). Cross-cultural studies of individualism and collectivism. In J. Berman (Ed.), *Nebraska Symposium on Motivation* (pp. 41–133). Lincoln: University of Nebraska Press.
- Triandis, H. C. (1995). *Individualism and collectivism*. Boulder, CO: Westview Press.
- Triandis, H. C., Brislin, R., & Hui, C. H. (1988). Cross-cultural training across the individualism–collectivism divide. *International Journal of Intercultural Relations*, *12*, 269–289.
- Trimble, J. E. (1976). Value differences among American Indians: Concerns for the concerned counselor. In P. Pederson, W. J. Lonner, & J. G. Graguns (Eds.), *Counseling across cultures* (pp. 65–81). Honolulu: University of Hawaii Press.
- Trivers, R. L. (1971). The evolution of reciprocal altruism. *Quarterly Review of Biology*, *46*, 35–57.
- Trump, M. R. (1997). The impact of hopeful narratives on state hope, state self-esteem, and state positive and negative affect for adult female survivors of incest. *Dissertation Abstracts International*, *58*(4A), 1211.
- Tsang, J.-A., Schulwitz, A., & Carlisle, R. D. (2012). An experimental test of the relationship between religion and gratitude. *Psychology of Religion and Spirituality*, *4*, 40–55.
- Twenge, J., & King, L. A. (2003). *A good life is a good personal life: Relationship fulfillment and work fulfillment in judgments of life quality*. Unpublished manuscript, University of Missouri, Columbia.
- Uchida, Y., Norasakkunkit, V., & Kitayama, S. (2004). Cultural considerations of happiness: Theory and empirical evidence. *Journal of Happiness Studies*, *5*, 223–239.
- Unger, J. B., McAvay, G., Bruce, M. L., Berkman, L., & Seeman, T. (1999). Variation in the impact of social network characteristics on physical functioning in elderly persons: MacArthur Studies of Successful Aging. *Journals of Gerontology*, *54*, 245–251.
- Urry, H. L., Nitschke, J. B., Dolski, I., Jackson, D. C., Dalton, K. M., Mueller, C. J.,...Davidson, R. J. (2004). Making a life worth living: Neural correlates of well-being. *Psychological Science*, *15*, 367–372.
- USA Today. (2009, July 10). Four-day workweek creates new volunteers in Utah. *USA Today*. Retrieved from http://usatoday30.usatoday.com/news/nation/2009-07-10-utah-volunteers_N.htm?csp=15
- U.S. Bureau of Labor Statistics. (2012). Employment status of mothers with own children under 3 years old by single year of age of youngest child and marital status, 2011–2012 annual averages. Retrieved from <http://www.bls.gov/news.release/fameet.t06.htm>
- U.S. Census Board. (2010). Overview of race and Hispanic origin: 2010. Retrieved from <http://www.census.gov/prod/cen2010/briefs/c2010br-02.pdf>
- U.S. Department of Education. (2011). Our future, our teachers: The Obama administration's plan for teacher education reform and improvement. Retrieved from <http://www.ed.gov/sites/default/files/our-future-our-teachers.pdf>
- U.S. Department of Health and Human Services. (1998). *Suicide: A report of the surgeon general*. Rockville, MD: Author.
- U.S. Department of Health and Human Services. (1999). *Mental health: A report of the surgeon general*. Rockville, MD: Author.
- U.S. Department of Health and Human Services. (2001). *Mental health: Culture, race, ethnicity*, supplement to *Mental health: Report of the surgeon general* (Inventory number SMA 01–3613). Rockville, MD: Author.
- U.S. Department of Health and Human Services. (2013). *Key features of the Affordable Care Act*. Retrieved from <http://www.hhs.gov/healthcare/facts/timeline/index.html>
- Utsey, S., Hook, J., Fischer, N., & Belvet, B. (2008). Cultural orientation, ego resilience, and optimism as predictors of subjective well-being in African Americans. *Journal of Positive Psychology*, *3*, 202–210. doi: 10.1080/17439760801999610
- Vaillant, G. (1994). "Successful aging" and psychosocial well-being: Evidence from a 45-year study. In E. H. Thompson (Ed.), *Older men's lives: Research on men and masculinities series* (pp. 22–41). Thousand Oaks, CA: Sage.

- Vaillant, G. E. (1977). *Adaptation to life*. New York: Little, Brown.
- Vaillant, G. E. (2002). *Aging well: Surprising guideposts to a happier life from the landmark Harvard Study of Adult Development*. New York: Little, Brown.
- Vandello, J. A., & Cohen, D. (1999). Patterns of individualism and collectivism across the United States. *Journal of Personality and Social Psychology, 77*, 279–292.
- Van der Zee, K. I., & Van Oudenhoven, J. R. (2000). The Multicultural Personality Questionnaire: A multidimensional instrument of multicultural effectiveness. *European Journal of Personality, 14*, 291–309.
- Vargas, J. H., & Kimmelmeier, M. (2013). Ethnicity and contemporary American culture: A meta-analytic investigation of horizontal-vertical individualism-collectivism. *Journal of Cross-Cultural Psychology, 44*, 195–222.
- Vassar, M., & Bradley, G. (2010). A reliability generalization study of coefficient alpha for the Life Orientation Test. *Journal of Personality Assessment, 92*, 362–370.
- Veroff, J. B., Douvan, E., & Kulka, R. A. (1981). *The inner American: A self-portrait from 1957 to 1976*. New York: Basic Books.
- Versey, S. H., & Newton, N. J. (2013). Generativity and productive pursuits: Pathways to successful aging in late midlife African American and White women. *Journal of Adult Development, 20*(4), 185–196.
- Vessey, G. N. A. (1967). Volition. In P. Edwards (Ed.), *Encyclopedia of philosophy* (Vol. 8). New York: Macmillan.
- Vessey, J. T., & Howard, K. I. (1993). Who seeks psychotherapy? *Psychotherapy, 30*, 546–553.
- Vignoles, V. L. (2009). The motive for distinctiveness: A universal, but flexible human need. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology*. (pp. 491–499). New York: Oxford University Press.
- Visser, M. R., & Roelofs, M. R. (2011). Heterogeneous preferences for altruism: Gender and personality, social status, giving and taking. *Experimental Economics, 14*, 490–506.
- Visser, P. L., Loess, P., Jeglic, E. L., & Hirsch, J. K. (2013). Hope as a moderator of negative life events and depressive symptoms in a diverse sample. *Stress and Health: Journal of the International Society for the Investigation of Stress, 29*, 82–88.
- Voiskounsky, A. E. (2010). Internet addiction in the context of positive psychology. *Psychology in Russia: State of the Art, 35*, 541–549.
- Voss, M., Nylen, L., Floderus, B., Diderichsen, F., & Terry, P. (2004). Unemployment and early cause-specific mortality: A study based on the Swedish twin registry. *American Journal of Public Health, 94*, 2155–2161.
- Wade, N. G. (2010). Introduction to the special issue on forgiveness in therapy. *Journal of Mental Health Counseling, 32*, 1–4.
- Walker, L. J., & Hennig, K. H. (2004). Differing conceptions of moral exemplarity: Just, brave, and caring. *Journal of Personality and Social Psychology, 86*, 629–647.
- Walker, L. J., & Pitts, R. C. (1998). Naturalistic conceptions of moral maturity. *Developmental Psychology, 34*, 403–419.
- Wallach, M. A., & Wallach, L. (1983). *Psychology's sanction for selfishness: The error of egoism in theory and therapy*. San Francisco: Freeman.
- Walsh, R. (2012). Wisdom: An integral view. *Journal of Integral Theory and Practice, 7*, 1–21.
- Walsh, R. N. (1983). Meditation practice and research. *Journal of Humanistic Psychology, 23*, 18–50.
- Wampold, B. E. (2011). Psychotherapy is effective and here's why. *APA Monitor, 42*, 14.
- Wampold, B. E. (2013). The good, the bad, and the ugly: A 50-year perspective on the outcome problem. *Psychotherapy, 50*, 16–24.
- Wang, M., & Gordon, E. (Eds.). (1994). *Risk and resilience in inner-city America: Challenges and prospects*. Hillsdale, NJ: Lawrence Erlbaum.
- Wang, Y., Davidson, M. M., Yakushko, O. F., Savoy, H. B., Tan, J. A., & Bleier, J. K. (2003). The scale of ethnocultural empathy: Development, validation, and reliability. *Journal of Counseling Psychology, 50*, 221–234.
- Wang, M., & Wong, M. C. S. (2013, February). Happiness and leisure across countries: Evidence from international survey data. *Journal of Happiness Studies, 15*(1), 85–118.
- Wang, Y., Xin, T., Liu, X., Zhang, Y., Lu, H., & Zhai, Y. (2012). Mindfulness can reduce automatic

- responding: Evidences from Stroop task and prospective memory task. *Acta Psychologica Sinica*, *44*, 1180–1188.
- Warr, P. (1999). Well-being and the workplace. In D. Kahneman, E. Diener, & N. Schwartz (Eds.), *Well-being: The foundations of hedonic psychology* (pp. 393–412). New York: Russell Sage.
- Waterman, A. S. (1993). Two conceptions of happiness: Contrasts of personal expressiveness (eudaemonia) and hedonic enjoyment. *Journal of Personality and Social Psychology*, *64*, 678–691.
- Watkins, D. A., Hui, E. K. P., Luo, W., Regmi, M., Worthington, E. L., Jr., Hook, J. N., & Davis, D. E. (2011). Forgiveness and interpersonal relationships: A Nepalese investigation. *The Journal of Social Psychology*, *151*, 150–161.
- Watkins, P. C., Cruz, L., Holben, H., & Kolts, R. L. (2008). Taking care of business? Grateful processing of unpleasant memories. *Journal of Positive Psychology*, *3*, 87–99. doi: 10.1080/17439760701760567
- Watkins, P. C., Grimm, D. L., & Hailu, L. (1998, June). *Counting your blessings: Grateful individuals recall more positive memories*. Paper presented at the American Psychological Society Convention, Denver, CO.
- Watson, D. (1988). The vicissitudes of mood measurement: Effects of varying descriptors, time frames, and response formats on measures of positive and negative affect. *Journal of Personality and Social Psychology*, *55*, 128–141.
- Watson, D. (2000). *Mood and temperament*. New York: Guilford Press.
- Watson, D. (2002). Positive affectivity: The disposition to experience pleasurable emotional states. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 106–119). New York: Oxford University Press.
- Watson, D., & Clark, L. A. (1994). *The PANAS-X: Manual for the Positive and Negative Affect Schedule-Expanded Form*. Unpublished manuscript, University of Iowa, Iowa City.
- Watson, D., Clark, L., & Tellegen, A. (1988). Development and validation of brief measures of positive and negative affect: The PANAS scales. *Journal of Personality and Social Psychology*, *54*, 1063–1070.
- Watson, M., & Ecken, L. (2003). *Learning to trust: Transforming difficult elementary classrooms through developmental discipline*. San Francisco: Jossey-Bass.
- Watson, M., & Naragon, K. (2009). Positive affectivity: The disposition to experience positive emotional states. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 207–215). New York: Oxford University Press.
- Webster, J. D. (2010). Wisdom and positive psychological values in young adulthood. *Journal of Adult Development*, *17*, 70–80.
- Weir, K., & Duveen, G. (1981). Further development and validation of the Prosocial Behavior Questionnaire for use by teachers. *Journal of Child Psychology and Psychiatry*, *22*, 357–374.
- Weissberg, R. P., Barton, H. A., & Shriver, T. P. (1997). The social-competence promotion program for young adolescents. In G. W. Albee & T. P. Gullotta (Eds.), *Primary prevention works* (pp. 268–290). Thousand Oaks, CA: Sage.
- Weisz, J. R., Rothbaum, R. M., & Blackburn, T. C. (1984). Standing out and standing in: The psychology of control in America and Japan. *American Psychologist*, *39*, 955–969.
- Weisz, J. R., Weiss, B., Alicke, M. D., & Klotz, M. L. (1987). Effectiveness of psychotherapy with children and adolescents: Meta-analytic findings for clinicians. *Journal of Consulting and Clinical Psychology*, *55*, 542–549.
- Wenar, C., & Kerig, P. (1999). *Developmental psychopathology*. New York: McGraw-Hill.
- Werner, E. E., & Smith, R. S. (1982). *Vulnerable but invincible: A study of resilient children*. New York: McGraw-Hill.
- Werner, E. E., & Smith, R. S. (1992). *Overcoming the odds: High-risk children from birth to adulthood*. Ithaca, NY: Cornell University Press.
- Westburg, N. G. (2001). Hope in older women: The importance of past and current relationships. *Journal of Social and Clinical Psychology*, *20*, 354–365.
- Western Reform Taoism. (2003). *Our beliefs*. Retrieved from <http://wrt.org>
- Whalen, S. (1999). Challenging play and the cultivation of talent: Lessons from the Key School's flow activities room. In N. Colangelo

- & S. Assouline (Eds.), *Talent development III* (pp. 409–411). Scottsdale, AZ: Gifted Psychology Press.
- Whaley, A. L., & Davis, K. E. (2007). Cultural competence and evidence-based practice in mental health services: A complementary perspective. *American Psychologist, 62*, 563–574. doi: 10.1037/0003-066x.62.6.563
- Whelan, R., & Garavan, H. (2013, June). When optimism hurts: Inflated predictions in psychiatric neuroimaging. *Biological Psychiatry*.
- White, R. W. (1959). Motivation reconsidered: The concept of competence. *Psychological Review, 66*, 297–333.
- Williams, J. M. G., Russell, I., & Russell, D. (2008). Mindfulness-based cognitive therapy: Further issues in current evidence and future research. *Journal of Consulting and Clinical Psychology, 76*, 524–529.
- Williams, O. F., & Houck, J. W. (1982). *The Judeo-Christian vision and the modern corporation*. Notre Dame, IN: University of Notre Dame Press.
- Williams, S. L. (1995). Self-efficacy, anxiety, and phobic disorders. In J. E. Maddux (Ed.), *Self-efficacy, adaptation, and adjustment: Theory, research, and application* (pp. 69–107). New York: Plenum.
- Williamson, G. M., & Christie, J. (2009). Aging well in the 21st century: Challenges and opportunities. In S. J. Lopez & C. R. Snyder (Eds.), *Oxford handbook of positive psychology* (pp. 165–169). New York: Oxford.
- Williamson, G. M., Shaffer, D. R., & Parmalee, P. A. (Eds.). (2000). *Physical illness and depression in older adults: A handbook of theory, research, and practice*. New York: Plenum.
- Wills, T. A., & DePaulo, B. M. (1991). Interpersonal analyses of the help-seeking process. In C. R. Snyder & D. R. Forsyth (Eds.), *Handbook of social and clinical psychology: The health perspective* (pp. 350–375). Elmsford, NY: Pergamon.
- Winerman, L. (2005). Mirror neurons: The mind's mirror. *Monitor, 36*, 49–50.
- Winseman, A. L., Clifton, D. O., & Liesveld, C. (2003). *Living your strengths: Discover your God-given talents, and inspire your congregation and community*. Washington, DC: Gallup Organization.
- Wohl, M. J. A., & Thompson, A. (2011). A dark side to self-forgiveness: Forgiving the self and its association with chronic unhealthy behaviour. *British Journal of Social Psychology, 50*, 354–364.
- Woodard, C. (2004). *Hardiness and the concept of courage*. Unpublished manuscript, The Groden Center, Providence, RI.
- Woodard, C. R., & Pury, C. L. S. (2007). The construct of courage: Categorization and measurement. *Consulting Psychology Journal: Practice and Research, 59*, 135–147. doi: 10.1037/10659293.59.2.135.
- Wood, A. M., Brown, G. D. A., & Maltby, J. (2011). Thanks, but I'm used to better: A relative rank model of gratitude. *Emotion, 11*, 175–180.
- Wood, M. D., Britt, T. W., Wright, K. M., Thomas, J. L., & Bliese, P. D. (2012). Benefit finding at war: A matter of time. *Journal of Traumatic Stress, 25*, 307–314.
- Woods, R., & Roth, A. (1996). Effectiveness of psychological interventions with older people. In A. Roth & P. Fonagy (Eds.), *What works for whom? A critical review of psychotherapy research* (pp. 321–340). New York: Guilford Press.
- Woolfolk, R. L. (2002). The power of negative thinking: Truth, melancholia, and the tragic sense of life. *Journal of Theoretical & Philosophical Psychology, 22*, 19–27.
- World Health Organization. (1992). *ICD 10: International statistical classification of diseases and related health problems*. Washington, DC: American Psychiatric Association.
- Worrell, F. C. (2007). Ethnic identity, academic achievement, and global self-concept in four groups of academically talented adolescents. *Gifted Child Quarterly, 51*, 23–38.
- Worthington, E. L., Jr. (1998). An empathy-humility-commitment model of forgiveness applied within family dyads. *Journal of Family Therapy, 20*, 59–71.
- Worthington, E. L., Jr. (Ed.). (2005). *Handbook of forgiveness*. New York: Routledge.
- Worthington, E. L., Jr., & Drinkard, D. T. (2000). Promoting reconciliation through psychoeducational and therapeutic interventions. *Journal of Marital and Family Therapy, 26*, 93–101.
- Worthington, E. L., Jr., Hight, T. L., Ripley, J. S., Perrone, K. M., Kuru, T. A., & Jones, D. R.

- (1997). Strategic hope-focused relationship-enrichment counseling with individuals. *Journal of Counseling Psychology, 44*, 381–389.
- Wright, B. A. (1988). Attitudes and fundamental negative bias. In H. E. Yuker (Ed.), *Attitudes toward persons with disabilities* (pp. 3–21). New York: Springer.
- Wright, B. A. (1991). Labeling: The need for greater person–environment individuation. In C. R. Snyder & D. R. Forsyth (Eds.), *The handbook of social and clinical psychology: A health perspective* (pp. 469–487). New York: Pergamon.
- Wright, B. A., & Lopez, S. J. (2002). Widening the diagnostic focus: A case for including human strengths and environmental resources. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 71–87). New York: Oxford University Press.
- Wright, R. (1994). *The moral animal: The new sciences of evolutionary psychology*. New York: Pantheon.
- Wrzesniewski, A., McCauley, C. R., Rozin, P., & Schwartz, B. (1997). Jobs, careers, and callings: People's relations to their work. *Journal of Research in Personality, 31*, 21–33.
- Wrzesniewski, A., Rozin, P., & Bennett, G. (2001). Working, playing, and eating: Making the most of most moments. In C. Keyes & J. Haidt (Eds.), *Flourishing: The positive person and the good life* (pp. 185–204). Washington, DC: American Psychological Association.
- Wu, C. (2009). Factor analysis of the general self-efficacy scale and its relationship with individualism/collectivism among twenty-five countries: Application of multilevel confirmatory factor analysis. *Personality and Individual Differences, 46*, 699–703. doi: 10.1016/j.paid.2009.01.025
- Wyatt-Nichol, H., & Antwi-Boasiako, K. B. (2012). Diversity management: Development, practices, and perceptions among state and local government agencies. *Public Personnel Management, 41*, 749–772.
- Xing, C., & Sun, J.-M. (2013). The role of psychological resilience and positive affect in risky decision-making. *International Journal of Psychology, 48*, 935–943.
- Yamaguchi, S., Kuhlman, D. M., & Sugimori, S. (1995). Personality correlates of allocentric tendencies in individualist and collectivist cultures. *Journal of Cross-Cultural Psychology, 26*, 658–672.
- Yang, S. (2001). Conceptions of wisdom among Taiwanese Chinese. *Journal of Cross-Cultural Psychology, 32*, 662–680.
- Yang, S. (2008). Real-life contextual manifestations of wisdom. *International Journal of Aging and Human Development, 67*, 273–303.
- Yang, M.-J., & Chen, M.-H. (2011). Effect of altruism on the regulation of negative emotion. *Bulletin of Educational Psychology, 42*, 701–718.
- Yoshikawa, H. (1994). Prevention as cumulative protection: Effects of early family support and education on chronic delinquency and its risks. *Psychological Bulletin, 115*, 28–54.
- Young Kaelber, K. A., & Schwartz, R. C. (2014, January). Empathy and emotional intelligence among eastern and western counsellor trainees: A preliminary study. *International Journal for the Advancement of Counselling*, Online first publication.
- Youssef-Morgan, C. M., & Hardy, J. (2014). A positive approach to multiculturalism and diversity management in the workplace. In J. T. Pedrotti & L. M. Edwards (Eds.), *Perspectives on the intersection of multiculturalism and positive psychology*. New York: Springer Science + Business Media.
- Zahn-Wexler, C., Robinson, J., & Emde, R. N. (1992). The development of empathy in twins. *Developmental Psychology, 28*, 1038–1047.
- Zalaquett, C. P., Chatters, S. J., & Ivey, A. E. (2013). Psychotherapy integration: Using a diversity-sensitive developmental model in the initial interview. *Journal of Contemporary Psychotherapy, 34*, 53–62.
- Zalaquett, C. P., Fuerth, K. M., Stein, C., Ivey, A. E., & Ivey, M. B. (2008). Reframing the DSM-IV-TR from a multicultural/social justice perspective. *Journal of Counseling & Development, 86*, 364–371.
- Zautra, A. J., Potter, P. T., & Reich, J. W. (1997). The independence of affect is context dependent: An integrative model of the relationship between positive and negative affect. In K. W. Schaie & M. P. Lawton (Eds.), *Annual review of gerontology and geriatrics* (Vol. 17, pp. 75–103). New York: Springer.

- Zeidner, M., & Hammer, A. L. (1992). Coping with missile attack: Resources, strategies, and outcomes. *Journal of Personality, 60*, 184–199.
- Zelazo, P., & Lyons, K. E. (2012). The potential benefits of mindfulness training in early childhood: A developmental social cognitive neuroscience perspective. *Child Development Perspectives, 6*, 154–160.
- Zettler, I., Hilbig, B. E., & Haubrich, J. (2011). Altruism at the ballots: Predicting political attitudes and behavior. *Journal of Research in Personality, 45*, 130–133.
- Zhang, X., & Cao, Q. (2010). For whom can money buy subjective well-being? The role of face consciousness. *Journal of Social and Clinical Psychology, 29*, 322–346.
- Zillman, D. (1979). *Hostility and aggression*. Hillsdale, NJ: Lawrence Erlbaum.
- Zimbardo, P. G. (2007). *The Lucifer Effect: Understanding how good people turn evil*. New York: Random House.
- Zimbardo, P. G. (2005). Optimizing the power and magic of teaching. *Journal of Social and Clinical Psychology, 24*, 11–21.
- Zimbardo, P. G., & Boyd, J. N. (1999). Putting time in perspective: A valid, reliable individual-differences metric. *Journal of Personality and Social Psychology, 77*, 1271–1288.
- Zimmerman, F. J., Glew, G. M., Christakis, D. A., & Katon, W. (2005). Early cognitive stimulation, emotional support, and television watching as predictors of subsequent bullying among grade-school children. *Archives of Pediatric Adolescent Medicine, 159*, 384–388.
- Zinnbauer, G. J., Pargament, K. I., Cole, B. C., Rye, M. S., Butter, E. M., Belavich, T. G., . . . Hipp, K. M. (1997). Religion and spirituality: Unfuzzifying the fuzzy. *Journal for the Scientific Study of Religion, 36*, 549–564.
- Zullig, K. J., Teoli, D. A., & Valois, R. F. (2011). Evaluating a brief measure of social self-efficacy among U.S. adolescents. *Psychological Reports, 109*, 907–920.